



**AMREF INTERNATIONAL UNIVERSITY**  
**SCHOOL OF PUBLIC HEALTH**  
**DEPARTMENT OF COMMUNITY HEALTH**  
**MASTER OF PUBLIC HEALTH**  
**SPECIAL/SUPPLEMENTARY EXAMINATION MARCH 2024**

**UNIT CODE:** MSH 720  
**UNIT NAME:** Adolescent, Sexual and Reproductive Health  
**DATE:** Wednesday 13th March 2024  
**TIME:** Three Hours      **Start:** 4.00PM      **Finish:** 7.00PM

**Instructions**

1. This exam is marked out of 100 marks
2. This Examination comprises TWO Sections  
**Section A: Compulsory Question (25 marks)**  
**Section B: Long Answer Questions (75 marks)**
3. All questions in Section A are compulsory and Answer any THREE questions in Section B
4. This online exam shall take 3 Hours
5. Late submission of the answers will not be accepted
6. Ensure your web camera is on at all times during the examination period
7. No movement is allowed during the examination
8. Idling of your machine for 5 min or more will lead to lock out from the exam
9. The Learning Management System (LMS) has inbuilt integrity checks to detect cheating
10. Any aspect of cheating detected during and or after the exam administration will lead to nullification of your exam.
11. In case you have any questions call the invigilator on Head of Department on Tel +254 720 573 449 or Ag Head of Department +254 723 742 370
12. For adverse incidences please write an email to: [amiu.examinations@amref.ac.ke](mailto:amiu.examinations@amref.ac.ke)

## SECTION A: COMPULSORY

**Q1.** Answer the following questions;

- a) What does Adolescents' sexual and reproductive health mean and why is it important in an individual's life **(5 marks)**
- b) How do religious beliefs and practices influence sexuality among adolescents **(5 marks)**
- c) Explain the importance of the following concepts in Adolescents sexual and reproductive health (ASRH)
  - a) Human development **(5 marks)**
  - b) Contraception **(5 marks)**
  - c) Sexual rights **(5 marks)**

## SECTION B: ANSWER ANY THREE (3) QUESTIONS

**Q2.** Child and forced marriages continue to be experienced in some communities in Kenya as well as in other parts of the world.

- a) What drives this practice and what effect does it have among adolescents? **(10 marks)**
- b) What actions should stakeholders take towards the elimination of the practice? **(15 marks)**

**Q3.** You are running an ASRH club in a school where a teacher raises concerns about a general trend among a group of form two girls whose general behaviours are changing towards indiscipline through the year, with a declining academic performance. Due to pressure from parents, the school recently around the students to carry phones, with strict regulations on when they can be used.

- a) What do you think could be happening to these girls? **(10 marks)**
- b) What practical help can be offered to these girls. **(15 marks)**

**Q4.** Teenage pregnancies outcomes continue to be a challenge among adolescents and youths particularly in the low and medium resource settings.

- a. What challenges contribute to this outcome? **(10 marks)**
- b. What are the results of teenage pregnancies in a girl's life **(5 marks)**
- c. How can the above challenges be addressed? **(10 marks)**

**Q5.** You are working for an NGO that has recently secured some funding to improve SRH services in a certain County. Describe how you would do to meet this objective implementing the including the different factors that you need to consider. **(25 marks)**

**Q6.**

- a. Describe the impact HIV/AIDS pandemic has had on sexual reproductive health of adolescents and youths. **(15 marks)**
- b. How can the negative of HIV/AIDS impact be mitigated? **(10 marks)**

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