

AMREF INTERNATIONAL UNIVERSITY SCHOOL OF MEDICAL SCIENCES DEPARTMENT OF NURSING & MIDWIFERY SCIENCES END OF SEMESTER EXAMINATIONS

DNS 212: MIDWIFERY II

DATE: MONDAY 11TH DECEMBER 2023

DURATION: 2 HOURS

START: 1400HRS FINISH: 1600 HRS

INSTRUCTIONS

- 1. This exam is out of 70 marks
- 2. This Examination comprises THREE Sections. Section I: Multiple Choice Questions (20 marks) Section II: Short Answer Questions (30 marks) and Section III: Long Answer Questions (20 marks)
- 3. Answer ALL Questions.
- **4.** Do Not write anything on the question paper -use the back of your booklet for rough work if need be.

SECTION I: MULTIPLE CHOICE QUESTIONS (20 MARKS)

- 1. Cord prolapse is defined as a condition in pregnancy when cord lies:
 - A. In front of the presenting part
 - B. In front of the presenting part with membranes intact
 - C. In front of the presenting part with the membranes ruptured
 - D. Cord lies alongside the presenting part
- 2. A physical finding expected in a neonate born at 42 weeks' gestation is:
 - A. A sleepy lethargic baby
 - B. Lanugo covering the baby
 - C. Desquamation of the epidermis
 - D. Vernix caseosa covering the body
- 3 The placental structure which is not shared by monozygotic twin is:
 - A. Placental mass
 - B. Chorion
 - C. Amnion
 - D. Umbilical cord
- 4. The neonates with the highest risk for developing jaundice are those who:
 - A. Have birth trauma, previously affected sibling
 - B. Are fed on formula milk, premature
 - C. Have birth trauma, born at 37 weeks
 - D. Fed on formula milk, previously affected siblings
- 5. The maneuver used to deliver extended legs in breech delivery is:
 - A. McRoberts Maneuver
 - B. Pinard Maneuver
 - C. Mauriceau-smillie-veit maneuver
 - D. Lovset Maneuver

- 6. The process in which heat is lost from a new born due to wet drapes is
 - A. Conduction
 - B. Convection
 - C. Evaporation
 - D. Radiation
- 7. Hyperemesis gravidarum is associated with
 - A. Multiple pregnancy, hydatid form mole
 - B. Psychological factors, high parity
 - C. Primigravida, malaria in pregnancy
 - D. Polyhydramnios, unsuccessful pregnancies
- 8.In sexually transmitted infections, cervix may have strawberry appearance in:
 - A. Gonococcal infections
 - B. Trichomonas infection
 - C. Chlamydial infection
 - D. Bacterial vaginosis
- 9. The most common performed episiotomy is given:
 - A. Bilaterally at 90° beginning from the midpoint of the fourchette
 - B. At the midpoint of the fourchette and is directed at an angle of 45°
 - C. At 60° of the labia majora and minora
 - D. Laterally at the fourchette and directed at 90°

10. The maneuver of moving the mother in all fours with the back arched, widening the pelvic outlet in management of shoulder dystocia is called:

- A. Gaskin maneuver
- B. Rubin I maneuver
- C. Woods' screw maneuver
- D. The McRoberts maneuver

- 11. The main cause of inversion of the uterus is:
 - A. Unwise use of Oxytocic drugs
 - B. Mismanagement of third stage of labour
 - C. Malpresentations
 - D. Multiparty
- 12. During vacuum extraction, the cup should be situated:
 - A. At the anterior fontanel
 - B. 3 cm in front of anterior fontanel
 - C. At the posterior fontanel
 - D. 3cm in front of posterior fontanel
- 13. Causes of secondary postpartum hemorrhage include:
 - A. Retained products of conception, inherited coagulation defects, infections
 - B. Sub-involution of placental site, infections, uterine atony
 - C. Trauma, retained products of conception, inherited coagulation defects
 - D. Uterine atony, retained products of conception, trauma
- 14. During neonatal resuscitation chest compression are given if:
 - A. Baby is unresponsive
 - B. Heart rate is less than 60/min
 - C. Heart rate is less than 100/min
 - D. Respiration rate is 30-60/min
- 15.A patient has puerperal pyrexia if her temperature:
 - A. Rises to 37.3^oC and is maintained for 24 hours during the 1st 10 days of puerperium
 - B. Rises to 38^oC or higher and is maintained for 24 hours during the 1st 10 days of puerperium
 - C. Rises to 37.5 0 C on 2 occasions during the 1st 10 days postpartum
 - D. Rises to 38^{0} C or higher during puerperium

- 16. Signs of magnesium sulphate toxicity are:
 - A. Respiratory rate < 16/min, absence of patella reflex
 - B. Urine output less than 30mls/hour, Respiratory rate 16/min
 - C. Urine output less than 30mls/hour, presence of patella reflex
 - D.Respiratory rate of 12/min, absence of patella reflex
- 17. Artificial rupture of membranes to initiate or speed up labour is called:
 - A. Augmentation
 - B. Membrane stripping
 - C. Amniotomy
 - D. Amniocentesis

18.Maternal causes of preterm premature rapture of membranes (PPROM) include: -

- A. Chorioamnionitis, Polyhydramnios, uterine didelphis
- B. Incompetent cervix, vaginitis, Chorioamnionitis
- C. Placenta praevia, Chorioamnionitis, vaginitis
- D. Incompetent cervix, uterine didelphis, Malnutrition

19.Respiratory distress syndrome is:

- A. Common in preterm babies
- B. Failure to initiate and sustain breathing
- C. Due to lack of oxygen
- D. Managed using therapeutic hypothermia

20. Klumpke's palsy due to damage of brachial plexus:

- A. Involves 7th and 8th cervical nerves
- B. Presents with extended elbow
- C. Involve 5th and 6th cervical nerve
- D. Presents with pronated and flexed wrist

SECTION II: SHORT ANSWER QUESTIONS (30 MARKS)

- 1. Outline five (5) fetal causes to cord prolapse/presentation (5 Marks)
- 2. State four (4) differences between caput succedaneum and Cephalohematoma (4 Marks)
- 3. Outline the four (4) causes of primary post-partum haemorrhage (4 Marks)
- 4. State the three (3) classifications of low birth weight according to weight (3 Marks)
- 5. State five (5) causes of obstructed labour (5 Marks)
- 6. Explain the pathophysiology of gestational diabetes (5 Marks)
- 7. State the four (4) signs of impending Eclampsia (4 Marks)

SECTION III: LONG ANSWER QUESTION ((20 MARKS)

1. Mrs. P 35 para 1+1 at 32 weeks' gestation is admitted with a history of

Per vaginal bleeding and severe abdominal pains and is planned for emergency caesarean section

- a. State the three classification of placenta abruption (3 Marks)
- b. Describe the management of baby P from delivery until the first 24 hours (14 Marks)
- c. State three possible complications that baby M could develop (3 Marks)