



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH PRACTICE
DIPLOMA IN COMMUNITY HEALTH PRACTICE
SUPPLEMENTARY/SPECIAL EXAMINATIONS MARCH, 2024

UNIT CODE: DCHP 132: BEHAVIOURAL SCIENCES

DATE: Thursday 14th March 2024

TIME: Start 9:00 AM - End 11.00AM

INSTRUCTIONS

1. This exam is marked out of 60 marks
2. This Examination comprises TWO Sections
Section A: Compulsory Question (20 marks)
Section B: Long Answer Questions (40 marks)

SECTION A: COMPULSORY (0 Marks)

Short Answer Questions

1. Define the following terms as used in behavioral science (3 marks)
 - a. Values
 - b. Social pathology
 - c. Superego
2. State **five** qualities of a good counsellors (5 marks)
3. Personality disorders are long-standing, maladaptive, inflexible ways of relating to the environment. Outline **two** anxious/fearful behavior disorders (2 marks)
4. Highlight **two** defense mechanisms that an individual can use to enable the ego free of conflicts (2 marks)

5. Outline the **five** steps of 'GATHER' techniques as used in effective counselling (5 marks)
6. State **three** principles of Ivan Pavlov's classical conditioning theory (3 marks)

SECTION B: ANSWER ANY TWO (2) QUESTIONS (40 Marks)

1. Discuss the stages of psychosexual Development as developed by Sigmoid Freud (20 marks)
2. Social institutions are specifically established for fixed social needs and fulfils these needs to ensure social solidarity and cohesion among the people. Discuss five general functions of social institution. (20 marks)
3. Group dynamic refer to a system of behaviors and psychological processes occurring within a social group or between social groups. Describe the process of group formation according to Bruce Tuckman (20 marks)