



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
DIPLOMA IN COMMUNITY HEALTH PRACTICE
END OF SEPTEMBER -DECEMBER SEMESTER EXAMINATIONS 2022**

DCHP 214: NON-COMMUNICABLE DISEASES

Date: 6th December 2022

Time: 2 hours

Start: 2.00 PM

Stop: 4.00 PM

INSTRUCTIONS

- 1) This paper has Section A and B
- 2) Answer **ALL** questions in Section A
- 3) For Section B, answer any two (2) questions of your choice
- 4) Use the university examination booklets provided
- 5) Do not write on the question paper. Use the back of the answer booklet for any rough work

SECTION A: SHORT ANSWER QUESTIONS. (20 Marks)

1. Highlight the differences between non-communicable diseases and communicable diseases (2 marks)
2. Identify four major types of non-communicable diseases seen in Kenya today (4 marks)
3. Explain four reasons why non-communicable diseases are of public health significance today (4 Marks)
4. State the key differences between modifiable and non-modifiable risk factors in non-communicable diseases (4 marks)
5. Explain three challenges faced in the prevention and control of non-communicable diseases (6 marks)

SECTION B: ANSWER ANY TWO QUESTIONS (40 MARKS)

6. Non-communicable diseases arise from exposures throughout the life course hence the need for a much more comprehensive and long-term approach for their management. Discuss four key factors driving the increase of non-communicable diseases in the world today. (20 Marks)
7. Non-communicable diseases are increasingly becoming an important contributor to the national diseases burden and therefore are a major public health concern. Discuss four reasons why the impact of non-communicable diseases is worse in the low- and middle-income countries as compared to the developed countries. (20 Marks)
8. Prevention is better than cure. Discuss how this statement is relevant in the management of non-communicable diseases. (20 Marks)