



**AMREF INTERNATIONAL UNIVERSITY  
SCHOOL OF MEDICAL SCIENCES  
DEPARTMENT OF NURSING AND MIDWIFERY SCIENCES  
KENYA REGISTERED COMMUNITY HEALTH NURSING  
END OF SEMESTER DECEMBER 2023 EXAMINATIONS**

**DNS 116: SOCIOLOGY AND ANTHROPOLOGY**

**DATE: WEDNESDAY 6<sup>TH</sup> DECEMBER 2023**

**TIME: 2 Hours**

**Start: 1400 HOURS**

**Finish: 1600 HOURS**

**INSTRUCTIONS**

1. This exam will be marked **out of 70 Marks**
2. ALL Questions are compulsory.
3. The Examination has **Three Sections**: Section I- Multiple Choice Questions, Section II: Short Answer Questions, Section III: Long Essay Questions
4. Answer all Questions in the ANSWER BOOKLET provided
5. Do Not write anything on the question paper -use the back of your booklet for rough work if need be.

## SECTION I: MULTIPLE CHOICE QUESTIONS (20 MARKS)

1. Values are:-
  - a. Things that people consider to be important but that are not necessarily worth striving for.
  - b. Universally acceptable
  - c. Rarely change from place to place and period to period.
  - d. The virtues of a society
  
2. Ethnocentrism is defined as a situation in which: -
  - a. An individual accommodates others.
  - b. An individual considers their culture to be superior to other cultures .
  - c. One doesn't use his culture to judge what others are doing
  - d. One values others' and their own culture
  
3. Enculturation is the process of learning culture and :-
  - a. Socialization.
  - b. Civilization.
  - c. Assimilation.
  - d. Democracy.
  
4. Socialization aims at :-
  - a. Checking inequality among members of society
  - b. Ranking members of the society in strata
  - c. Distributing roles and responsibilities
  - d. Developing capacity for independent thought and action
  
5. Basis of social strata include:-
  - a. Sex, age, and education
  - b. Gender, age, and relatives
  - c. Kinship, religion, and wealth
  - d. Age, social groups, and friends
  
6. Characteristics of a family include: -
  - a. Universality, emotional basis, limited size
  - b. Formative influence, shared functions, social deregulation
  - c. Responsibility of the members, family structure, not all families go through a life cycle.
  - d. Social deregulation and summative influence

7. The following is not a stage of a family development: -
- Independence stage
  - Forming stage
  - Couple stage
  - Launching family
8. The following statement is INCORRECT about mores: -
- They are deemed highly necessary for the welfare of the society
  - They are norms of morality
  - Each society demands obedience to its mores
  - They are written down
9. The following is NOT an aspect of cultural variation: -
- Subculture
  - Counter culture
  - Culture shock
  - Ethnocentrism
10. The following is NOT a type of social change: -
- Evolution
  - Revolution
  - Diffusion
  - Reform
11. The following is not a main element of culture: -
- Language and artifacts
  - Symbols and values
  - Values and beliefs
  - Norms and food choices
12. The following is FALSE regarding social change: -
- Social change does not occur all the time.
  - Social change is a universal phenomenon.
  - Change occurs both at micro-level and macro-level.
  - The influence of change in one area can have an impact on other related areas.

13. The mechanism employed societies use to ensure compliance with the norms are referred to as:-
- Social norms
  - Mores
  - Anomie
  - Social sanctions
14. Movement of people between social strata is referred to as:-
- Geographical migration
  - Intercultural integration
  - Rural-urban migration
  - Social Mobility
15. Forming stage of a group is characterized by :-
- Group members understand their task
  - All members have an increased need for clarification on issues
  - Most groups fail at this point due to conflicts
  - The focus is familiarize with each other, the group purpose and on the work.
16. The ability to resolve a conflict requires willingness to: -
- Work toward a win-win solution.
  - Negotiate
  - Step back
  - Exchange ideas
17. The following is NOT a role of the government:-
- To make and enforce the rules of society
  - To regulate relations with other societies
  - To have a leader whose power is recognized by the people
  - To promote the health of the public
18. Medical anthropology is a study of:-
- Health
  - Disease
  - Mental health
  - All of the above

19. The economic system where resources and means of production are owned by the society as a whole is referred to as:-
- Socialism
  - Communism
  - Capitalism
  - Collectivism
20. The following does NOT affect group dynamics:-
- Group size
  - Role clarity in the group
  - Adherence to group norms
  - Limited tasks

**SECTION II: SHORT ANSWER QUESTIONS (20 MARKS)**

- Define the following terms:
  - Ethnography (2 Marks)
  - Ethnology (2 Marks)
- Outline four (4) differences between formal norms and informal norms (4 Marks)
- List four (4) factors that promote upward social mobility (2 marks)
- Outline five (5) causes of conflicts (5 Marks)
- State six (6) stages of negotiation. (5 Marks)

**SECTION III: LONG ANSWER QUESTIONS (30 MARKS)**

- Describe the effects of social change on health (15 Marks)
- Using examples, discuss six (6) main functions of social institutions (15 Marks)