



AMREF INTERNATIONAL UNIVERSITY

SCHOOL OF MEDICAL SCIENCES

DEPARTMENT OF NURSING AND MIDWIFERY SCIENCES

BACHELOR OF SCIENCE IN NURSING

END OF SEMESTER EXAMINATIONS, AUGUST 2023

COURSE CODE AND TITLE: BSN 111 FUNDAMENTALS OF NURSING I

DATE: 31ST JULY 2023

TIME: 2 Hours

Start: 9:00 A.M.

Finish: 11:00 A.M.

INSTRUCTIONS

- 1) This paper has three sections: Section I, Section II and Section III
- 2) Answer **ALL** questions in Section I and Section II and III
- 3) Use the University examination booklets provided
- 4) Re-writing the questions on your answer sheet is unnecessary

SECTION I: MULTIPLE CHOICE QUESTIONS

(20 MARKS)

1. The definition of nursing as “The protection, promotion and optimisation of health and abilities, prevention of illness and injury, alleviation of suffering through the diagnosis and treatment of human response and advocacy in the care of clients” is attributed to:-
 - A. Florence Nightingale
 - B. Virginia Henderson
 - C. American Nurses Association
 - D. International Council of Nurses

2. The concept of utilizing the environment of the patient to assist him in his recovery is attributed to:-
 - A. Virginia Henderson
 - B. Florence Nightingale
 - C. Dorothea Orem
 - D. American Nurses Association

3. The definition of nursing that emphasized the role of the nurse in promoting patient independence is attributed to:-
 - A. Florence Nightingale
 - B. Virginia Henderson
 - C. American Nurses Association
 - D. International Council of Nurses

4. In the scope of nursing practice, activities constituting prevention of illness include:
 - A. Administering medication to a patient with heart failure.
 - B. Administering antimalarial prophylaxis to a person travelling to a malaria endemic zone
 - C. Conducting a pap smear for a client with suspected cervical cancer
 - D. Physiotherapy to help a patient cope with arthritis.

5. Application of theoretical knowledge to interpret and utilize of diagnostic tests in management of clients is constitutes the :-
 - A. Art of nursing
 - B. Science of nursing
 - C. Empathy of nursing
 - D. Caring in nursing

6. Nursing in early civilizations:-
 - A. Was highly scientific
 - B. Comprised of mothers caring for the sick and elderly in the home
 - C. Was a done Christian nuns and deaconesses in convents
 - D. Was performed by women who committed crimes in lieu of serving jail sentences.

7. The historical events that significantly contributed to the regression of advances made in the progression of nursing towards its professionalization include:-
 - A. The protestant movement and the renaissance
 - B. The crusades and global warming
 - C. The influence of Florence nightingale
 - D. The First and second world wars

8. In the scope of nursing practice, health education on exercise and appropriate sleep comprises:-
 - A. Preventing illness
 - B. Promoting Health and wellness
 - C. Recovering health
 - D. Care of the dying

9. The influence of religion in professional nursing today is evidenced by;-
 - A. Devotion to duty and hard work without supervision
 - B. Application of scientific principles in nursing practice
 - C. The rank order in seniority of nurses within the profession
 - D. The requirement for nurses to have a strong spiritual calling

10. The theory of caring that proposes that Caring involves the 5 processes of knowing, being with, doing for, enabling, and maintaining belief was proposed by:-
 - A. Benner
 - B. Watson
 - C. Leininger
 - D. Swanson

11. The role of the nurse evident when a nurse withholds and questions a medical intervention ordered for a patient whose belief system contradicts the use of that intervention is:-
 - A. Change agent
 - B. Client advocate
 - C. Case manager
 - D. Collaborator

12. A nurse working as cohesive part of the health care team to ensure optimal outcomes for clients under their care is acting in the role of a:-
- A. Change agent
 - B. Client advocate
 - C. Case manager
 - D. Collaborator
13. The model of nursing care appropriate for health care facilities where nursing students train is:-
- A. Total patient care
 - B. Team nursing
 - C. Primary Nursing
 - D. Case management
14. The nursing care model best suited in situations in which there are many patients but few nurses is:-
- A. Functional nursing
 - B. Team nursing
 - C. Primary nursing
 - D. Total patient care
15. According to parson's sick role theory:-
- A. The sick person has a right to be exempted from their normal roles
 - B. The sick person has a duty to ensure their normal roles are accomplished
 - C. The sick person has a duty to pay for their health care
 - D. The sick person is to be blamed for their illness
16. The 'dark period' in the history of nursing was characterized by:-
- A. Nursing being highly organized through establishments affiliated to the church
 - B. The beginnings of professionalization of nursing and emergence of the first nursing schools.
 - C. Nursing care being provided in squalid conditions by women of questionable character
 - D. Men beginning to join nursing.
17. Key historical events that have contributed to advancement of the nursing profession include:-
- A. Women's suffrage, wars, Christianity
 - B. Wars, The renaissance, medical practice
 - C. Affiliation of Nursing to medicine, Apprenticeship model of nursing , Christianity
 - D. Protestant movement, Agrarian revolution , The crusades

18. An outcome of world war I that positively influenced the professional journey of nursing include:-
- The role of a nurse as a doctor's assistant become evident
 - More men entered the profession of nursing
 - There was a more liberal societal attitude to women entering the workforce
 - Military rank and structures of seniority adopted into the profession of nursing
19. A recipient of nursing care who is a collaborator in their care and responsible for their health is referred to as a :-
- Client
 - Patient
 - Consumer
 - Individual
20. Barriers to autonomy in the nursing profession include:-
- Advances in health care knowledge technologies
 - Uniform level of entry into the profession of nursing
 - Existence of professional regulatory bodies
 - Historical genderization of nursing in a patriarchal social setup

SECTION II: SHORT ANSWER QUESTIONS (30 MARKS)

- Outline five (5) characteristics of NURSING that make it a profession (5 Marks)
- Outline any five (5) current trends that influence healthcare and nursing practice (5 Marks)
- Describe the first four(4) steps of the nursing process (8 Marks)
- Describe the role of any (3) historical events that played a significant role in professionalization of nursing (6 Marks)
- With the use of examples describe the following torts applicable in nursing practice
 - Assault (2 Marks)
 - Slander (2 Marks)
 - Malpractice (2 Marks)

SECTION III: LONG ANSWER QUESTIONS (20 MARKS)

- Ethics are essential in guiding practice in the profession of nursing.
 - Describe any THREE (3) ethical theories that have contributed to the ethical frameworks used in nursing practice (6 Marks)
 - With use of examples, describe the SIX (6) ethical principles that guide the practice of nursing (12 Marks)

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