



AMREF INTERNATIONAL UNIVERSITY
UNIVERSITY EXAMINATIONS
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING AND MIDWIFERY SCIENCES
END OF SEPTEMBER -DECEMBER 2022 SEMESTER EXAMINATION

ADMH103: Advanced Interviewing/ Counseling Skills & Practicum

Date: Thursday, 8th December, 2022

Time: 2 Hours

START: 4.00 p.m.

FINISH: 6.00 p.m.

Instructions

1. Write your University registration number on every booklet that you use
2. Do not write on the question paper
3. Read carefully additional instructions preceding each section
4. Do not write on the question paper

SECTION A: COMPULSORY (20 MARKS)

Question 1:

- a. Explain the meaning of the terms “interviewing” and psychotherapy as used in mental health (4 marks)
- b. Outline six (6) use of summarization skill in counselling (6 marks)
- c. List six (6) multicultural aspects of importance in counselling (6 marks)
- d. State four (4) characteristics of a good counsellor (4 marks)

SECTION B: ANSWER TWO (2) QUESTIONS (40 MARKS)

Question 2:

- a. Below are statements from a client. Illustrate how you would respond to the client using “reflection of feelings skill” (5 marks)

Client: “I feel great! I’ve finally done it. I’ve quit my job! I was just so frustrated at work, I couldn’t take it anymore. It’s OK though, because the next week I picked up a job closer to home and more pay! I can’t believe it, I feel like a weight is been lifted off my shoulders. I just couldn’t see it before. Here I was worrying all the time when I should have moved on long ago. I felt pretty scared for a couple of days though, feeling sorry for myself, not knowing how long I’d be out of work. But hey, look, both my wife and I are on top of the world”.

Counsellor:

- b. Below are examples of basic counseling skills. Explain 3 reasons for using each skill and provide an example.
 - i. Self-disclosure (3 marks)
 - ii. Paraphrase (3 marks)
 - iii. Confrontation (3 marks)
 - iv. Information giving (3 marks)
 - v. Reflection of content (3 marks)

Question 3:

- a. Justify the need for maintaining ethical and professional standards in interviewing and counselling. (8 marks)
- b. Examine the six-stage model of the counselling process (12 marks)

Question 4:

- a. Develop a script in which you are conducting the informed consent process (10 marks)
- b. Create five (5) critical questions you would ask when gathering information regarding (i) developmental milestones and (ii) family history (10 marks)