



**AMREF INTERNATIONAL UNIVERSITY  
SCHOOL OF MEDICAL SCIENCES  
DEPARTMENT OF NURSING & MIDWIFERY SCIENCES  
BACHELOR OF SCIENCE IN NURSING (PRESERVICE)  
END OF SEMESTER DECEMBER 2023 EXAMINATIONS**

**COURSE TITLE AND CODE: AIU 114; INTRODUCTION TO SOCIAL PSYCHOLOGY**

**DATE: 13-DECEMBER -2023**

Duration: 2 HOURS

Start: 4.15PM

Finish: 6.15PM

**INSTRUCTIONS**

1. This exam is out of 70 marks
2. This Examination comprises THREE Sections. Section I: Multiple Choice Questions (20 marks) Section II: Short Answer Questions (30 marks) and Section III: Long Answer Questions (20 marks)
3. Do Not write anything on the question paper -use the back of your booklet for rough work if need be.

## Section A - Multiple Choice Questions (20 Marks)

**Instructions: Answer all the questions in this section**

1. Psychology is a:
  - a. Physical science
  - b. Social science
  - c. Natural science
  - d. Biological science
  
2. Erikson characterizes development as a series of \_\_\_\_\_.
  - a. Psychosexual stages
  - b. Psychosocial stages
  - c. Id stages
  - d. Ethical stages
  
3. At what stage of Erikson's theory of development does an infant develop a sense of trust?
  - a. School age
  - b. Preschool
  - c. Early childhood
  - d. Infancy
  
4. Psychology is defined as the scientific study of \_\_\_\_\_ and \_\_\_\_\_:
  - a. Behaviour and mental processes
  - b. Mental illness, mental health
  - c. Nature, nurture
  - d. Physical states, mental states
  
5. Which of the Sigmund Freud's three main structures of personality is described to be "unconscious" and "pleasure seeking"?
  - a. Superego
  - b. Id
  - c. Ego
  - d. Identity
  
6. Pick the correct order of the Sigmund Freud's stages in development.
  - a. oral, anal, phallic, latency, genital
  - b. latency, oral, denial, anal, genital
  - c. birth, child, adult, die
  - d. phallic, oral, latency, genital, anal
  
7. Which of the following is NOT associated with workplace stress?
  - a. work overload
  - b. job insecurity
  - c. supervisory support
  - d. conflict with co-workers

8. Freud emphasized the role of \_\_\_\_\_ in shaping people's personality.
- free will
  - unconscious desires
  - hormones
  - group influence
9. In Freud's theory of personality, the superego is
- the internalized rules of society
  - the basic instinctive drives
  - the part that adjusts desires to the real world
  - the next stage in the evolution of humanity
10. A patient comes into the office and tells you about experiencing excessive anxiety, restlessness, muscle tension and having headaches almost every day. She also tells you she has trouble sleeping and can't concentrate at work. From the disorders learned in this class, which is she most likely suffering from?
- major depressive disorder
  - social phobia
  - schizophrenia
  - generalized anxiety disorder
11. The prevalence rate of a disorder refers to:
- its frequency of occurrence in a population at a given time
  - its severity within an individual
  - how much coverage there is of the disorder in the media
  - how long it typically takes an individual to recover from the disorder
12. The diagnosis of mental illness is generally carried out by which of the following?
- a psychologist
  - a counsellor
  - a psychiatric nurse
  - a psychiatrist
13. Melissa is a good role model for her team mates. She wants to make sure her team does well and wins the conference championship. Her desire to attain this goal is described as:
- intrinsic motivation
  - extrinsic motivation
  - a drive
  - a need
14. Which one of the following is not a mood disorder?
- Major depression
  - Bipolar disorder
  - Schizophrenia
  - Substance induced mood disorder

15. Perception refers to:
- the process of how we manage, experience, and adjust our emotions
  - the process by which we form impressions and process information about people
  - the process by which we adjust to different cultural situations
  - the process by which we learn cultural norms and standards of behaviour
16. Kevin really enjoys riding motorcycles. It gives him great personal satisfaction. His desire to ride motorcycles connects to which of the following?
- extrinsic motivation
  - a drive
  - intrinsic motivation
  - a need
17. In Freud's theory, the part of the mind which is working on reality principle is:
- Id
  - Ego
  - Super ego
  - Ego-ideal
18. \_\_\_\_\_ is to nature as \_\_\_\_\_ is to nurture
- Environment, genes
  - Conscious, unconscious
  - Inaccuracy, accuracy
  - Biology, experience

## Short Answer Questions - 30 Marks

### Instructions: Answer all the questions in this section

1. State any two benefits of understanding social psychology for someone in the nursing profession (2 marks)
2. State the four perimeters used to determine if behaviour is normal or abnormal (4 marks)
3. From a psychological perspective, state two reasons why people forget (2 marks)
4. Name and explain and three defence mechanisms (6 marks)
5. Explain the meaning of each of the following terms in psychology:
  - i. Associative learning (2 marks)
  - ii. Personality (2 marks)
6. With the use of examples, differentiate the following
  - i. Growth and development (4 marks)
  - ii. Classical conditioning and operant conditioning (4 marks)
  - iii. Drug abuse and addiction (4 marks)

## Section C: Essay Questions – (20 marks)

### Instructions:

#### Answer any one questions out of the two questions below

1. a) Describe Erick Erickson's eight stages of personality development (16 marks)
- b) List any four challenges that older people in society today face (4 marks)

Or

2. a) Describe any five factors that lead young people to abuse substances (10 marks)
- b) Explain using any five points, how you can help a university student who is abusing substances (10 marks)