



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING & MIDWIFERY SCIENCES
END OF SEMESTER JULY/AUGUST 2023 EXAMINATIONS**

**COURSE CODE AND TITLE: DCHN 221 SPECIALISED AREAS IN NURSING
DATE: 11TH AUGUST 2023**

Duration: 2 HOURS

Start: 0900 HRS

Finish: 1100 HRS

INSTRUCTIONS

- 1.** This exam is out of 70 marks
- 2.** This Examination comprises **THREE** Sections. Section I: Multiple Choice Questions (20 marks) Section II: Short Answer Questions (30 marks) and Section III: Long Answer Questions (20 marks)
- 3.** Answer **ALL** Questions.
- 4.** Do Not write anything on the question paper -use the back of your booklet for rough work if need be.

SECTION I: MULTIPLE CHOICE QUESTIONS

(20 Marks)

1. Empowerment involves: -
 - A. Reducing the responsibilities of workers.
 - B. Supervising the workers
 - C. Increasing the workers' salary
 - D. Supporting and allowing workers to accomplish tasks

2. Performance appraisal should accurately reflect the employee's actual: -
 - A. Leave days
 - B. Good conduct report
 - C. Job performance
 - D. Salary increment

3. According to Herzberg's 'two factor theory' a hygiene factor: -
 - A. Motivates the employees
 - B. Recognize staffs for accomplishment
 - C. Contributes to job dissatisfaction when absent
 - D. Involves performing challenging work

4. Authority is referred to as: -
 - A. The right to reject orders given by the management if such orders are harmful to the organization
 - B. The right to delegate tasks and responsibility
 - C. The right to give orders and expect others to adhere to them but retain responsibility for the actions ordered
 - D. The right to give orders and expect others to also share in the responsibility for the actions

5. A flat affect is associated with: -
 - A. Schizophrenia,
 - B. Mania
 - C. Personality disorders.
 - D. Conversion disorder

6. Type of personality disorder characterized by always having to be the center of attention
 - A. Borderline
 - B. Antisocial
 - C. Paranoid
 - D. Histrionic

7. A psychiatric nurse asks a patient, "Do any thoughts keep coming into your mind even though you try hard to stop them?" is probably assessing for: -
- A. Obsession
 - B. Blocking
 - C. Broadcasting
 - D. Thought insertion
8. Delusions of nihilism and early morning insomnia are seen in: -
- A. Schizophrenia
 - B. Major depression
 - C. Mania
 - D. Personality disorder
9. Ethnocentrism is defined as: -
- A. A situation where an individual is ethnic-centred and accommodates others.
 - B. A person considers his culture to be superior and other cultures to be inferior.
 - C. One doesn't use his culture to judge what others are doing
 - D. One values others and his culture
10. Enculturation is also considered as:-
- A. The process of learning culture and socialization.
 - B. The process of learning culture and civilization.
 - C. The process of learning culture and assimilation.
 - D. The process of learning culture and democracy.
11. Socialization aims at: -
- A. Check inequality
 - B. Ranking members of the society
 - C. Distributing roles
 - D. Developing the capacity for independent thought and action
12. Bases of social structures include: -
- A. Sex, age, and education
 - B. Gender, age, and relatives
 - C. Kinship, religion, and wealth
 - D. Age, social groups, and friends

13. Characteristics of a family include: -
- A. Universality, emotional basis, limited size
 - B. Formative influence, shared functions, social deregulation
 - C. Responsibility of the members, family structure, not all families go through a life cycle.
 - D. Social deregulation and summative influence
14. A method of discussion where a teacher poses a question then allows students to discuss in pairs, then pairs join to make larger groups is known as:-
- A. Brainstorming session.
 - B. Syndicate discussion.
 - C. Panel discussion.
 - D. Snowball discussion.
15. Formative evaluation deals with evaluating learner's: -
- A. Achievement of competence.
 - B. Progress towards demonstrating competency.
 - C. Level of development of appropriate attitudes.
 - D. Level of development of independence.
16. . Non-projected learning aids for health workers include: -
- A. Flip charts, overhead projector, chalk board.
 - B. Chalk board, posters, handouts
 - C. Films, flannel boards, slides.
 - D. Video cassettes, posters, real objects.
17. Oral examinations have low reliability because: -
- A. The examiners usually have bias and variation in scoring.
 - B. The students are not assessed on what they will do in the field.
 - C. Only a small percentage of the candidate's knowledge can be assessed.
 - D. It is suitable for un-educated candidates.
18. . Elements of a lesson plan include: -
- A. Topic, time, questions, feedback.
 - B. Lecture, time, demonstration, teaching aid.
 - C. Topic, time, venue, teaching method.
 - D. Teaching method, teaching aid, lecture, time.
19. According to Jean Piaget, the factor that plays an important role in influencing development is: -
- A. Reinforcement
 - B. Language
 - C. Experience with physical world
 - D. Imitation

20. The use of previous learned material in a new situation is called: -
- a) Comprehension
 - b) Application
 - c) Synthesis
 - d) Knowledge

SECTION II: SHORT ANSWER QUESTIONS **(30 MARKS)**

1. State four (4) qualities of a leader you would demonstrate as a ward in-charge. (4 marks)
2. State four (4) steps of delegating a task to junior staff at your workstation. (4marks)
3. Outline four (4) risk factors of suicide. (4 marks)
4. State four (4) factors that Influence Attitudes towards Mental Health and Mental Illness.
.. (4 marks)
5. State six (6) characteristics of culture (6 marks)
6. State six (6) stages of negotiation (6 marks)
7. List four (4) factors that promote upward social mobility (2 marks)

SECTION III: LONG ANSWER QUESTION **(20 MARKS)**

1. Mrs. K is admitted into a Psychiatric unit where you are working and a diagnosis of Paranoid Schizophrenia is made.
 - a) State four (4) Schneider's first rank symptoms that could have assisted in making the diagnosis. (4 marks)
 - b) Explain three (3) types of Schizophrenia. (6 marks)
 - c) Describe the management of Mrs. K from admission till discharge (10 marks)