

AMREF INTERNATIONAL UNIVERSITY SCHOOL OF MEDICAL SCIENCES DEPARTMENT OF NURSING & MIDWIFERY SCIENCES HIGHER DIPLOMA IN ONCOLGY NURSING END OF SEPTEMBER – DECEMBER SEMESTER 2022 EXAMINATIONS

DOP 112 :FUNDAMENTALS OF ONCOLOGY AND PALLIATIVE CARE

DATE: 28TH NOVEMBER, 2022

Duration: 2 HOURS

Start: 9:00 AM

Finish: 11:00 AM

INSTRUCTIONS

- 1. This exam is out of 70 marks
- **2.** This Examination comprises THREE Sections. Section A: Multiple Choice Questions (20 marks) Section B: Short Answer Questions (30 marks) and Section C: Long Answer Questions (20 marks)
- 3. Answer ALL Questions.
- 4. Late submission of the answers will not be accepted
- 5. Ensure your web-camera is on at all times during the examination period
- 6. No movement is allowed during the examination
- 7. Idling of your machine for 5 min or more will lead to lock out from the exam
- 8. The Learning Management System (LMS) has inbuilt integrity checks to detect cheating
- **9.** Any aspect of cheating detected during and or after the exam administration will lead to nullification of your exam
- 10. In case you have any questions call the Head of Department on Tel +254720573449
- 11. For adverse incidences please write an email to: <u>amiu.examinations@amref.ac.ke</u>

SECTION A: MULTIPLE CHOICE QUESTIONS

(20 MARKS)

- 1. The following tumour suppressor gene is vital at the G1/S checkpoint:
 - a. P16
 - b. P53
 - c. RB
 - d. P21
- 2. Apoptosis is:
 - a. Programmed cell death often during development
 - b. Death of cells in multicellular organisms as a result of infections
 - c. Death of cells due to single toxin molecules
 - d. An event that only occurs in invertebrates
- 3. Arrange the following phases of mitotic division in order of their occurrence: -
 - 1. Anaphase
 - 2. Telophase
 - 3. Metaphase
 - 4. Prophase

a.1-2-3-4

b.4-3-1-2

c.4-1-3-2

- d.4-2-3-1
- 4. During which stage of mitosis does the spindle fibres form and get attached to the chromosome:
 - a. Metaphase
 - b. Anaphase
 - c. Prophase
 - d. Telophase
- 5. All tumor cells are cancerous:
 - a. True
 - b. False
- 6. Name the process by which malignant cells spread throughout the normal cells:
 - a. Transformation
 - b. Metastasis
 - c. Invasiveness
 - d. progression
- 7. The following is not a type of cancer:
 - a. Carcinoma

- b. Sarcoma
- c. Leukemia
- d. Caspases
- 8. Angiogenesis refers to:
 - a. Differentiation process
 - b. Growth factor
 - c. Contact inhibition
 - d. Blood vessel formation
- 9. The name given to a malignant tumor associated with the glandular cell type is:
 - a. Carcinoma
 - b. Sarcoma
 - c. Angiomas
 - d. adenocarcinoma
- 10. All except one are used in diagnostic and prognostic procedures:
 - a. Core needle biopsy
 - b. Mammogram
 - c. Kidney function test
 - d. Bone scan
- 11. The process responsible for replacing and repairing tissues is:
 - a. Movement
 - b. Mobility
 - c. Cell division
 - d. Growth
- 12. Lysosomes are formed from which cell organelles:
 - a. Nucleus
 - b. Endoplasmic reticulum
 - c. Golgi bodies
 - d. Ribosomes
- 13. The following statement is not true about of meiosis:
 - a. As a consequence of meiosis, the number of chromosomes is double in the resulting cells
 - b. Meiosis takes place in gonads for production of gametes
 - c. Meiosis takes place in two phases
 - d. During meiosis, the genes of the parent cells are mixed in the resulting cells.
- 14. The process that distinguishes malignant from benign tumor is:
 - a. Rate of tumor growth
 - b. Size of tumor
 - c. Location of tumor
 - d. All of the above
- 15. The most prevalent cancer among women in Kenya is:
 - a. Cervical cancer
 - b. Lung cancer
 - c. Breast cancer
 - d. Oesophageal cancer
- 16. This step of the nursing process includes the systematic collection of all subjective and objective data about the client: -

- a. Assessment
- b. Planning
- c. Implementation
- d. Diagnosis
- 17. The following is considered objective data:
 - a. A temperature of 38 degrees Celsius
 - b. A patients report of moderate pain
 - c. Complains of nausea
 - d. Feelings of sleepiness
- 18. The following is true about end-of-life care:
 - a. It is one aspect of palliative care
 - b. It is synonymous with palliative care
 - c. It is defined by a specified time period
 - d. It does not include a focus on family
- 19. A true statement about interdisciplinary team involved in palliative care is:
 - a. social worker is not usually part of the team
 - b. members are the same across palliative care settings
 - c. Team members whose roles should be communicated to the patient and family
 - d. The patients primary care physicians is not usually a member of the team
- 20. Concept maps are most likely to increase understanding of new concept by:
 - a. Transferring attention of specific details
 - b. Focusing attention on specific details
 - c. Prioritizing academic content for study
 - d. Increasing ability to organize information logically

SECTION B: SHORT ANSWER QUESTIONS (30 MARKS)

- 1. Outline the cellular effectors that mediates immunity
- 2. Explain the biochemical pathways that leads to apoptosis under the following sub headings(6marks)
 - a. Intrinsic pathway
 - b. Extrinsic pathway
- 3. State three (3) differences between mitosis and meiosis
- 4. Outline the five (5) major classifications c of cancers
- 5. Define the following terms as used in abnormal cellular growth pattern
 - a. Anaplasia
 - b. Dysplasia
 - c. Hyperplasia
 - d. Hypertrophy
 - e. metaplasia
- 6. Outline two (2) differences between benign and malignant tumors

SECTION C: LONG ANSWER QUESTION (20 MARKS)

- 1. a. Describe the mechanisms by which tumor cells evade the host immune system (10 marks)
 - b. As an oncology nurse, you have been selected as a member of your hospital palliative care team. Discuss the five (5) roles of the palliative care team members (10mks).

(2marks)

(6maks)

(6marks) (5marks)

(5marks)

