



**AMREF INTERNATIONAL UNIVERSITY**  
**SCHOOL OF PUBLIC HEALTH**  
**DEPARTMENT OF COMMUNITY HEALTH**  
**DIPLOMA IN COMMUNITY HEALTH PRACTICE**  
**SUPPLEMENTARY/SPECIAL EXAMINATION MARCH 2024**

**UNIT CODE:** DCHP 215

**UNIT NAME:** ALTERNATIVE AND COMPLEMENTARY MEDICINE

**DATE:** Thursday 14th March 2024

**TIME:** TWO Hours      **Start: 9:00AM**      **Finish: 11:00AM**

**INSTRUCTIONS**

1. This exam is marked out of 60 marks
2. This Examination comprises TWO Sections  
**Section A:** Compulsory Question (30 marks)  
**Section B:** Long Answer Questions (40 marks)

**SECTION A: 30 MARKS:**

**SHORT ANSWER QUESTIONS: ANSWER ALL QUESTIONS**

- 1 State any 4 the differences between traditional and modern medicine (4 Marks)
- 2 Enumerate any 4 reasons why traditional medicine is gaining popularity worldwide (4 Marks)
- 3 List any 4 types of massage (4 Marks)
- 4 List any 4 common herbs used as medicines in Kenya indicating the diseases they manage (4 Marks)
- 5 List 3 ways in which traditional knowledge is acquired (3 Marks)

- 6 Name any 2 other systems of Traditional medicine in the world indicating their countries of origin (4 Marks)
- 7 State 3 conditions where chiropractic is indicated (3 Marks)
- 8 Give any 4 important information you would record during an ethnobotanical study (4 Marks)

**SECTION B: 40 MARKS**

**ESSAY QUESTIONS: ANSWER ANY 2 QUESTIONS**

9. Discuss how traditional medicine is regulated in Kenya (20 Marks)
10. Describe the practice of Traditional African Medicine in Kenya (20 Marks)
11. Discuss the importance of traditional medicine in primary health care (20 Marks)