



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF HEALTH AND PSYCHOLOGY
ADVANCED DIPLOMA IN MENTAL HEALTH PRACTICE
END OF JANUARY-APRIL 2023 SEMESTER EXAMINATIONS

CODE: ADMH 107

TITLE: Clinical Ethics

DATE: Tuesday, 11th April 2023

TIME: 2 Hours

Start: 1600 HOURS

Finish: 1800 HOURS

INSTRUCTIONS

1. This exam will be marked **out of 60 Marks**
2. ALL questions are compulsory.
3. The examination has two sections: Section 1 and Section 2
4. Answer all questions in the ANSWER BOOKLET provided
5. Do Not write anything on the question paper
6. Use the back of your booklet for rough work if need be.

Read carefully additional instructions preceding each section

SECTION I: MULTIPLE CHOICE QUESTIONS (20 MARKS)

1. The following statements are true about Principle of Non- Maleficence except:-
 - a. Includes informed consent and truth telling
 - b. Includes an obligation not to inflict harm intentionally
 - c. Psychologists Must refrain from providing ineffective treatments or acting with malice towards patients
 - d. Offers little useful guidance to physicians because many beneficial therapies also have serious risks.

2. The term given to actors that affects Ethical and Unethical behaviors is:
 - a. Ethical dilemmas
 - b. Diversity
 - c. Teamwork
 - d. Open communication

3. The following dimensions of Ethics are categorized under Applied Ethics except:-
 - a. Legal Ethics
 - b. Political Ethics
 - c. Meta Ethics
 - d. Biomedical Ethics

4. Codes of Ethics entails:
 - a. A discipline within psychology that is concerned with human conduct and moral decision making
 - b. The 4 fundamental Principles and Ethical Standards
 - c. Morals
 - d. Values

5. Focus of all Professional Organizational Codes of Ethics is to:
 - a. Protecting clients by not interfering with professionals' scope of competency
 - b. Doing no harm by acting the way each professional believes is the best way carry themselves
 - c. confidentiality and privacy are not key components in codes of Ethics
 - d. Maintaining the integrity of the profession and protect rights of the patients

6. When a patient's autonomy is compromised, _____ is considered the guiding principle.
 - a. Competence
 - b. Justice
 - c. Beneficence
 - d. Confidentiality

7. A psychologist can disclose patient's information without consent in the following situations except:-
- Among health care teams
 - Legally-required
 - A minor
 - If the patient is competent
8. When a patient with full capacity makes plans for his/her future management plans is said to be practicing _____ in quality rights.
- Autonomy
 - Advance plan
 - Supported decision making
 - Beneficence
9. The following are requirements for an informed consent except :-
- The patient Must be competent to understand and decide
 - Receives a full disclosure though not necessary for him to comprehend the disclosure
 - Acts voluntarily
 - Consents to the proposed action
10. There are some considerations to be taken into account before making a decision as to which treatment plan is the most appropriate to your patient. Which one is the ODD one out?
- Indications for the intervention
 - Preferences of the patient
 - Functionality of the patient with the intervention
 - Religion or culture should not be considered as they don't have an impact as much as legal factors.
11. The most appropriate definition of ethics is:-
- Guidelines for ethical behavior and decision making for professionals.
 - An explicitly defined set of beliefs, values and standards that guide organizational members in the conduct of activities.
 - An agreed-on set of morals, values, and standards of professional conduct accepted by a community, group, or culture
 - Minimum standards of behavior in a professional field.
12. _____ is NOT a form of Sexual harassment :-
- Sexual solicitation.
 - Physical advances.
 - Verbal or nonverbal conduct that is sexual in nature.
 - Unfair discrimination.

13. The following statement is False. Dual or Multiple relationship occurs when a psychologist is in a professional role with a person and _____
- At the same time is in another role with the same person.
 - At the same time is in a relationship with a person closely associated with or related to the person with whom the psychologist has the professional relationship.
 - Promises to enter into another relationship in the future with the person or a person closely associated with or related to the person.
 - The psychologists are required by law, institutional policy, or extraordinary circumstances to serve in more than one role in judicial or administrative proceedings.
14. With reference to the Core principles of human rights the WHO considers the following EXCEPT:-
- Fairness towards all human beings
 - Respect for others
 - Equality among all people
 - Dignity is to be preserved in specific situations
15. As per The Kenya Mental Health Investment case the following are the recommended action steps form the Government to take except :-
- Strengthen mental health legislation, governance and leadership
 - Improve access to good quality mental health and social services and to promote the human rights of people with mental health conditions
 - Prioritize mental health action and improve mental health financing
 - Strengthen multisectoral coordination
16. The psychiatrist-investigator designs a trial that excludes very seriously ill and potentially suicidal patients with bipolar I disorder because of concern about the risk: benefit ratio for participants. The psychiatrist-investigator's decision is governed primarily by _____ ethical principle.
- Compassion
 - Fidelity
 - Justice
 - Nonmaleficence
17. Which one is not well matched with the content of the section in the Mental Health amendment Act 2022?
- Sec 1-3; Preliminary
 - Sec 26-31: Principles & Purpose of the Act
 - Sec 6: Rights of Persons with Mental Illness
 - Sec 7-12: Kenya Board of Mental Health

18. The appropriate action to be taken by a psychologist during a professional encounter, when approached by a client of the opposite sex, dressed in revealing clothing, and using a sexually suggestive demeanor would be to:-
- Refuse to see the client
 - Call another health care practitioner into the room to act as a chaperone
 - Use open ended questioning technique
 - Call the police.
19. With regards to distributive justice which one is correct; Distribution of justice is done
- According to effort
 - According to financial status
 - According to educational status
 - According to the relationship you have with the patient
20. A supportive decision-making agreement has to be in writing and shall only be valid if –
- At the time of making of the agreement, the person with mental illness was not aware of their actions
 - The person with mental illness has asked someone else to signed or affixed their mark to the agreement
 - The signature or mark of the person with mental illness, is so placed that it shall appear that it was intended to give effect to the writing as a supportive decision-making agreement
 - The agreement is attested by two or more competent witnesses, though not necessary

SECTION II: ANSWER ALL QUESTIONS (40 MARKS)

21. Please answer the following questions as instructed
- Match the following actions by the psychiatrist with the most appropriate ethics term (each word may be used once, more than once, or not at all):
 - The psychiatrist arranges to speak with a patient alone during the clinical interview (2.Marks)
 - The psychiatrists respects the patient's preference not to be admitted to the hospital (2 Marks)
 - The psychiatrist recommends diagnostic tests to occur at the time of the emergency evaluation (2 Marks)
 - The psychiatrists sits with the patient's boyfriend to offer emotional support and "a listening ear" after the clinical interview with the patient is completed (2 Marks)
 - The psychiatrist documents accurately in the electronic medical record the full set of concerns raised by the patient and her boyfriend (2 Marks)

(Autonomy, Beneficence, Compassion, Confidentiality, Justice, Nonmaleficence, Respect for the law, Veracity)

- b. List down 5 ways law and ethics relate to each other and discuss life scenarios that can arise in each. (Marks 10)

22. An 18-year-old male previously diagnosed with bipolar disorder is brought by his best friend to the emergency department of a rural hospital near his grandparents' house. The best friend reports that the patient "is completely wild—he just won't stop—he's going to kill himself on the slopes!" he confided in his friend that he has been having suicidal ideations for a long time and has attempted twice most recent a week ago and he is still having strong urges of harming himself. He also excessively uses Alcohol together with other substances and indulges in risky behaviours. The patient shows evidence of intoxication and is irritable but cooperative during the initial interview in the emergency department. His vitals are within normal limits and are stable. No abnormalities are found on physical examination. The psychiatrist on call realizes that he has been managing his grandfather and wonders whether it would be ethically right to take him up as his patient as well. Though goes ahead to assess the patient recommends for all necessary investigations to be done and recommends for an involuntary admission, as the patient had declined admission.

From the information provided above:

- a) Highlight the 4 ethical codes that are in play in the above scenario? (4 marks)
- b) Should the psychiatrist have interviewed and assessed the patient at the ER? (2 Marks)
- c) Should the psychiatrist continue to be the patient's doctor? Explain (2 marks)
- d) Comment about confidentiality in this case. (2 Marks)
- e) Outline the nine NAADAC Principles of the counselling profession- (10 marks)