



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING & MIDWIFERY SCIENCES
BACHELOR OF SCIENCE IN MIDWIFERY
END OF SEMESTER DECEMBER 2023**

COURSE TITLE AND CODE: BSM 111 FUNDAMENTALS OF MIDWIFERY 1

DATE: 5-DECEMBER-2023

Duration: 2 HOURS

Start: 2:00PM

Finish: 4:00PM

INSTRUCTIONS

1. This exam is out of 70 marks
2. This Examination comprises THREE Sections. Section A: Multiple Choice Questions (20 marks) Section B: Short Answer Questions (30 marks) and Section C: Long Answer Questions (20 marks)
3. Answer ALL Questions.
4. Do Not write anything on the question paper -use the back of your booklet for rough work if need be.

SECTION A: Multiple Choice Questions (20 marks)

1. Emotional support refers to: -
 - A. Feeling loved, cared for, trusted, and understood.
 - B. Providing information that is useful in dealing with the problem and/or situation.
 - C. Direct type of help, such as baby-sitting, lending money
 - D. Enables the individual to evaluate herself in relationship to others' performance in the role

2. The International Day of Midwives is celebrated on: -
 - A. 5th March
 - B. 5th April
 - C. 5th May
 - D. 5th July

3. In midwifery associations, the acronym **ICM** stands for: -
 - A. International Council of Midwives
 - B. International Confederation of Midwives
 - C. Intercontinental Council of Midwives
 - D. Intercontinental Confederation of Midwives

4. The ethical principle of Justice demands that: -
 - A. Midwives should be honest and truthful to clients
 - B. Midwives should uphold integrity and professionalism
 - C. Midwives should always acknowledge and carry out the value-based preference
 - D. Midwives should treat all clients equally and fairly regardless of their status

5. The following statement represents an ethical dilemma in midwifery: -

- (A) A 12-year-old adolescent girl refusing to consent for caesarean section
- (B) A midwife failing to report on duty
- (C) A woman in labour refusing emergency caesarean section
- (D) A midwife confronting a medical doctor

6. The correct sequence for **KOLB'S** experiential learning cycle is: -

- (A) Reflective observation, abstract conceptualization, concrete experience, active experimentation
- (B) Concrete experience, reflective observation, abstract conceptualization, active experimentation
- (C) Active experimentation, abstract conceptualization, reflective observation, concrete experience
- (D) Abstract conceptualization, active experimentation, active experimentation, concrete experience

7. **ERA** cycle of reflective practise contains: -

- (A) Three stages
- (B) Two stages
- (C) Four stages
- (D) Five stages

8. **DRISCOLL'S** reflective model of practice involves: -

- (A) What? How? When?
- (B) What? So, what? Now what?
- (C) When? Where? So what?
- (D) Now what? How? When?

9. Professional negligence in the work place refers to: -

- (A) An unintentional wrong caused by the failure to act as a reasonable person would under similar circumstances
- (B) An intentional wrong caused by the failure to act as a reasonable person would under similar circumstances
- (C) An unintentional right caused by the failure to act as a reasonable person would under similar circumstances
- (D) An intentional right caused by the failure to act as a reasonable person would under similar circumstances

10. The following refers to the three aspects of the maternal role identity **EXCEPT**: -

- (A) The ideal image,
- (B) The self-image
- (C) The body image
- (D) The midwifery image

11. The theory of 'attainment of maternal role' was developed by: -

- (A) Jean Ball
- (B) Ramona Mercer
- (C) Mariner Tomey
- (D) Roller Rubin

12. Deck chair theory is concerned with: -
- (A) The wellbeing of the baby
 - (B) The wellbeing of the mother
 - (C) The wellbeing of the midwife
 - (D) The wellbeing of the father.
13. The following are **TRUE** about the birth territory theory **EXCEPT**: -
- (A) Concerned with the birthing physical environment
 - (B) Relates to a midwife enabling a woman to feel in control during birth
 - (C) Refers to having a birthing environment with state-of-the-art equipment
 - (D) Intended to produce a positive childbirth experience to women.
14. Roles of Midwifery Association of Kenya include: -
- (A) Licensing midwives
 - (B) Involved in collective bargaining agreements
 - (C) Provide a platform for networking of midwives
 - (D) Issuing indexing to students
15. The largest hospital offering maternity services in Kenya is: -
- (A) Mathari Maternity Hospital
 - (B) Pumwani Maternity Hospital
 - (C) Mater Maternity Hospital
 - (D) Nairobi Maternity Hospital
16. In Kenya, the training of registered midwives started in: -
- (A) Lady Grigg Maternity Hospital (Coast General Teaching & Referral Hospital)
 - (B) Maseno Mission Hospital
 - (C) King George IV Hospital (KNH)
 - (D) Tumutumu Mission Hospital
17. The Nurses & Midwives Act in Kenya is established in: -
- (A) Chapter 247
 - (B) Chapter 257
 - (C) Chapter 357
 - (D) Chapter 347

18. The three pillars of midwifery include: -
- (A) Education, regulation, association
 - (B) Training, administration, motivation
 - (C) Relevancy, honesty and appraisal
 - (D) Reflection, critical thinking, career advancement
19. Critical thinking can best be described as: -
- (A) Self-directed, self-disciplined, self-monitored, and self-corrective thinking
 - (B) Self-controlled, self-determined, self-informed, self-corrective thinking
 - (C) Self-creativity, self-evaluation, self-motivation, self-corrective thinking
 - (D) Self-evaluation, self-influence, self-informed, self-corrective thinking
20. The following are importance of documentation in midwifery **EXCEPT**: -
- (A) Directly affects productivity and efficiency
 - (B) Identifies areas of risk
 - (C) Ensures everyone is on the same page
 - (D) Reduces burnout from midwives

SECTION B: SHORT ANSWER QUESTIONS (30 marks)

1. State five (5) principles of respectful maternity care (5 Marks).
2. State five (5) Midwifery philosophies (5 Marks)
3. State five (5) roles of midwives in Kenya (5 Marks)
4. Describe the midwifery model of continuity of care (5 Marks)
5. Outline five (5) components of the international code of ethics for midwives (5 Marks)
6. State five (5) functions of Nursing and Midwifery Council of Kenya (5 Marks)

SECTION C: LONG ANSWER QUESTIONS (20 marks)

1. (a) Describe the six (6) stages of Gibbs' Reflective Cycle (12 Marks)
(b) Outline the Eight (8) steps in problem solving approach (8 Marks).