

031306T4PSY

COUNSELLING PSYCHOLOGY LEVEL 5

PSY/OS/CO/CR/03/5

Provide Psychological First Aid Services

July /August 2023 Series



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICAL ASSESSMENT

INSTRUCTIONS TO THE PERSONS ACTING AS THE CLIENT

1. Rehearse the following excerpt which captures the content of what you will present to the counselor in a simulated situation where you act as a client.
2. You have **15 MINUTES** to rehearse.

EXCERPT

Ken is a 40-year-old male who has recently lost work. He had worked as a soldier for twenty years and had been rated twice as an outstanding soldier. Despite their good reputation at work, Ken has severe marital issues. He is also frustrated that his terminal benefits have been delayed without a clear explanation. Three weeks ago, a childhood friend died in a road accident. He could not fathom why all these things were happening to him. Currently, he is unable to eat and is struggling with sleep. His friends have noted that he is withdrawn. He acknowledges this observation but says he does not know what to do. He is unable to move forward and has no answers to his situation.