



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING & MIDWIFERY SCIENCES
BACHELOR OF SCIENCE IN NURSING
END OF SEMESTER EXAMINATIONS**

COURSE CODE AND TITLE: BSN 411 COMMUNITY HEALTH NURSING IV

DATE: 11-DECEMBER-2023

Duration: 2 HOURS

Start: 9:00AM

Finish: 11:00AM

INSTRUCTIONS

- 1. This exam is out of 70 marks**
- 2. This Examination comprises THREE Sections. Section I: Multiple Choice Questions (20 marks) Section II: Short Answer Questions (30 marks) and Section III: Long Answer Questions (20 marks)**
- 3. Answer ALL Questions.**
- 4. Do Not write anything on the question paper -use the back of your booklet for rough work if need be.**

SECTION I: MULTIPLE CHOICE QUESTIONS**(20 MARKS)**

1. Health sector reforms are triggered by : -
 - a) Adequate government resources to support health care.
 - b) Inclusion of private and non governmental organization (NGO) actors in the health sector.
 - c) Good health indicators in a community
 - d) The need for decentralizing power

2. Select the correct order of phases of disaster management : -
 - a) Prevention, Preparedness Mitigation , Response, Recovery
 - b) Prevention, Mitigation ,Preparedness, Response, Recovery
 - c) Mitigation, Prevention, Preparedness, Response, Recovery
 - d) Preparedness, Prevention, Mitigation , Response, Recovery

3. Indicate true or false for the following statements: -
 - I. Policy context refers to the background against which policy decisions are made.
 - II. NGO s have no role in development of government policies

4. A condition where the advantages of using the method generally outweigh the theoretical or proven risks falls in which MEC criteria: -
 - a) Category 1
 - b) Category 2
 - c) Category 3
 - d) Category 4

5. Indicate if the statements are true or false: -
 - I. Women over 40 years old should use COC with caution
 - II. A pelvic exam is not required to initiate use of COCs.

6. In calendar method of contraception last risky day is calculated as: -
 - a) Longest cycle-11
 - b) Shortest cycle -11
 - c) Longest cycle -18
 - d) Shortest cycle -18

7. A true statement about Progestin-Only Pills is: -
 - a) Taking POPs does not affect milk production or breastfeeding.
 - b) In creases dysmenorrhoea
 - c) Breastfeeding mothers from two weeks postpartum can use the method
 - d) Women with diabetes are indicated to use the method

8. The benefits of COC includes:-
 - a) Protect against STI/HIV/AIDS
 - b) Requires strict daily pill taking
 - c) Have no effect on breast milk
 - d) Reduces menstrual cramps and pain
9. A client on Depo-Provera who is more than 7 days late can receive her next injection if: -
 - a) She has not had sex since 10 days after the scheduled date of her injection,
 - b) She has not used a backup method after the scheduled date of her injection
 - c) She has taken emergency contraceptive pills after any unprotected sex since 15 days after the scheduled date of her injection.
 - d) She has not had sex since 7 days after the scheduled date of her injection
10. Once inserted implanon last for: -
 - a) 1 year
 - b) 3 years
 - c) 5 years
 - d) 10 years
11. The use of cycle beads is in the: -
 - a) Standard Days Method
 - b) TwoDay Method
 - c) Basal Body Temperature
 - d) Sympto-thermal Method
12. The anatomical site that is ligated in vasectomy is: -
 - a) Vas deference
 - b) Epididymis
 - c) Ejaculatory duct
 - d) Seminal vesicles
13. If a patient misses two or more pills of the non hormonal pills of a 28 day pack of COC she should: -
 - a) Take the missed non-hormonal pill(s) immediately
 - b) Discard the missed non-hormonal pill(s).
 - c) Use a backup method for the next 7 days.
 - d) Finish all non hormonal pills in the pack
14. Conditions screened for in a school health programme include: -
 - a. Visual disturbances, anaemia
 - b. Anaemia, typhoid
 - c. Typhoid, malaria
 - d. Visual disturbances, diabetes mellitus

15. The following groups of people are classified as socially handicapped: -
- Internally displaced, Street children, sexually abused
 - Epileptic, psychiatric cases widowed
 - Drug addicts, elderly, mongolism
 - Obese, blind, deaf
16. The activities of school health include: -
- Carrying out observations, screening, physical examination, epidemiologic investigation
 - Rendering emergency services, conducting health care activities, triaging demands of teachers
 - Care of continuing illness, conducting health care activities, planning for the school
 - Consultation with district education teachers, treatment of minor illnesses, monitoring of the health status of the orphans
17. The theme in which National Health Sector Strategic Plan II is anchored in, is: -
- 'Reversing the trend'
 - 'Health for all by 2020'
 - 'Transforming Health'
 - 'Accelerating attainment of Health Goals'
18. In the policy making process, agenda setting takes place during: -
- Problem identification and Policy formulation
 - Policy implementation and Problem identification
 - Policy evaluation and Policy formulation
 - Policy implementation and Problem identification
19. In a community evidence of quality health care includes: -
- Lower all causes of mortality, better access to care
 - Better access to care increased uptake of disease focussed preventive care
 - Lower all causes mortality increased satisfaction with services
 - Better access to care increased satisfaction of services

20. Ethical considerations in community diagnosis include: -
- a) Obtaining informed consent, setting objectives, ensuring confidentiality
 - b) Establishing rapport, pre testing the questionnaire, training interviewers
 - c) Establishing rapport, ensuring confidentiality, obtaining informed consent
 - d) Selecting good interviewers, establishing rapport, setting objectives

SECTION II: SHORT ANSWER QUESTIONS (SAQ)30 MARKS

1. State five (5) contraindications of postpartum IUCD (5 Marks)
2. State five (5) instructions given during the prescription of COCs (5 Marks)
3. State five (5) ways on how you can exercise control as a management function in MCH/FP clinic (5 Marks)
4. State the phases of disaster management (5 Marks)
5. Describe four (4) differences between balanced counselling strategy plus and the traditional family planning counselling frameworks (REDI and GATHER) (4 Marks)
6. Outline the functions of the nurse in a School Health Programme (6 Marks)

SECTION III: LONG ANSWER QUESTIONS (LAQs) 20 MARKS

1. You are required to conduct a community diagnosis of village x
 - a) Define the term community diagnosis (1 Mark)
 - b) State sources of information for community diagnosis (5 Marks)
 - c) Compare and contrast community diagnosis and nursing diagnosis (4 marks)
 - d) Describe the steps of conducting community diagnosis (10 Marks)