

# AMREF INTERNATIONAL UNIVERSITY SCHOOL OF MEDICAL SCIENCES DEPARTMENT OF NURSING AND MIDWIFERY SCEINCES DIPLOMA IN KENYA REGISTERED COMMUNITY HEALTH NURSING END OF SEMESTER EXAMINATIONS AUGUST 2023

### COURSE CODE AND TITLE: DNS 221 PEDIATRIC NURSING AND IMCI

DATE: 7<sup>th</sup> August 2023

**TIME:** 2Hours **Start:** 2:00 PM **Stop:** 4:00 PM

### **INSTRUCTIONS**

- 1. This examination will be marked out of 70Marks
- 2. This examination comprises THREE Sections Section I: Multiple Choice Questions, Section II: Short Answer Questions and Section III: Long Answer Questions
- 3. All questions are compulsory.
- 4. Answer ALL questions in the Answer Booklet provided

#### SECTION I: MULTIPLE CHOICE QUESTIONS

- 1. Factors that increase the risk of respiratory infections in children include the following **except**: -
  - A. Smaller airway diameter
  - B. Shorter distances between structures of the airway
  - C. Long open Eustachian tubes
  - D. Large size of tongue and tonsils
- 2. According the the pediatric ETAT Triage protocol, the following are priority cases EXCEPT: -
  - A. Respiratory distress
  - B. Tiny baby
  - C. Pallor
  - D. Convulsions
- 3. The priority intervention for a child with acute diarrhea and moderate dehydration is: -
  - A. Administer dextrose 10%
  - B. Adsorbents, such as kaolin and pectin
  - C. Oral rehydration solution (ORS)
  - D. Anti-diarrheal medications
- 4. A baby born with a cleft lip will have compromised: -
  - A. Gastrointestinal function
  - B. Locomotion
  - C. Sucking ability
  - D. Respiratory status
- 5. The following would provide the LEAST valuable information when evaluating a child for possible intussusceptions: -
  - A. Recent history of upper respiratory tract infection
  - B. Family history
  - C. Pain pattern
  - D. Stool inspection
- 6. A clinical sign likely to be noted in a child with pyloric stenosis is: -
  - A. Currant jelly like stools
  - B. Regurgitation
  - C. Steatorrhea
  - D. Projectile vomiting

- 7. Failure to pass meconium within the first 24 hours of life in a neonate is indicative of likely: -
  - A. Celiac disease
  - B. Intussusception
  - C. Hirschsprung's disease
  - D. Abdominal-wall defect
- 8. The pathogen that frequently causes acute diarrhea in young children is: -
  - A. Entamoeba Histolytica
  - B. Shigella
  - C. Rotavirus
  - D. Salmonella Typhii
- 9. The diet of a child with celiac disease should include: -
  - A. Rice
  - B. Bread
  - C. Biscuits
  - D. Spaghetti
- 10. A nursing measure to be instituted when caring for a child with hemophilia include: -
  - A. Administration of rectal suppositories
  - B. Administering aspirin for pain
  - C. Administer carbonated drinks
  - D. Minimize invasive procedures
- 11. When a guardian's faith contradicts a clinical therapeutic intervention necessary for a minor under their care, the pediatric nurse is aware that:
  - A. Procedures to initiate legal interventions to act in the best interest of the health of the child are required.
  - B. The guardian will be required to sign the -Against medical advice forms to document refusal of treatment and treatment thereby withheld.
  - C. The child is allowed to consent to the procedures independently
  - D. The clinical team will organize to administer the intervention covertly without the knowledge of the parent
- 12. The stage of HIV infection characterized by persistent oral Candidiasis after the first 6 weeks of life is: -
  - A. Clinical stage 1
  - B. Clinical stage 2
  - C. Clinical stage 3
  - D. Clinical stage 4

- 13. The complication associated with unmanaged phenylketonuria (PKU) is: -
  - A. Obesity.
  - B. Diabetes insipidus.
  - C. Respiratory distress.
  - D. Mental retardation
- 14. The priority nursing diagnostic label for a child experiencing nausea and vomiting is: -
  - A. Fluid and Electrolyte Imbalance
  - B. Nutrition Imbalance; less than body requirements
  - C. Impaired Skin Integrity
  - D. Body Image Disturbance
- 15. The three main pathophysiological consequences of leukemia include: -
  - A. Bone deformities, spherocytosis, and infection.
  - B. Anemia, increased risk of infection, and bleeding tendencies
  - C. Lymphocytopoiesis, growth delays, and hirsutism
  - D. Polycythemia decreased clotting time, and infection.
- 16. The priority nursing diagnosis for a child with acute lymphocytic leukaemia is: -
  - A. Imbalanced nutrition; less than body requirement
  - B. Fatigue
  - C. Risk for injury
  - D. Risk for infection
- 17. A danger sign in the integrated management of childhood illnesses (IMCI) includes: -
  - A. Rapid breathing
  - B. Diarrhea
  - C. Ear pain
  - D. A child vomiting everything
- 18. The action contraindicated during the physical assessment of a child with Wilm's tumor is: -
  - A. Measuring the child's chest circumference
  - B. Palpating the child's abdomen
  - C. Placing the child in an upright position
  - D. Measuring the child's occipitofrontal circumference
- **19.** A critical pre-treatment intervention for all pediatric patients scheduled for cancer chemotherapy, includes: -
  - A. Rehydration
  - B. Administration of steroids
  - C. Administration of analgesics
  - D. Administration of allopurinol

- 20. The skin condition associated with rheumatic heart disease in children is :-
  - A. Impetigo
  - B. Varicella zooster
  - C. Scabies
  - D. Herpes simplex

### **SECTION II: SHORT ANSWER QUESTIONS**

#### (30 MARKS)

- 1. With the use of practical examples, describe the following principles of paediatric nursing practice. (6 Marks)
  - i. Family centered care
  - ii. Atraumatic care
- 2. List any four (4) clinical parameters useful in the classification of dehydration of in children (2Marks)
- 3. List the four (4) components of Tetrallogy of fallot (2 Marks)
- 4. Outline five (5) specific nursing interventions in the management of a child admitted with severe bacterial meningitis (5 Marks)
- 5. Outline five (5) specific interventions for a child with vaso-occlusive crisis in sickle cell disease (5 Marks)
- 6. Describe the SPECIFIC nursing management of a child on skeletal traction (5 Marks)
- 7. Describe the SPECIFIC nursing management of a child with severe pneumonia (5 Marks)

## SECTION III: LONG ANSWER QUESTIONS (20 MARKS)

- 1. Master M,3 year-old child is admitted in pediatric ward with a diagnosis of Severe acute malnutrition.
  - a. List six (6) clinical features of sever acute malnutrition that Master M is likely to present with (3 Marks)
  - b. Outline Five (5) actual nursing diagnosis applicable for Master M (5 Marks)
  - c. Using the TEN step approach to management of Severe Acute Malnutrition, describe the management of Master M from admission to discharge. (12 Marks)