

AMREF INTERNATIONAL UNIVERSITY SCHOOL OF MEDICAL SCIENCES DEPARTMENT OF NURSING AND MIDWIFERY SCEINCES DIPLOMA IN KENYA REGISTERED COMMUNITY HEALTH NURSING SUPPLEMENTARY AND SPECIAL EXAMINATIONS

DNS 221: PEDIATRIC NURSING AND IMCI DATE: THURSDAY 7TH DECEMBER 2023

TIME: 2 Hours Start: 1100 HOURS Finish: 1300 HOURS

INSTRUCTIONS

- 1. This examination will be marked out of 70 Marks
- 2. This examination comprises THREE Sections Section I: Multiple Choice Questions, Section II: Short Answer Questions and Section III: Long Answer Questions
- 3. All questions are compulsory.
- 4. Answer ALL questions in the Answer Booklet provided

SECTION I: MULTIPLE CHOICE QUESTIONS (20 MARKS)

- 1. A baby born with cleft lip and palate will most likely have compromised:-
 - A. Gastrointestinal function
 - B. Locomotion
 - C. Sucking ability
 - D. Respiratory status
- 2. Cystic fibrosis:-
 - A. Is characterized by meconium ileus in 80% of infants born with the condition
 - B. Primarily affects the central nervous system and musculoskeletal system
 - C. Results in Obesity and overweight in early childhood
 - D. Is characterized by high potassium levels in sweat
- 3. Factors that increase the risk of respiratory infections in children include the following **except**:-
 - A. Smaller airway diameter
 - B. Shorter distances between structures of the airway
 - C. Long open Eustachian tubes
 - D. Large size of tongue and tonsils
- 4. The most likely diagnosis for a 3 year old child is presenting with sudden airway compromise, drooling, difficulty in breathing and swallowing, a harsh stridor, with a history of severe sore throat, a barking cough and fever is:-
 - A. A massive foreign body obstructing the airway and esophagus
 - B. Laryngotracheobronchitis
 - C. Severe acute pneumonia
 - D. Bronchiolitis
- 5. Imminent cardio respiratory failure in the distressed infant should be anticipated if:-
 - A. The respiratory rate suddenly increases
 - B. The blood pressure suddenly increases
 - C. The respiratory rate suddenly decreases
 - D. The temperature suddenly decreases.

- 6. The following action is contraindicated when assessing a child with suspected wilm's tumour:-
 - A. Applying a blood pressure cuff
 - B. Chest auscultation
 - C. Abdominal palpation
 - D. Taking a tympanic temperature
- 7. The initial bolus of crystalloid fluid replacement for a pediatric patient in shock is:-
 - A. 20 ml/kg
 - B. 10 ml/kg
 - C. 30 ml/kg
 - D. 15 ml/kg
- 8. The clinical manifestation indicative of esophageal atresia with tracheoesophageal fistula (TEF) is:-
 - A. Incessant crying
 - B. Night coughing
 - C. Choking with feeding
 - D. Projectile vomiting
- 9. The following are correct regarding omphaloceles except:-
 - A. Is usually covered by a translucent membrane
 - B. Is frequently associated with other congenital malformations
 - C. Is lateral to the umbilical stump
 - D. Is within the umbilical ring
- 10. Convulsions in an infant should be treated with:-
 - A. Phenobarbitone 20mg/kg rectally stat
 - B. Phenobarbitone 20mg/kg IV stat
 - C. Diazepam 0.5mg/kg IV stat
 - D. Diazepam 0.5mg/kg rectally stat
- 11. In pediatric Triage, priority cases include all the following EXCEPT:-
 - A. Respiratory distress
 - B. Tiny baby
 - C. Pallor
 - D. Convulsions

- 12. The following developmental characteristics would be concerning for a 9 month old infant:-
 - A. The baby cannot say "mama" when he wants his mother.
 - B. The mother has not given him his favorite food.
 - C. The child cannot not sit unsupported.
 - D. The baby cries whenever the mother goes out
- 13. The appropriate site to administer an intramuscular injection to an infant is
 - A. Deltoid
 - B. Dorsogluteal
 - C. Ventrogluteal
 - D. Vastus lateralis
- 14. The best strategy for performing a physical examination on a toddler is:-
 - A. From head to toe
 - B. Distally to proximally
 - C. From least to most intrusive
 - D. From toe to head
- 15. The area of the body is usually involved at the time of diagnosis of Hodgkin's lymphoma is:-
 - A. Back
 - B. Chest
 - C. Groin
 - D. Neck

- 16. When providing nursing care for a 11 month old infant with severe pneumonia:-
 - A. Oxygen must be given continuously if saturations are at 90% on room air
 - B. Oxygen therapy is continued until oxygen saturation is at least 80%
 - C. Oxygen therapy continues until the respiration rate decreases to 70/ min and the child is able to breastfeed
 - D. Azithromycin is used as the first line antibiotic for treatment
- 17. The following manifestations are indicative of extrapulmonary forms of tuberculosis in a 3 year old child with a positive tuberculin skin test:-
 - A. Fever
 - B. Evidence of hilar lymohadenopathy on chest film
 - C. Hepatosplenomegally
 - D. Night sweats
- 18. Eisenmenger syndrome:-
 - A. Is a primary congenital cyanotic heart disease
 - B. Is an indication for emergency surgery in an infant with congenital heart disease
 - C. Is a complication of acyanotic heart diseases
 - D. Results in pulmonary hypotension
- 19. The sequence of sexual maturation for both male and female adolescents are described in ______ stages.
 - A. Piagetian
 - B. Tanner
 - C. Masters and Johnson
 - D. Freudian
- 20. The following organisms are NOT commonly implicated in infective endocarditis:-
 - A. Streptococcus species.
 - B. Staphylococcus species.
 - C. Enterococcus species.
 - D. Candida species

SECTION II: SHORT ANSWER QUESTIONS (30 MARKS)

- 1. State the ten (10) steps of management of Severe Acute Malnutrition (5 Marks)
- 2. Outline the four (4) components of Tetrallogy of Fallot (4 Marks)
- 3. State five (5) specific nursing interventions in the management of a child admitted with severe bacterial meningitis (5 Marks)
- 4. List four (4) clinical features of an infant with severe dehydration (2 Marks)
- 5. Outline five (5) priority nursing diagnosis for a pediatric patient with severe pneumonia (5 Marks)
- 6. State any 3 (Three) clinical contraindications to administration of chemotherapy to child with a malignant cancer (3 Marks)
- 7. Describe six (6) atraumatic care strategies applied when managing a hospitalized preschooler (6 Marks)

SECTION III: LONG ANSWER QUESTION (20 MARKS)

- 1. Ms. Ab, 5 years old is brought to the paediatric outpatient department with clinical features suggestive of malaria.
 - a. Outline two (2) tests used to detect the presence of malaria parasites (2 Marks)
 - b. List six (6) clinical features of severe malaria (3 Marks)
 - c. Ms. Ab is later confirmed to be having severe malaria. Describe the specific management of Ms. Ab within the first 48 hours (15 Marks)