



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING & MIDWIFERY SCIENCES
KENYA REGISTERED COMMUNITY HEALTH NURSING
(UPGRADING PROGRAM)

COURSE CODE AND TITLE: DCHN 221 SPECIALISED AREAS IN NURSING

DATE: 19TH APRIL 2023

TIME: 2 Hours

Start: 11:00 AM

Finish: 1:00 PM

INSTRUCTIONS

- 1) This paper has three sections: Section A, Section B and Section C
- 2) Answer **ALL** questions in Section A and Section B and C
- 3) Use the University examination booklets provided
- 4) **Do Not Write On the Question Paper**

SECTION A: MULTIPLE CHOICE QUESTIONS (20 MARKS)

1. The following are Bipolar disorders: -
 - A. Major depression and Cyclothymia
 - B. Cyclothymia and dysthymia
 - C. Hypomania and major depression
 - D. Cyclothymia and mania

2. Panic disorders present with: -
 - A. Abrupt dyspnoea that peaks at 30min
 - B. Intense irrational fear of objects
 - C. Persistent intrusive ideas
 - D. Agoraphobia with at least one month of sustained fear

3. Affect is based on: -
 - A. Individual's manner of perceiving the world
 - B. Observers' evaluation of visible signs of emotion
 - C. Patient's description of her feelings
 - D. Patient's level of cognitive functioning

4. In schizoid personality disorder there is: -
 - A. A pervasive pattern of social detachment and restricted affect
 - B. Instability of interpersonal relationships
 - C. Excessive emotionality and attention seeking
 - D. Grandiosity and excessive need for admiration

5. In reference to structural concepts of the mind, Id: -
 - A. Exists in the past
 - B. Operates on anhedonia principle
 - C. Exists only in the present
 - D. Uses rational thinking

6. The principle of management where workers take up additional work activity undertaken through self-direction is: -
 - A. Initiative
 - B. Scalar chain
 - C. Espirit de corps
 - D. Unity of direction

7. Health care organization factors that affect staffing include: -
 - A. Staffing norms
 - B. Educational level of staff
 - C. Length of stay of patients
 - D. Staff's work experience

8. A formal team composed of manager and his or her subordinates in the organization's chain of command is referred to as: -
 - A. Committee team
 - B. Horizontal team
 - C. Vertical team
 - D. Virtual team

9. The governance practice that involves developing a collective vision of the "ideal state" of a priority health area and a process for reaching it is: -
 - A. Cultivating accountability
 - B. Engaging stakeholders
 - C. Setting a strategic direction
 - D. Stewarding resources

10. In the decision-making process, setting the criteria involves: -
 - A. Asking yourself why a decision is necessary, what needs to be determined
 - B. Listing possible causes of action and identifying an alternative that is more significant than the other
 - C. Ask yourself what needs to be achieved, preserved and avoided by the decision made
 - D. Ranking alternatives on a scale of 1 to 10

11. One of the following is a suitable method of teaching: -
 - A. Seminar and dictation
 - B. Seminar and project
 - C. Lecture and dictation
 - D. Dictation and assignment

12. One of the following teaching method is about finding the most appropriate way to achieve the learning objective: -
 - A. Lecture method
 - B. Project method
 - C. Role play method
 - D. Problem solving method

13. An advantage of role plays during teaching: -
- A. Saves time
 - B. Teacher has full control
 - C. Promotes empathy
 - D. Frees facilitators time
14. The degree to which the student must perform the behavior comprises describes which part of a learning objective: -
- A. The Condition
 - B. Act of performance
 - C. Action verb
 - D. Criterion
15. Stimulus variation skills of a teacher during a teaching session include: -
- A. Greeting the learners
 - B. Stating the objectives of the teaching session
 - C. Engaging the students in buzz groups
 - D. Summarizing the session by asking learners questions
16. Mrs. A is declared the nurse of the year 2022 and is given a promotion. Such a promotion is an example of: -
- A. Informal sanction
 - B. Folkway ceremony
 - C. Formal sanction
 - D. Positive more
17. Mrs. X is highly regarded in her village for being the first lawyer in her community, this is an example of: -
- A. Social stratification
 - B. Ascribed status
 - C. Achieved status
 - D. Social role
18. Individuals who are in occupations that conflict with ascribed status are likely to experience: -
- A. Role strain
 - B. Role exit
 - C. Role conflict
 - D. Role confusion

19. Cultural ethnocentrism refers to: -
- A. Similarity between two or more cultures
 - B. Disregard of specific cultural traits based on yours
 - C. Assimilation of desirable cultural traits
 - D. Tolerance of some cultures even if they are wrong
20. Kenya's Vision 2030 is an example of: -
- A. Operational Plan
 - B. Strategic plan
 - C. Policy direction plan
 - D. Visionary plan

SECTION B: SHORT ANSWER QUESTIONS (30 MARKS)

1. Outline five specific interventions for a child with Attention Deficit Hyperactivity Disorder (5 marks)
2. State five (5) functions of management utilized in the delivery of nursing care services at the hospital (5 marks)
3. Highlight five (5) situations where autocratic leadership style can be used (5 marks)
4. Outline five (5) factors a teacher should consider when choosing a teaching methods. (5 Marks)
5. State five (5) benefits of a lesson plan. (5 Marks)
6. Explain five (5) cultural beliefs that may affect health (5 marks)

SECTION C: LONG ANSWER QUESTION (20 MARKS)

1. Mr. T 45 years old is admitted in a psychiatric unit with a diagnosis of schizophrenia.
 - a. Outline five (5) clinical features Mr. T may have presented with according to DSMV (5 marks)
 - b. State three (3) nursing diagnosis for Mr. T (3 marks)
 - c. Describe the management of Mr. T. for the first two weeks (12 marks)