

# AMREF INTERNATIONAL UNIVERSITY SCHOOL OF MEDICAL SCIENCES DEPARTMENT OF NURSING AND MIDWIFERY SCIENCES KENYA REGISTERED COMMUNITY HEALTH NURSING (UPGRADING PROGRAM)

END OF SEMESTER EXAMINATION, SEPTEMBER-DECEMBER 2022

# **DCHN 211: COMMUNITY HEALTH**

DATE: 7<sup>TH</sup> DECEMBER 2022

TIME: 2 Hours

Start: 11:00 A.M Finish: 1:00 P.M.

#### INSTRUCTIONS

- 1. This exam will be marked out of **70 marks**
- 2. The Examination has Three Sections: Section A- Multiple Choice Questions, Section B: Short Answer Questions, Section C: Essay Questions
- 3. Answer all Questions in the ANSWER BOOKLET provided
- 4. Do not write on the question paper

### SECTION A: MULTIPLE CHOICE QUESTIONS (20 MARKS)

- 1. Hypnozoites, develop in infection by:
  - a. P. Faciparam and P. Ovale
  - b. P. Malarie and P. Falcipurum
  - c. P. Ovale and P. Vivax
  - d. P.Vivax and P. Malarie
- 2. A dead end host refers to a host that:
  - a. Harbors an agent for a short transition period during which some developmental stage is complete
  - b. Harbors an agent for a short transition period but there is no developmental change of the agent.
  - c. Does not allow transmission to definitive host
  - d. Will definitely die of the infection
- 3. The epidemiologic triangle is made up of:
  - a. Agent, host, vector
  - b. Vector, transmission route, host
  - c. Host, agent, environment
  - d. Environment, host, transmission, route
- 4. In community diagnosis, developing objectives as to why the survey is being carried out is done during:
  - a. Exploration stage
  - b. Pre-testing of instruments
  - c. Execution stage
  - d. Planning stage
- 5. A community diagnosis report:
  - a. Gives feedback on those conditions that require treatment.
  - b. Covers ones' general impressions of the community's health status
  - c. Is given soon after the field work is completed
  - d. Is a detailed scientific report that provides an account of the survey
- 6. Administration of immunoglobulins (antibodies) confers:
  - a. Natural active immunity
  - b. Artificial active immunity
  - c. Artificial passive immunity
  - d. Natural passive immunity

- 7. The most sensitive vaccine to freezing is:
  - a. Hemophilus influenza B vaccine
  - b. Pneumococcal Conjugate Vaccine
  - c. Hepatitis B vaccine
  - d. Pentavalent
- 8. The type of research that involves collection of data on the same subjects at several points in time is referred to as:
  - a. Longitudinal
  - b. Cross-sectional
  - c. Retrospective
  - d. Case control
- 9. The step in the nursing process that is equivalent to problem identification in the research process is:
  - a. Goal identification
  - b. Data interpretation
  - c. Identifying solutions
  - d. Nursing diagnosis
- 10. A smaller study of any planned study, conducted to identify problematic areas that may arise in the course of the main study is known as: -
  - A. A pilot study
  - B. An abstract
  - C. An exploratory study
  - D. A proposal study
- 11. Some of the universal primary health care elements are:
  - A. Dental health, immunization, essential drugs supply
  - B. Health education, local disease control, water supply and sanitation
  - C. Accidents prevention, mental health, immunization
  - D. MCH/FP services, treatment of minor ailments, dental health
- 12. The following is considered when determining the feasibility of a study: -
  - A. Availability of subjects
  - B. Researcher's credibility
  - C. Significance of research problem
  - D. Previous studies
- 13. In occupational health and safety, the major risk associated with working in confined spaces includes : -
  - A. Poor ventilation
  - B. Many people insitu
  - C. Limited rescue skills
  - D. Inadequate exit points

- 14. In a health care setting, priority occupational health strategies should focus on limiting effects of : -
  - A. Biological hazards
  - B. Chemical hazards
  - C. Mechanical hazards
  - D. Psychosocial hazards
- 15. Advocacy and public awareness in disaster management is a component of: -
  - A. Preparedness
  - B. Mitigation
  - C. Response
  - D. Recovery

16. The following is NOT a special institution for vulnerable children:-

- A. Orphanage
- B. Children's home
- C. Community rescue –center
- D. School
- 17. A home based care giver who frequently monitors the vitals signs of his clients takes care of their: -
  - A. Pastoral needs
  - B. Physical needs
  - C. Social Needs
  - D. Psychological needs

18. The appropriate action to be taken by a home based care nurse during an initial visit to a client whose spouse gives all information requested is: -

- A. Agreeing on appropriate interventions with the family
- B. Creating appropriate rapport with the client
- C. Assessing the environment of the wider community
- D. Confirming the information obtained with the client
- 19. The following is prioritized when conducting a home visit:
  - A. Adhering to agency protocol and procedures
  - B. Whatever the referral requires
  - C. Whatever the client believes is the most important action except in emergency situations
  - D. The major threat to health according to the nurse's professional judgement.
- 20. The nurses' primary goal during the first home visit is to: -
  - A. Assess the health of all family members and the immediate environment
  - B. Discuss time and financial limits to the care to be given by nurse caregiver
  - C. Establish rapport with the clients and define mutually agreeable goals
  - D. Implement the nursing care plan established before hospital discharge

### SECTION B: SHORT ANSWER QUESTIONS (30 MARKS)

- 1. State four (4) roles of a community health nurse (4 Marks)
- 2. Describe the life cycle of *Taenia Solium* (6 Marks)
- 3. State four (4) components of a community diagnosis report (4 Marks)
- 4. State four (4) ways of reducing vaccine wastage. (4 Marks)
- 5. Outline four (4) barriers to nursing research (8 Marks)
- 6. State four (4) characteristics of a good questionnaire (4 Marks)

# SECTION C: LONG ANSWER QUESTION (20 MARKS)

- 1. Poliomyelitis is one of the communicable diseases that has been targeted for eradication.
  - a. List two (2) types of polio virus. (1 Marks)

- b. Explain the transmission of poliomyelitis. (2 Marks)
- c. Describe in details the polio vaccination schedule in Kenya. (5 Marks)
- d. Describe the management, prevention and control of poliomyelitis. (12 Marks)