



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING & MIDWIFERY SCIENCES
DIPLOMA IN KENYA REGISTERED COMMUNITY HEALTH NURSING
SUPPLEMENTARY/SPECIAL EXAMINATION**

**COURSE CODE AND TITLE: DNS 115 INTRODUCTION TO PSYCHOLOGY
GROWTH AND DEVELOPMENT**

DATE: 3RD AUGUST 2023

TIME: 2 HOURS Start: 9:00 A.M. Finish: 11:00 A.M.

INSTRUCTIONS

- 1. This exam will be marked out of 70 Marks**
- 2. This Examination comprises THREE Sections. Section I: Multiple Choice Questions, Section II: Short Answer Questions and Section C: Long Answer Questions**
- 3. All questions are compulsory.**
- 4. Answer ALL Questions in the Answer booklet provided**

SECTION I: MULTIPLE CHOICE QUESTIONS

(10 MARKS)

1. Events that can easily be brought to memory are stored in the:-
 - a. Conscious mind
 - b. Pre-conscious mind
 - c. Unconscious mind
 - d. Working memory
2. Superego is:-
 - a. Innate, rational
 - b. Infantile, realistic
 - c. Primitive, instinctive
 - d. Moralistic, socialized
3. Oral fixation may be caused by:-
 - a. Smoking, overfeeding
 - b. Exclusive breastfeeding, late weaning
 - c. Forced feeding, early weaning
 - d. Food deprivation, sucking fingers
4. Anal retentive personalities tend to be:-
 - a. Messy, obedient
 - b. Punctual, obsessively tidy
 - c. Wasteful, rebellious
 - d. Disorganized, mean
5. The concept of conservation in cognitive development is ideally attained during:
 - a. Sensorimotor stage
 - b. Concrete operational stage
 - c. Formal operational stage
 - d. Pre-operational stage

6. According to Freud's structural model of personality the id:-
 - a. Bases its desires on reality
 - b. Contains innate aggressive instincts
 - c. Is located in the unconscious
 - d. Is replaced by ego as one grows up

7. Classical conditioning is concerned with:-
 - a. Learning through association
 - b. Learning through reinforcement
 - c. Vicarious learning
 - d. Observational learning

8. The psychologist associated with operant conditioning is:-
 - a. Freud
 - b. Skinner
 - c. Pavlov
 - d. Piaget

9. The correct order of the stages of cognitive development according to Jean Piaget is:-
 - a. Preoperational, concrete operational, formal operational, sensorimotor
 - b. Sensorimotor, Preoperational, formal operational, concrete operational
 - c. Concrete operational, preoperational, formal operational, sensorimotor
 - d. Sensorimotor, preoperational, concrete operational, formal operational

10. The role of conscience is to:-
 - a. Make decisions
 - b. Punish the ID
 - c. Punish the ego
 - d. Defer gratification

SECTION II: SHORT ANSWER QUESTIONS**(40 MARKS)**

1. State (4) practical instances where classical conditioning is used in the care of patients (4 Marks)
2. State five (5) developmental tasks expected of a child in stage 2 of Psychosocial (5 Marks)
3. State five (5) benefits of studying psychology to the professional nurse (5 Marks)
4. State three (3) differences between the ID and the ego (3 Marks)
5. State five (5) characteristics of the latency stage of psychosexual development (5 Marks)
6. Outline five (5) roles of the parent/ guardian in the successful completion of the initiative Vs. guilt stage (5 Marks)
7. With an example in each, outline the first four (4) levels of needs according to Abraham Maslow (4 Marks)
8. State three(3) roles of motivation to a nurse (3 Marks)
9. Explain the following defense mechanisms (6 Marks)
 - i. Compensation
 - ii. Rationalization
 - iii. Reaction formation

SECTION III: LONG ANSWER QUESTIONS**(20 MARKS)**

1. Stress is a common occurrence in the nursing profession.
 - a. Outline six (6) causes of stress among professional nurses (6 Marks)
 - b. Describe any five (5) stress coping mechanisms that nurses can use (10 Marks)
 - c. Outline any four (4) behavioral effects of stress (4 Marks)