



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING AND MIDWIFERY SCIENCES
KENYA REGISTERED COMMUNITY HEALTH NURSING
SUPPLEMENTARY/SPECIAL EXAMINATIONS**

DNS 213: SEXUAL, REPRODUCTIVE HEALTH & FAMILY PLANNING

DATE: 29TH NOVEMBER 2022

TIME: 2 Hours Start: 0900 HOURS Finish: 1100 HOURS

INSTRUCTIONS

1. This exam will be marked out of 70 marks
2. The Examination has THREE Section I: - Multiple Choice Questions , Section II: Short Answer Questions, Section III: Long Answer Questions.
3. Answer ALL questions.
4. Do Not write anything on the question paper -use the back of your booklet for rough work if need be

PART ONE: MULTIPLE CHOICE QUESTIONS (10 MARKS)

1. The following is true concerning vasectomy:-
 - A. It can be reversed through a reconstructive operation
 - B. It is not immediately effective
 - C. Failure rates are quite high
 - D. Significantly affects the man masculinity

2. When microgynon is used as an emergency contraceptive, the required number of pills per dose are:-
 - A. 2
 - B. 4
 - C. 1
 - D. 3

3. Indicate whether the following statements are true (T) or False (F)
 - A. Local anesthesia is preferable to general anesthesia during female sterilization
 - B. Delay in inserting implant is recommend for women who are partially breastfeed and are less than 6 weeks postpartum

4. The following is a symptom based fertility awareness method:-
 - A. Lactational amenorrhea method
 - B. Coitus interruptus
 - C. Cycle beds
 - D. Basal body temperature

5. When preparing to perform the speculum examination in a female client, the nurse should:-
 - A. Take temperature of the client
 - B. Perform bimanual examinations
 - C. Check for the appropriate sized speculum
 - D. Perform abdominal examination

6. Adolescents and young people have the right to:
 - A. Accurate information
 - B. Judgmental treatment
 - C. Selective services
 - D. Expensive effective services

7. The safe motherhood initiative was launched in the year:
 - A. 1999
 - B. 1986
 - C. 1987
 - D. 1981

8. Youth friendly services must be:
- A. Affordable, accessible and equitable
 - B. Accessible, equal and expensive
 - C. Acceptable, inappropriate, affordable
 - D. Effective, equitable, limited
9. The direct causes of maternal mortality include:
- A. HIV/AIDs, TB, Hemorrhage
 - B. Hemorrhage, anemia, abortion
 - C. Abortion, pre-eclampsia, antepartum hemorrhage
 - D. Malnutrition, obstructed labour, diabetes mellitus
10. The delay in “receiving” reproductive health services is influenced by:
- A. Failure to recognize and perceive severity of illness
 - B. Poor skills of health providers
 - C. Lengthy distance to the facility
 - D. Poor transportation to the facility
9. The term Sex generally refers to :-
- A. Biological identity of men and women
 - B. Social identity of men
 - C. A social construction unit
 - D. Socially determined roles, responsibilities and relationships fit for men and women
10. In the cycle bead method of family planning, unprotected sexual intercourse should be avoided when the ring is at:-
- A. The brown beads
 - B. The black beads
 - C. The white beads
 - D. The red beads
11. The following is a symptom based fertility awareness method: -
- A. Lactational amenorrhea method
 - B. Coitus interruptus
 - C. Cycle beds
 - D. Basal body temperature
12. A female gender stereotype includes:
- A. A supporter
 - B. A decision maker
 - C. A competitor
 - D. A leader

13. Sexual harassment can best be described as:-
- A. Coerced intercourse, either heterosexual or homosexual, where an object is used for penetration
 - B. Repeated and unreciprocated sexual advances and unsolicited sexual attention
 - C. Forced or coerced sex trade in exchange for material resources, services and assistance
 - D. Abuse of a position of vulnerability, differential power or trust for sexual purposes
14. The reproductive and sexual needs were recognized in the year:-
- A. 2015
 - B. 1994
 - C. 1984
 - D. 1995
15. The following best describes the new Reproductive Health Concept:-
- A. Age acts as a reflection of Reproductive Health
 - B. Reproductive health entails enormous physical and psycho-social comfort and closeness, personal and social maturation
 - C. Reproductive health is a pre-requisite for social, economic and human development
 - D. Reproductive health is a reflection of health during childhood and is crucial during adolescence and adulthood for both men and women
16. Verbal behavior is described by good communication skills that include: -
- A. CLEAR
 - B. Gather
 - C. Roles
 - D. Redi
17. The following is NOT a best practice in counselling :-
- A. Allow client to control conversation
 - B. Pay attention to not only words but also client's gestures and behaviors
 - C. Prevent one's own emotions from inhibiting active listening no matter what the client is saying
 - D. The provider recommending their choices to the client

18. Immediate complications of FGM/C include: -

- A. Infertility, shock, psychological trauma
- B. Adhesions, infection, bleeding
- C. Obstetric fistula, infertility, shock
- D. Shock, pain, psychological trauma

20. Social influence by peers on adolescent sexuality include:-

- A. Socialization of the child to coping strategies in their personal life
- B. Education level and work experiences
- C. Set of fashion, leisure and music
- D. Attitude

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PART TWO: SHORT ANSWER QUESTIONS (20 MARKS)

21. Briefly discuss the three delay models that lead to high maternal and morbidity and mortality (5 marks)
22. Outline five (5) non-contraceptive benefits of implants (5 marks)
23. State five (5) components of reproductive health (5 marks)
- 24.1 State five (5) reproductive health risk factors for adolescents (5 marks)

PART HREE: LONG ANSWER QUESTIONS (20 MARKS)

25. Family planning has seen gradual growth in the last 10 years
- Differentiate between family planning and birth control (2 marks)
 - Outline five (5) factors that lead clients to being family planning acceptors (5 marks)
 - State three (3) advantages of family planning to an individual (3 marks)
26. Mrs T. attending the antenatal clinic, complains of per vaginal bleeding and pelvic pains:
- Define safe motherhood (2 Marks)
 - Describe, with the aid of a diagram, the safe motherhood pillars and their foundation measures (8 Marks)