

AMREF INTERNATIONAL UNIVERSITY SCHOOL OF MEDICAL SCIENCES DEPARTMENT OF NURSING AND MIDWIFERY SCIENCES KENYA REGISTERED COMMUNITY HEALTH NURSING END OF SEPTEMBER -DECEMBER SEMESTER EXAMINATIONS 2022

DNS 112 : ANATOMY AND PHYSIOLOGY

TIME Start: 9:00 A.M.

Finish: 11:00 A.M.

DATE: 6TH DECEMBER 2022

INSTRUCTIONS

- 1. This exam will be marked out of **70 marks**
- 2. The Examination has Three Sections: Section A- Multiple Choice Questions, Section B: Short Answer Questions, Section C: Long Answer Question
- 3. Answer all Questions in the ANSWER BOOKLET provided.
- 4. Do not write on the question paper. Use the back of the answer booklet for any rough work

SECTION A: MULTIPLE CHOICE QUESTION

- 1. The cytoplasm of erythrocytes that contains an oxygen binding protein is: -
 - A. Haemoglobin
 - B. Bilirubin
 - C. Haptoglobin
 - D. Albumin
- 2. Baroreceptors are present in: -
 - A. Aortic arch
 - B. Carotid sinus
 - C. Root of the right subclavian artery
 - D. All of the above
- 3. The swelling or dilation of blood vessels where part of the wall of artery inflated like balloon is: -
 - A. Aneurysm
 - B. Atheroma
 - C. Buergers disease
 - D. Intussusception
- 4. The following processes is NOT part of mechanical digestion: -
 - A. Hydrolysis
 - B. Peristalsis
 - C. Segmentation
 - D. Mastication
- 5. _____ cell produces hydrochloric acid: -
 - A. Zymogenic cells
 - B. Parietal cells
 - C. Chief cells
 - D. Enteroendocrine cells
- 6. The following is an accessory organ in the gastrointestinal system: -
 - A. adrenal glands
 - B. pancreatic islets
 - C. gastric glands
 - D. salivary glands
- 7. The role of gastrin in the gastrointestinal system is to: -
 - A. stimulate release of bile and pancreatic juice
 - B. stimulate gastric secretion of hydrochloric acid
 - C. activate pepsinogen
 - D. Hydrolyse proteins to polypeptides

- 8. Erythropoietin is synthesized in the: -
 - A. kidneys
 - B. adrenal glands
 - C. anterior pituitary
 - D. pancreas
- 9. Parathyroid hormone: -
 - A. Increases plasma Ca 2+ concentration
 - B. Decreases plasma Ca 2+ concentration
 - C. Increases the rate of ATP formation
 - D. Stimulates the thyroid gland to produce thyroxine
- 10. The following is not part of the endocrine system: -
 - A. Islets of Langerhans (pancreatic islets)
 - B. Thyroid gland
 - C. Acini cells of the pancreas
 - D. Parathyroid glands
- 11. In facilitated diffusion: -
 - A. Carrier proteins are used to transport essential nutrients
- B. Solutes move spontaneously from a region of high concentration to that of low concentration
 - C. Water molecules move from a region of high to that of low concentration
 - D. Molecules move from region of high osmolality to that of low osmolality
- 12. The following is a fibrous joint: -
 - A. Sutures joint
 - B. Acromioclavicular joint
 - C. Intercarpal joint
 - D. Symphysis Pubis joint

- 13. Circumduction movement involves: -
 - A. A body structure moving towards the axis
 - B. The sagittal plane moving towards the coronal plane
 - C. A structure twisting about an axis
 - D. A combination of flexion, extension, adduction & abduction
- 14. Synovial Joints includes: -
 - A. Sutures, Symphysis pubis and hip joints
 - B. Hip joint, Wrist and acromio-clavicular joints
 - C. Humeral-ulnar, intercarpal and suture joints
 - D. Gomphosis, Hip and metacarpal joints
- 15. Actual body cavities includes: -
 - A. Cranial and pelvic cavities
 - B. Peritoneal and pleural cavities
 - C. Pericardial and thoracic cavities
 - D. Pelvic and pleural cavities
- 16. The cutaneous membrane of the skin has:
 - A. Simple squamous epithelium
 - B. Transitional epithelium
 - C. Pseudo-stratified columnar epithelium
 - D. Stratified squamous epithelium
- 17. Sympathetic branch of the autonomic nervous system: -
 - A. Mostly depends on acetylcholine
 - B. It is thoracolumbar
 - C. Is craniosacral
 - D. Mostly depends on dopamine
- 18. The first step in the series of respiration activities entails: -
 - A. Transport of gases in blood
 - B. Gaseous exchange between blood and cells
 - C. Transport of gases in blood
 - D. Ventilation

- 19. Anterior chamber of the eyeball has: -
 - A. Aqueous humor
 - B. Vitreous humor
 - C. Uveal tract
 - D. Rhodopsin
- 20. Muscle contraction involves: -
 - A. Interlocking of myosin and actin
 - B. Sliding movement between myosin and actin fibers
 - C. Release of myoglobin into myofibrils
 - D. Breakdown of hemoglobin and ATP

SECTION B: Short Answer Questions (30 marks)

- 1. Explain the physiological mechanism of breathing (5 marks)
- 2. Outline two (2) major differences between internal respiration and external respiration (2 marks)
- 3. State four (4) cells located in the gastric mucosa (4 marks)
- 4. Highlight the three (3) layers of the stomach muscles (3 marks)
- 5. State three (3) function of Saliva (3 marks)
- 6. Identify six (6) hormones produced in anterior pituitary gland (6 marks)
- 7. Explain two (2) functions of the adrenal glands. (4 marks)
- 8. State three (3) phases of gastric secretion (3 marks)

SECTION C: LONG ANSWER QUESTION- 20 marks

- 1. Mr. X is brought in to the accident and emergency area with a penetrating chest injury.
 - a) Explain the four (4) phases of hemostasis (8 marks)
 - b) Explain six (6) factors that delay wound healing (12 marks)
- \odot