

# AMREF INTERNATIONAL UNIVERSITY SCHOOL OF MEDICAL SCIENCES DEPARTMENT OF NURSING & MIDWIFERY SCIENCES BACHELOR F SCIENCE IN NURSING END OF SEMESTER DECEMBER 2023 EXAMINATIONS COURSE CODE: BSN 224: MEDICAL SURGICAL NURSING I AND II

# DATE: 6-DECEMBER-2023

Duration: 2 HOURS

Start:11:15AM

Finish: 1:15PM

### INSTRUCTIONS

- **1.** This exam is out of 70 marks
- This Examination comprises THREE Sections. Section I: Multiple Choice Questions (20 marks) Section II: Short Answer Questions (30 marks) and Section III: Long Answer Questions (20 marks)
- 3. Answer ALL Questions.
- 4. Do Not write anything on the question paper -use the back of your booklet for rough work if need be.

#### Section 1: Multiple Choice Questions

- 1. The clinical manifestation the nurse should expect in a patient with acute appendicitis is:
  - A. High fever
  - B. Nausea and vomiting
  - C. Rebound tenderness
  - D. Pain relieved with ambulation
- You are checking for residuals before administering a bolus tube feeding to a clients with a nasogastric tube. You obtain a residual amount of 150mls. The next appropriate action for you to take is: -
  - A. Hold the feeding
  - B. Reinstill the amount and continue with administering the feeding
  - C. Elevate the client's head at least 45 degrees and administer the feeding
  - D. Discard the residual amount and proceed with administering the feeding
- 3. The diagnostic test used in confirming hepatitis this diagnosis is: -
  - A. Elevate Hb level
  - B. Elevated serum bilirubin level
  - C. Elevated blood urea nitrogen
  - D. Decreased erythrocyte sedimentation rate
- 4. While performing an abdominal assessment, the next step after inspection of the skin is: -
  - A. Palpation of the abdomen for size
  - B. Palpation of the liver at the right rib margin
  - C. Listening to the bowel sounds in all four quadrants
  - D. Percussing the right lower abdominal quadrant
- 5. The drug that is useful in preventing NSAIDS induced peptic ulcer disease is: -
  - A. Calcium carbonate
  - B. Famotidine
  - C. Misoprostol
  - D. Sucralfate
- 6. While preparing for a urinary catheterization of a trauma patient, the nurse observes bleeding at the urethral meatus. The next action is: -
  - A. Heavily lubricating the catheter before insertion
  - B. Checking the discharge for occult blood before catheterization
  - C. Delaying catheterization and notifying the doctor
  - D. Irrigating and cleaning the meatus before catheterization
- 7. The symptom which would be indicative of acute kidney injury after repair of abdominal aortic aneurysm is: -
  - A. Anuria
  - B. Diarrhea
  - C. Oliguria
  - D. Vomiting

- 8. An 18 y.o. student is admitted with dark urine, fever, and flank pain and is diagnosed with acute glomerulonephritis. The most likely information that will be obtained in this student's health history is: -
  - A. Renal trauma
  - B. Renal calculi
  - C. Recent sore throat
  - D. Family history of acute glomerulonephritis
- 9. The medication used to control tremors, rigidity, and bradykinesia in Parkinson's disease is: -
  - A. Phenytoin
  - B. Carbidopa-levodopa (Sinemet)
  - C. Pyridostigmine (Mestinon)
  - D. Warfarin (Coumadin
- 10. A client is being prepared for lumbar puncture (LP). You will assist the patient into: -
  - A. Prone, in slight Trendelenburg's position
  - B. Prone, with a pillow under the abdomen
  - C. Side-lying, with the legs pulled up and the head bent down onto the chest.
  - D. Side-lying, with a pillow under the hip
- 11. The diagnostic test for a patient with aplastic anemia is: -
  - A. Decreased production of T- helper cells
  - B. Decreased levels of white blood cells, red blood cells and platelets
  - C. Increased levels of white blood cells, red blood cells and platelets
  - D. Reed-Sternberg cells and lymph node enlargement
- 12. The disorder that results from a deficiency of factor VIII is: -
  - A. Sickle cell disease
  - B. Christmas disease
  - C. Hemophilia A
  - D. Hemophilia B
- 13. A client has been admitted to the hospital with a diagnosis of suspected bacterial endocarditis. The complication the nurse will constantly observe for is: -
  - A. Presence of heart murmur
  - B. Systemic emboli
  - C. Fever
  - D. Congestive heart failure
- 14. The nurse expects that a client with mitral stenosis would demonstrate symptoms associated with congestion in the: -
  - A. Aorta
  - B. Right atrium
  - C. Superior vena cava
  - D. Pulmonary circulation

- 15. The cause of local tissue damage in a patient admitted in a sickle cell crisis is likely to be:
  - A. An autoimmune reaction complicated by hypoxia
  - B. Lack of oxygen in the red blood cells
  - C. Obstruction to circulation
  - D. Elevated serum bilirubin concentration: -
- 16. The assessment findings that characterize thyroid storm are: -
  - A. Increased body temperature, decreased pulse, and increased blood pressure
  - B. Increased body temperature, increased pulse, and increased blood pressure
  - C. Increased body temperature, decreased pulse, and decreased blood pressure
  - D. Increased body temperature, increased pulse, and decreased blood pressure
- 17. You anticipate to administer the following drug in a patient with diabetes insipidus: -
  - A. Vasopressin
  - B. Furosemide
  - C. Regular insulin
  - D. 10% dextrose
- 18. A client with a hemolytic blood disorder present with jaundice. The nurse explains that the jaundice is most likely caused by: -
  - A. Increased bilirubin in plasma
  - B. Loss of plasma proteins
  - C. Hepatitis infection
  - D. Increased haptoglobin in plasm
- 19. If a pleural effusion develops, the actions that best describes how the fluid can be removed from the pleural space and proper lung status restored is: -
  - A. Inserting a chest tube
  - B. Performing thoracentesis
  - C. Performing paracentesis
  - D. Allowing the pleural effusion to drain by itself
- 20. A client is diagnosed with active TB and started on triple antibiotic therapy. The signs and symptoms the client show if therapy is inadequate is: -
  - A. Decreased shortness of breath
  - B. Improved chest x-ray
  - C. Nonproductive cough
  - D. A positive acid fast bacilli in a sputum sample after two months of treatment

## **SECTION 11: SHORT ANSWER QUESTIONS**

1. Differentiate between stable and unstable angina (4 Marks) 2. Describe the Glasgow coma scale including the scoring (6 Marks) 3. Describe the nursing management of a client with Diabetic KetoAcidodis (8 Marks) 4. Describe the management of patients with acute heart failure (8 Marks) 5. Differentiate between partial and generalized seizures (4 Marks)

# SECTION III: LONG ANSWER QUESTION

# **Answer ONE question**

- 1. Master M is brought to the hospital following a history of fatigue, pallor, and easy bleeding. Following investigations, a diagnosis of leukemia was made.
  - a. Describe the different classes of Leukemia
  - b. Describe the nursing management of Master M while in hospital
- 2. A 23 year old man is brought to the emergency room with an apparent head injury after being involved in a serious motor vehicle accident. He is unconscious on arrival and exhibits signs of increasing intracranial pressure.
- a. State four (4) principle signs of increasing intracranial pressure (4 Marks)
- b. Explain clinical manifestations that would be an early indicator of a deterioration in the client's neurologic status (4 Marks)
- c. Discuss the medical and nursing management of this client (12 Marks)

(20 MARKS)

(8 Marks) (12 Marks)

(**30 MARKS**)