

031306T4PSY

Counselling psychology Level 5

PSY/OS/CO/CR/03/5

Provide Psychological First Aid Services

July /August 2023 Series



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICAL ASSESSMENT

INSTRUCTIONS TO CANDIDATE

1. You have ONE hour to perform the tasks.
2. In this practical assessment, you are required to perform the following tasks:

Task 1: Prepare to provide PFA counselling.

Task 2: Provide PFA counselling

Task 3: Evaluate PFA counselling

Task 4: Terminate PFA counselling

3. The following resources will be provided to the trainee:
 - a) Counselling venue
 - b) 3 similar seats
 - c) Small table /stool
 - d) Counselling tools
 - e) Counselling forms i.e., Consent form, referral forms, bio data forms, intake form

- f) Box of soft tissues
- g) Assessment tools;
 - Depression inventory
 - Suicide checklist
 - Anxiety inventory
 - Stress inventory
 - Self-esteem scale
 - PTSD inventory