



**AMREF INTERNATIONAL UNIVERSITY**  
**SCHOOL OF MEDICAL SCIENCES**  
**DEPARTMENT OF NURSING AND MIDWIFERY SCIENCES**  
**HIGHER DIPLOMA IN COMPREHENSIVE REPRODUCTIVE HEALTH**  
**END OF SEMESTER EXAMINATIONS APRIL 2023**

**Course Unit: HDRH 131: Leadership and Management Practices in RH**

**DATE: 5<sup>TH</sup> APRIL 2023**

**TIME: 2 HOURS      START: 9:00AM      FINISH: 11:00AM**

---

**Instructions**

- 1) This paper has three sections: Section A, Section B and Section C
- 2) Answer **ALL** questions in Section A and Section B and C
- 3) Use the University examination booklets provided.
- 4) Re-writing the questions on your answer sheet is unnecessary.

## **SECTION 1 MULTIPLE CHOICE QUESTIONS (20 MARKS)**

1. The phase in home visit when one documents the activities done during home visiting is:
  - a. Pre-visit phase
  - b. Termination phase
  - c. Post-visit phase
  - d. Activities phase
  
2. A family stage at which the first child becomes independent is: -
  - a. Launching family
  - b. Family with retired parents
  - c. Independent stage
  - d. Coupling stage
  
3. A family made of children from previous marriages/relationships is :-
  - a. Binuclear family
  - b. Blended family
  - c. Joint family
  - d. Extended family
  
4. Where two or more organizations support each other to achieve a goal is referred to as
  - a. Collaboration
  - b. Networking
  - c. Coalition
  - d. Union
  
5. The process of statistically organizing data for the purpose of interpretation is
  - a. Data management
  - b. Data presentation
  - c. Data cleansing
  - d. Data entry
  
6. Indicate whether the following statements are TRUE (T) or FALSE (F) in the answer sheet provided
  - a. An interview guide is a set of questions administered to a group of people who have similar characteristics.
  - b. In problem prioritization, a problem that could lead to loss of life if not attended to is considered urgent.
  
7. The purpose of the study: -
  - a. Explains the question that needs to be answered
  - b. Explains an unsatisfactory condition for which a solution is sought
  - c. May predict something related to the problem's solution
  - d. Helps clarify the problem

8. Research that is purely driven by curiosity is
  - a. Applied research
  - b. Basic research
  - c. Scientific research
  - d. Evidence based research
  
9. Qualitative research that tries to understand the lived experiences of individuals or groups is
  - a. Ethnography
  - b. Phenomenology
  - c. Historical
  - d. Case study
  
10. Indicate whether the following statements are TRUE (T) or FALSE (F) in the answer sheet provided.
  - a. Validity is the degree to which an instrument measures what it is intended to measure
  - b. Population is the subset that is selected in a research study
  
11. When a learner is able to follow the sequence and efficiently perform a skill, the learner is said to be at:
  - a. Skill competency level
  - b. Skill acquisition level
  - c. Skill proficiency level
  - d. Skill mastery level
  
12. Activities for the development of the cognitive domain include;
  - a. Illustrated lecture, case study, brainstorming
  - b. Discussion, journaling, self-reflection
  - c. Simulation, illustrated lecture, role play
  - d. Behavior, modelling, discussion, case study
  
13. Use of persons trained to act as patients during clinical teaching is referred to as:
  - a. Patient case simulation
  - b. Human patient simulation
  - c. Mediated patient simulations
  - d. Humanistic approach simulation
  
14. Healthcare organization factors that affect staffing include;
  - a. Educational level of staff
  - b. Length of stay of patients
  - c. Staffing norms
  - d. Staffs' work experience

15. Medium term plans define: -
- Policy imperatives
  - Strategies for implementing policies
  - Interventions for strategies
  - Results for impact indicators
16. Decision making is best described as:
- The process used to solve problems
  - The process used to reflect on a certain situation
  - The process used to generate ideas
  - The process used to choose between alternatives
17. The element of directing whereby a manager guides and influences the work of employees in a desired direction is: -
- Supervision
  - Motivation
  - Leadership
  - Communication
18. Characteristics of an autocratic leader include:-
- Task oriented, empathetic, encourages enthusiasm
  - Encourages a collaborative spirit, people oriented, task oriented
  - Delegates very little, task oriented, gives direct and exact orders
  - Dominating and insistent, people oriented, encourage a collaborative spirit
19. Assembling a project team and assigning their responsibilities is done during:
- Initiation phase
  - Planning phase
  - Execution phase
  - Closure phase
20. The follow up phase of a project includes:
- Mobilization of resources
  - Measuring the ongoing project activities
  - Developing the budget
  - Writing the project report

## **SECTION II: SHORT ANSWER QUESTIONS (30 MARK)**

1. State five external factors that affects the health of a family (5 marks)
2. Explain three (3) reasons why advocacy is important (6 marks)
3. State four (4) sources of knowledge (4 marks)

4. Outline five (5) techniques for effective facilitation (5 marks)
5. State five (5) advantages of using slides during a training session (5 marks)
6. Outline the stages of team development. (5 Marks)

**SECTION C: LONG ANSWER QUESTIONS (20 MARKS)**

1. You are promoted to Deputy Reproductive Nurse in G county. Part of your job description involved resource management.
  - a. Outline four (4) basic principles of resource management. (4 Marks)
  - b. Outline Five (5) benefits of effective resource management. (5 Marks)
  - c. Describe the human resource components that you would use to employ nurses to be deployed in different facilities within G county. (11 Marks)