

# AMREF INTERNATIONAL UNIVERSITY SCHOOL OF MEDICAL SCIENCES DEPARTMENT OF NURSING AND MIDWIFERY SCIENCES KENYA REGISTERED COMMUNITY HEALTH NURSING END OF SEMESTER EXAMINATIONS APRIL 2023

DNS 311: COMMUNITY HEALTH II DATE: TUESDAY 11<sup>TH</sup> APRIL 2023

TIME: 2 Hours Start: 1115 HOURS Finish: 1315 HOURS

### **INSTRUCTIONS**

1. This exam will be marked out of 70 Marks

**2.** ALL Questions are compulsory.

- **3.** The Examination has Three Sections: Section I- Multiple Choice Questions, Section II: Short Answer Questions, Section III: Long Essay Questions
- 4. Answer all Questions in the ANSWER BOOKLET provided
- 5. Do Not write anything on the question paper -use the back of your booklet for rough work if need be.

## **SECTION ONE: MULTIPLE CHOICE QUESTIONS (20 MARKS)**

- 1. The following is true of community health strategy:
  - a. Community health Committee is comprised of 6-8 people.
  - b. The Community Health Assistant reports to the Community Health Officer.
  - c. The Community Health Committee oversees the activities of the Community Unit
  - d. A Community Unit is composed of 1,000 people
- 2. The capacity of individuals, groups and communities to make independent decisions is:
  - a. Self-Determinism
  - b. Self-Competency
  - c. Cultural-Competency
  - d. Cultural-Determinism.
- 3. In disaster management, during triage, a patient is reported to have a GCS of 3 with no pulse activity or respiratory effort is tagged as:
  - a. Red
  - b. Yellow.
  - c. Green.
  - d. Black.
- 4. The Community Health Officer (CHO)is:
  - a. An employee of the community
  - b. The chairman of the Community Health Committee (CHC)
  - c. Trained by the Community Health Committee
  - d. An employee of the County government.
- 5. Dispensaries, clinics and health centers form:
  - a. Community level services.
  - b. Primary care services.
  - c. Level 3 facilities.
  - d. Tier 4 facilities

- 6. When the community has to spend long hours walking to a health facility, the facility is said to lack:
  - a. Availability.
  - b. Access.
  - c. Adequacy.
  - d. Affordability
- 7. A Primary Health Care element that addresses morbidity and mortality in a community is:
  - a. Education
  - b. Local disease control
  - c. EPI
  - d. MCH/FP
- 8. A learning disorder characterized by inability to write is:
  - a. Dyslexia
  - b. Dysgraphia
  - c. Dyscalculia
  - d. Dyspraxia
- 9. During health education, individual approach involves:
  - a. TV, Newspapers.
  - b. Lectures, group discussions.
  - c. Personal phone calls, home visit.
  - d. Focused group discussions, role play
- 10. The occurrence of a particular disease in population at constant rates is referred to as :
  - a. Incidence.
  - b. Prevalence.
  - c. Pandemic.
  - d. Endemic.

- 11. The school health committee is made up of :
  - a. Teachers, Community health nurse, the church members
  - b. County health nurse, Community formal and informal leaders, Parents
  - c. Teachers, students, Community health nurse, community health worker
  - d. Teachers, Community formal and informal leaders, Community health nurse
- 12. A loss or abnormality of psychological, physiological or anatomical structure or function is:
  - a. Disability
  - b. Handicap
  - c. Impairment
  - d. Disease.
- 13. Primary Health Care (PHC) services that lead to catastrophic health expenditure lack:
  - a. Acceptability
  - b. Affordability.
  - c. Availability.
  - d. Accessibility
- 14. Which of the following demonstrates inter-sectoral linkages:
  - a. Two-way referral system
  - b. Cooperation between Community Health Nurse and public school teacher
  - c. Team approach
  - d. Endorsement done by a midwife to another midwife
- 15. Indicate whether True or False
  - a. A Community Health Volnteer must be a member of the community
  - b. A Community Health Volunteer must pass the integrity test
- 16. When more health resources are sent to the most deserving members of the population, the goal is to achieve:
  - a. Equality.
  - b. Equity.
  - c. Justice.
  - d. Universal health coverage.

- 17. Records included in a school health report include:
  - a. Schools covered, number of teachers, activities carried out, disease outbreaks at the schools.
  - b. Schools covered, pupils treated, activities carried out, health messages shared
  - c. Activities carried out, health achievements by the school, health messages shared, number of visits by education officials.
  - d. Pupils referred, type of ailments treated, activities carried out, number of teachers.

18. The nee	eds of children are guaranteed by chapt	ter of Kenya's	Constitution.
a.	43		
b.	53		
c.	1		

- 19. A Mass-casualty incident is declared when:
  - a. Many patients are brought to the emergency unit.
  - b. The number of patients overwhelm available resources.
  - c. The severity of injuries is manageable within available resources.
  - d. The facility is required to recall staff of off duty to help manage the situation.
- 20. A disaster that can be contained using resources readily available in a community is categorized as level:
  - a. 1

d. 42

- b. 2
- c. 3
- d. 4

### SECTION TWO: SHORT ANSWER (30 MARKS)

- 1. Outline the pillars of Primary Health Care (7 Marks)
- 2. State Five (5) ethical principles applicable in Community diagnosis (5 Marks)
- 3. Highlight eight (8) common problems experienced by the elderly in the community (8 Marks)
- 4. State Five (5) nursing interventions at a community level in preventing impaired hearing (5 Marks)
- 5. Outline six (6) objectives of school health (6 Marks)

# **SECTION THREE: LONG ANSWER QUESTIONS (20 MARKS)**

- 1. Disasters are common in Kenya and pose a great danger to the attainment of the country's economic prosperity.
  - a. Define the terms
    - i. Emergency (1 Mark)
    - ii. Multiple casualty incident (1 Mark)
    - iii. Mass casualty incident (1 Mark)
  - b. Outline the elements of disaster management (10 Mark)
  - c. Outline seven (7) goals of triage (7 Marks)

