



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
DIPLOMA IN COMMUNITY HEALTH
SPECIAL/SUPPLEMENTARY EXAMINATION MARCH 2024

UNIT CODE: DCHP 211 UNIT NAME: HEALTH PROMOTION

DATE: Wednesday 13th March 2024

TIME: Start 2:00 PM - End 4:00 PM

INSTRUCTIONS

1. This exam is marked out of 60 marks
2. This Examination comprises TWO Sections
Section A: Short Answer Questions (20 marks)
Section B: Long Answer Questions (40 marks)
3. All questions in Section A are compulsory, and Answer any TWO questions in Section B

SECTION A: COMPULSORY (20 MARKS)

Short Answer Questions

1. State four health promotion activities carried out by a community health promoter (2 Marks)
2. Mention three purposes of health education (3 Marks)
3. Outline four principles of health promotion (4 Marks)
4. Highlight four settings for conducting health education (2 Marks)
5. State four ways of secondary level of disease prevention (4 Marks)
6. Mention five factors to consider when choosing a health education training material (5 Marks)

SECTION B: ANSWER ANY TWO (2) QUESTIONS (40 MARKS)

Long Answer Questions

7. Primary health care was pivotal in improvement of the health of the community at large. Voluntary actions are important in implementing health promotion programs.
- a) Explain five elements of primary health care. (10 Marks)
 - b) Discuss five limitations of primary health care. (10 Marks)
8. Involving the community in health promotion is key for the success of the programme.
- a) State five features of a community. (5 Marks)
 - b) Explain five challenges of involving the community in health promotion programmes. (15 Marks)
9. Globally, more than 7 million children under five years are classified as severely malnourished.
- a) Discuss five barriers that contribute to malnutritional disorders among the under-five years in Kenya (10 Marks)
 - b) Explain five ways on how to overcome these barriers. (10 Marks)

AMMU