



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF HEALTH PSYCHOLOGY
ADVANCED DIPLOMA IN MENTAL HEALTH PRACTICE
END OF SEMESTER EXAMINATIONS
AUGUST 2023**

SPECIAL/SUPPLEMENTARY EXAMS

**COURSE CODE AND TITLE: ADAMH108 MENTAL HEALTH AWARENESS,
ADVOCACY & LOBBYING.**

DATE: 3rd August 2023

TIME: 2 Hours Start: 0900 Hours Finish: 1100 Hours

INSTRUCTIONS

- 1. This exam will be marked out of 60 Marks**
- 2. This Exam has TWO Sections. Section A: Short Answer Question, Section B: Long Answer Questions.**
- 3. Answer ALL Questions in the Answer booklet provided**

SECTION A: SHORT ANSWER QUESTIONS**(20 MARKS)**

1. Define the following terms: -
 - a) Advocate (2 marks)
 - b) Stigma (2 marks)
2. State two advantages of collaboration in advocacy: - (2 marks)
3. State three levels of advocacy: (3 marks)
4. Outline three key elements in a message: (3 marks)
5. Highlight three approaches to advocacy: (3 marks)
6. Mention three aims for mental health advocacy in day-to-day practice: (3marks)
7. Explain two points on the importance of planning in advocacy: (2 marks)

SECTION B: LONG EASY QUESTIONS**(40 MARKS)**

1. Examine 5 barriers to mental health. (10 marks)
2. Use a problem tree technique to analyze substance use disorder (10 marks)
3. Discuss three advocacy strategies (6 marks)
4. Explain three ways of combating stigma associated with mental health. (6 marks)
5. Analyze ways in which culture impacts psychopathology (8 marks)