



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
BACHELOR OF SCIENCE IN COMMUNITY HEALTH
SPECIAL/SUPPLEMENTARY EXAM, MARCH 11TH-15TH MARCH 2024

CHP 115: PRINCIPLES OF COMMUNITY HEALTH

Date: Thursday 14th March 2024

Time: 2 hours **Start:** 4.30 **Stop:** 6.30 am

INSTRUCTIONS

1. This exam is marked out of 70 marks
2. This Examination comprises TWO Sections
Section A: Compulsory Question (30 Marks)
Section B: Long Answer Questions (40 Marks)
3. All questions in Section A are compulsory and Answer any TWO questions in Section B
4. This online exam shall take 2 Hours
5. Late submission of the answers will not be accepted
6. Ensure your web-camera is on at all times during the examination period
7. No movement is allowed during the examination
8. Idling of your machine for 5 min or more will lead to lock out from the exam
9. The Learning Management System (LMS) has inbuilt integrity checks to detect cheating
10. Any aspect of cheating detected during and or after the exam administration will lead to nullification of your exam
11. In case you have any questions call the invigilator on Head of Department on Tel +254720573449 or Ag Head of Department +254723742370
12. For adverse incidences please write an email to: amiu.examinations@amref.ac.ke

SECTION A: COMPULSORY QUESTION (30 MARKS)

1. State two dimensions of health (2 Marks)
2. Mention two modes of disease transmission (2 Marks)
3. Name three indicators of a healthy nation (3 Marks)
4. Explain four roles of community health workers in delivery of health services (4 Marks)
5. Identify four stages of natural history of a disease (4 Marks)
6. State five Ottawa Charter key areas of focus in health promotion. (5 Marks)
7. Highlight five reasons why people over 65 years are considered high risk groups in the community. (5 Marks)
8. Outline five factors that promote the spread of infectious diseases (5 Marks)

SECTION B: ATTEMPT ANY TWO QUESTIONS (40MKS)

9. For sustainability of health programs, it is essential to involve the community at the center of its operation.
 - a. Elaborate on five importance of involving the community in health intervention programs (10 Marks)
 - b. Explain five reasons why community members do not actively participate in health programs (10 Marks)
10. Access to health care is a universal human right.
 - a. Explain five human rights that promote health and wellbeing (5 Marks)
 - b. Describe five are health promotion strategies you can implement to ensure the under-five live a dignified livelihood (15Marks)
11. Disease prevention can be conducted at different level. Discuss disease prevention under the following levels:
 - a. Quaternary (4 Marks)
 - b. Primordial (4 Marks)
 - c. Primary (4 Marks)
 - d. Secondary (4 Marks)
 - e. Tertiary (4 Marks)