

# AMREF INTERNATIONAL UNIVERSITY SCHOOL OF MEDICAL SCIENCES DEPARTMENT OF NURSING & MIDWIFERY SCIENCES BACHELOR OF SCIENCE IN NURSING END OF SEMESTER DECEMBER 2022 EXAMINATIONS

# BSN 312: COMMUNITY HEALTH NURSING II MAIN EXAM

# DATE: 7<sup>TH</sup> DECEMBER 2022

Duration: 2 HOURS

Start: 9:00 AM

Finish: 11:00 AM

# INSTRUCTIONS

- 1. This exam is out of 70 marks
- 2. This Examination comprises THREE Sections. Section I: Multiple Choice Questions (20 marks) Section II: Short Answer Questions (30 marks) and Section III: Long Answer Questions (20 marks)
- **3.** Answer ALL Questions.
- **4.** Do Not write anything on the question paper -use the back of your booklet for rough work if need be.

#### SECTION I: MULTIPLE CHOICE QUESTIONS

- 1. The vector that transmits of Dracunculosis is:-
  - A. Sandflies
  - B. Black flies
  - C. Cyclops
  - D. Fleas

2. The method is used in the control of communicable diseases through interrupting transmission is :-

- A. Treatment
- B. Better nutrition
- C. Behaviour change
- D. Reservoir control
- 3. In which stage of Bancroftian filariasis is the blood smear positive of microfilariae:-
  - A. Acute phase
  - B. Incubation period
  - C. Sub-acute phase
  - D. Chronic phase
- 4. The four districts in Kenya in which yellow fever vaccine is routinely administered as part of childhood immunization are:-
  - A. Baringo, Turkana, Siaya, Nairobi
  - B. Kakamega, Keiyo, Baringo, Marsabit
  - C. Eldoret, Marakwet, Koibatek, Busia
  - D. Baringo, Keiyo, Koibatek, Marakwet
- 5. Which is the first -line choice of anti-malarials in the treatment of uncomplicated malaria:-
  - A. Chloroquine
  - B. Artemesinin based combinations
  - C. Oral Quinine
  - D. Artenesunate
- 6. Biomphalaria snail is a vector involved for the transmission of:-
  - A. Schistosoma haematobium
  - B. Schistosoma mansoni
  - C. Schistosoma japonicum
  - D. Schistosoma bovis

- 7. Which of the following features are seen in Stage 2 of WHO Clinical staging of HIV/AIDS:-
  - A. Unexplained weight loss <10%, recurrent upper respiratory infections and herpes zoster
  - B. Extra-pulmonary TB, unexplained persistent fevers and oral candidiasis
  - C. Oral candidiasis, unexplained persistent diarrhea and herpes zoster
  - D. Persistent generalized lymphadenopathy, herpes zoster and Kaposi's sarcoma
- 8. Indicate true or false
  - i. Trichuriasis manifests with pruritus ani
  - ii. Yellow fever is a viral disease spread through droplet infection
- 9. One can contract anthrax through the following ports of entry except:-
  - A. Cutaneous
  - B. Respiratory tract
  - C. Digestive tract
  - D. Faecal oral route
- 10. River blindness is caused by
  - A. Loaloa
  - B. Onchocerca volvulus
  - C. Plasmodium vivas
  - D. Trypanasoma
- 11. An occupational health nurse planning for periodic examination of exposed workers is part

of his/her:-

- A. Professional role
- B. Environmental role
- C. Educational role
- D. Managerial role
- 12. The following is a mechanical occupational hazard:-
  - A. Anthrax
  - B. Silicosis
  - C. Vibration
  - D. Ulcer
- 13. An example of a water related disease is
  - A. Cholera

- B. Dracunculosis
- C. Trachoma
- D. Scabies

14. A true statement about pit latrines is that :

- A. It requires piped water supply
- B. Should be at least two to three metres respectively above the water table.
- C. Latrines should be located at least 2metres away from the buildings
- D. They should be located upstream
- 15. Ultraviolet Radiation belongs to which type of occupational hazard:
  - A. Physical hazard
  - B. Biological hazard
  - C. Chemical hazard
  - D. Psychological hazard
- 16. For question 16 and 17 Match the food preservation methods in column A with the correct description in column B

#### Column A

- A. Blanching
- B. Pasteurization
- C. Sterilization
- D. Canning

# <u>Column B</u>

- i. Kills all micro-organisms and their spores at above 100<sup>0</sup>C
- ii. Kills all bacteria first the sealed in sterile cans and bottles
- iii. Vegetables Heated at 70-100<sup>o</sup>C for 2-10 minutes
- iv. Slow heat treatment at below  $100^{\circ}$ C e.g. Milk.
- 18. The vector wrongly matched with the disease it causes is:
  - A. Snail trypanasomiasis
  - B. Mosquito- Yellow fever
  - C. Mites -scabies
  - D. Fleas- bubonic plague

- 19. In refuse disposal controlled tipping refers to
  - A. Depositing refuse into depression or large holes in the ground
  - B. Wet and dry refuse heaped in alternative layers
  - C. Simple open air burning
  - D. Depositing solid waste in open ground
- 20. Achieving Clean water and sanitation is envisioned in sustainable goal (SDG)number:-
  - A. SDG 4
  - B. SDG 5
  - C. SDG 6
  - D. SDG7

### SECTION II: SHORT ANSWER QUESTIONS

1. Differentiate between the following concepts as used in disease control

(6 marks)

(**30 MARKS**)

- Isolation and quarantine i.
- Decontamination and disinfection ii.
- Incubation period and latent period iii.
- 2. Differentiate between water washed and water based diseases giving examples in each group (4marks)
- 3. State five factors contributing to emerging and re-emerging diseases (5 marks)
- 4. Explain factors that propagate the occurrence of sexually transmitted infections
  - (5marks)
- 5. Outline five characteristics of adequate housing (5 marks) (5 marks)
- 6. State five responsibilities of an occupational health nurse

#### SECTION III: LONG ANSWER QUESTION -(20 MARKS)

An outbreak of Ebola has been reported in the county where you are working as a county public Health officer. Explain how you will carry out outbreak investigation of this disease. (20 marks)