

# AMREF INTERNATIONAL UNIVERSITY SCHOOL OF MEDICAL SCIENCES DEPARTMENT OF NURSING & MIDWIFERY SCIENCES KRCHN (ECHN/ENM) UPGRADING END OF SEPTEMBER -DECEMBER TRIMESTER EXAMINATIONS 2022

**DCHN 111: GENERAL NURSING** 

DATE: 5<sup>TH</sup> DECEMBER 2022

TIME: 2 Hours Start: 11:00 AM Finish: 1:00 P.M.

## **INSTRUCTIONS**

1. This exam is marked out of 70 marks.

- 2. This exam has three sections: Section A: Multiple Choice Questions, Section B: Short Answer Questions and section C: Essay Questions
- 3. All questions are compulsory.
- 4. Answer all questions in the booklet provided.
- 5. Do not write on the question paper. Use the back of the answer booklet for any rough work

### **SECTION A: MULTIPLE CHOICE QUESTIONS (20 MARKS)**

- 1. The Most common causative organism in urinary tract infections (UTI's) is:-
  - A. Chlamydia
  - B. Escherichia coli
  - C. Mycoplasma
  - D. Staphylococcus Aureus
- 2. A urinary output in 24 hours that is indicative of oliguria in an adult is:-
  - A. 1000mls-1200mls
  - B. 200mls-400mls
  - C. 400mls-800mls
  - D. 800mls-1000mls
- 3. The Commonest type of glaucoma is:
  - A. Primary open angle glaucoma
  - B. Secondary open angle glaucoma
  - C. Primary angle-closure glaucoma
  - D. Secondary angle-closure glaucoma
- 4. The priority nursing intervention for a chemical splash to the eye is:-
  - A. Cover the eye with a gauze patch.
  - B. Place antibiotic ointment in the eye.
  - C. Rinse the eye continuously for 15 minutes.
  - D. Read the label on the chemical and call the emergency center.
- 5. The most common cause of infections in patients with burns is:-
  - A. Staphylococcus aureus
  - B. Hemenolepis nana
  - C. Pseudomonas aeruginosa
  - D. Bacillus Anthracis
- 6. The following infection is of fungal origin:-
  - A. Onyong nyong fever
  - B. Chikungunya fever
  - C. Candidiasis
  - D. Syphilis

- 7. Arthritis is defined as inflammation of the:-
  - A. Bones
  - B. Joints
  - C. Cartilage
  - D. Muscles
- 8. Deficiency of estrogen hormone results in:-
  - A. Osteoarthritis
  - B. Rheumatoid arthritis
  - C. Gout
  - D. Osteoporosis
- 9. Broncho-pneumonia presents with:-
  - A. Stabbing chest pain, low grade fever, dry cough and low pulse.
  - B. Nasal flaring, fever, cyanosis and stabbing chest pain
  - C. Rapid pulse, nasal flaring, barrel chest and low grade fever
  - D. Low grade fever, nasal flaring, stabbing chest pain and low pulse.
- 10. In pulmonary embolism:-
  - A. There is clot formation in the pulmonary vein or its branches
  - B. There is obstruction of pulmonary artery or one of its branches
  - C. Trauma, pregnancy and valsalva maneuvers are common predisposing factors
  - D. Old age, heart failure and intestinal obstruction clients are more prone
- 11. The following is subjective data:-
  - A. Client rated pain on a numeric rating scale.
  - B. Pinpoint rash on the face and trunk
  - C. Blood pressure raising when the provider enters the room
  - D. Client weight of 90kgs.
- 12. The following event occurs first in acute inflammation:-
  - A. Arteriolar dilatation
  - B. Arteriolar constriction
  - C. Edema
  - D. Blood flow stasis

- 13. The objective of nursing process is to:
  - A. Assist family members make important healthcare decisions.
  - B. Provide nurses with a framework for delivering comprehensive care
  - C. Inform other healthcare professionals on client status
  - D. Organize information for the doctor
- 14. The systematic problem solving approach towards providing individualized nursing care is known as:
  - a. Nursing care plan
  - b. Nursing process
  - c. Nursing practice act
  - d. Nursing method
- 15. In the ethical principles that guide the practice of nursing, fairness is enshrined in:-
  - A. Accountability
  - B. Justice
  - C. Autonomy
  - D. Advocacy
- 16. Informed consent promotes:-
  - A. Veracity
  - B. Autonomy
  - C. Confidentiality
  - D. Justice
- 17. An example of a primary skin lesion is:-
  - A. Ulcers
  - B. Scales
  - C. Fissure
  - D. Wheal
- 18. A skin condition characterized by red, scaly skin that often affects the elbows, knees and scalp is called:
  - A. Atopic dermatitis
  - B. Contact dermatitis
  - C. Impetigo
  - D. Psoriasis
- 19. The antidote for heparin overdose is;-
  - A. Protamine sulphate
  - B. Valproate
  - C. Warfarin
  - D. Ferrous sulphate

- 20. Aminoglycosides are effective against: -
  - A. Gram-negative non-enteric bacteria
  - B. Gram positive anaerobic microorganisms and spirochetes
  - C. Gram-Positive aerobes such as most Staphylococcus aureus
  - D. Gram negative anaerobic microorganisms

### **SECTION B: SHORT ANSWER QUESTION (30 MARKS)**

- 1. State six (6) principles of critical care nursing (6 Marks)
- 2. State four (4) components of plasma. (4 Marks)
- 3. Describe the two (2) types of nerve fibers in the peripheral nervous system.

(4 Marks)

- 4. Describe the pathophysiology of pulmonary edema in a patient with congestive cardiac failure (6 Marks)
- 5. State six (6) causes of anemia (6 Marks)
- 6. Explain the two (2) core principles of pediatric nursing (4 Marks)

# **SECTION C: LONG ANSWER QUESTION (20 MARKS)**

- 1. Mrs. G has been brought to the outpatient department with an open compound fracture of the left femur.
  - a) Define a fracture (2 Marks)
  - b) Explain four (4) early complications of fractures (8 Marks)
  - c) Describe the immediate medical management of Mrs. G (10 Marks)