AMREF INTERNATIONAL UNIVERSITY

SCHOOL OF PUBLIC HEALTH

DEPARTMENT OF COMMUNITY HEALTH

DIPLOMA IN COMMUNITY HEALTH PRACTICE

END OF SEMESTER EXAMINATION JANUARY/APRIL 2023

UNIT CODE: DCHP 132

UNIT TITLE: BEHAVIOURAL SCIENCES

Date: 5th April 2023

Time: 2 hours   **Start: 2 PM**   **Stop: 4 PM**

INSTRUCTIONS

1. This exam is marked out of 60 marks
2. This Examination comprises TWO Sections
   Section A: Compulsory Question (20 Marks)
   Section B: Long Answer Questions (40 Marks)
3. All questions in Section A are compulsory and Answer any TWO questions in Section B
4. This online exam shall take 2 Hours

SECTION A: SHORT ANSWER QUESTIONS. (20 Marks)

1. Outline five qualities of an effective counsellor (5 marks)

2. Highlight five characteristics of the ' Id' according to Sigmund Freud (5 marks)

3. Identify five branches of behavioral science. (5 marks)

4. Outline the steps of 'GATHER' techniques as used in effective counselling (5 marks)

SECTION B: LONG ANSWER QUESTIONS: ANSWER ANY TWO QUESTIONS (40 MARKS)

5. Counselling is a face to face communication between a counsellor and a client which aims at helping the client understand their problems and make informed decisions for change.
   a. Outline FIVE the benefits of counselling (5 marks)
   b. Discuss three types of counselling (15 marks)

6. Describe the phases of development using the nature- nurtures theory of development. (20 marks)

7. Using Maslow's Humanistic Theory, explain the Maslow's hierarchy of needs, giving relevant examples. (20 marks)