



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING & MIDWIFERY SCIENCES
END OF JANUARY-APRIL SEMESTER 2023 EXAMINATIONS**

BSM 317: POST ABORTION CARE

DATE: 14TH APRIL 2023

Duration: 2 HOURS

Start: 9:00 AM

Finish: 11:00 AM

INSTRUCTIONS

1. This exam is out of 70 marks
2. This Examination comprises **THREE** Sections. Section I: Multiple Choice Questions (20 marks) Section II: Short Answer Questions (30 marks) and Section III: Long Answer Questions (20 marks)
3. Answer **ALL** Questions.
4. Do Not write anything on the question paper -use the back of your booklet for rough work if need be.

SECTION I: MULTIPLE CHOICE QUESTIONS

(20 MARKS)

- Q1. The **primary** goal of post-abortion care is to: -
- a. Screen for sexually transmitted infections
 - b. Prevents future unintended pregnancies
 - c. Provide psychological support
 - d. Manage complications of abortion
- Q2. The non-pharmacological post abortion pain intervention is; -
- a. Ponstan
 - b. Paracervical block
 - c. Verbocaine
 - d. Anxiolytic
- Q3. The recommended contraindicated contraceptive method in client who had post abortion sepsis is: -
- a. Barrier methods
 - b. Combined oral contraceptive pills
 - c. Intrauterine contraceptive device
 - d. Implants
- Q4. Threatened abortion is characterized by: -
- a. Rhythmic uterine contractions, closed cervical OS, and mild per vaginal bleeding
 - b. Severe per vaginal bleeding, cervical dilatation, and strong rhythmic uterine contractions
 - c. Open cervical OS, abdominal discomfort, and mild per vaginal bleeding
 - d. Mild per vaginal bleeding, closed cervical OS, and mild lower abdominal pain
- Q5. The role of counselling in post-abortion care is to: -
- a. Provides and advocate for social support
 - b. Help individuals process their feelings and experiences related to the abortion
 - c. Provide education and resources related to contraception
 - d. prepare client for reproductive health screening
- Q6. A post abortion client is advised to abstain from sexual intercourse for: -
- a. One week
 - b. One month
 - c. Three months
 - d. Six months
- Q7. Confidentiality during post-abortion care is achieved by: -
- a. Only sharing information with individuals who have signed a consent form
 - b. Avoiding sharing client information, except in cases where reporting is required by law
 - c. Sharing information freely with anyone who requests it
 - d. Sharing client information with family members only

Q8. The **MOST** common source of post abortion infection is: -

- a. Unsafe abortion procedures
- b. Manual vacuum aspiration
- c. poor personal hygiene
- d. Low immunity

Q9. The most common complication of dilatation and curettage for uterine evacuation is: -

- a. Infection
- b. Uterine bleeding
- c. Cramping pain
- d. Uterine perforation

Q10. The recommended **oral** misoprostol dosage for post abortion care is: -

- a. 200mcg 3 hourly till complete expulsion
- b. 400mcg 3 hourly till complete expulsion
- c. 600mcg 3 hourly till complete expulsion
- d. 800mcg 3 hourly till complete expulsion

Q11. The common misconception about post-abortion care is: -

- a. Post-abortion care is only necessary after a surgical abortion
- b. Post-abortion care is only necessary for women who experience physical complications
- c. Post-abortion care is only necessary for women who experience emotional distress
- d. All of the above

Q12. Manual Vacuum aspiration is recommended for post abortion care when the uterine size is: -

- a) Less than 13 weeks
- b) Between six and 10 weeks only
- c) More than 14 weeks
- d) Between 14 and 20 weeks

Q13. A life-threatening complication of missed abortion is: -

- a) Amniotic fluid Embolism
- b) Post abortion sepsis
- c) Disseminated intravascular coagulopathy
- d) Uterine perforation

Q14. A post abortion client should change sanitary pad after every: -

- a. 1-2 hours
- b. 2-4 hours
- c. 4-6 hours
- d. 8-10 hours

Q15. High level disinfection of manual vacuum aspiration Kit is achieved by use of chemical solution for: -

- a. 5 minutes

- b. 10 minutes
- c. 15 minutes
- d. 20 minutes

Q16. Paracervical block is achieved by injecting 1% lidocaine at: -

- a) 3, 9, 12, 6 o'clock
- b) 2, 4, 8, 10 o'clock
- c) 1, 5, 7, 11 o'clock
- d) 4, 9, 11, 5 o'clock

Q17. Indicate whether the following statement are **TRUE** or **FALSE**: -

- a) Value clarification and attitude transformation results in provision of judgemental post abortion care
- b) Post abortion client can benefit from value clarification with regard to behaviour change

Q18. Indicate whether the following statement are **TRUE** or **FALSE**: -

- a) All post abortion clients are likely to experience long term mental health disorders
- b) Only clients who have experienced post abortion clients require counselling

Q19. Indicate whether the following statement are **TRUE** or **FALSE**: -

- a) Patient consensus should be obtained in post abortion care
- b) Kenyan laws allow both abortion and post abortion services

Q20. Indicate whether the following statement are **TRUE** or **FALSE**: -

- a) All post abortion clients should be given antibiotics
- b) All clients with traumatic post abortion should be referred in a facility with theatre

SECTION II: SHORT ANSWER QUESTIONS (30 MARKS)

- Q1. State five (5) causes of spontaneous abortion 5 marks
- Q2. Outline five (5) roles of the Community in post abortion care services 5 marks
- Q3. Highlight five (5) rights of a post abortion client 5 marks
- Q4. Using the acronym **DECIDE**, provide post abortion contraceptive counselling 6 marks
- Q5. State five (5) barriers to post abortion services 5 marks
- Q6. Outline four (4) other reproductive health services you can provide to a client seeking Post abortion services 4 marks

SECTION III: LONG ANSWER QUESTION – (20 MARKS)

- Q1. Madam P 32 years old is admitted in the gynaecology ward with a diagnosis of incomplete abortion at 10 weeks gestation;
- a) Outline four (4) clinical features Madam P may have presented with 4 marks
 - b) Describe management of Madam P 13 marks

c) Enumerate six (6) complications of incomplete abortion

3 marks

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