



**AMREF INTERNATIONAL UNIVERSITY**  
**SCHOOL OF PUBLIC HEALTH**  
**DEPARTMENT OF COMMUNITY HEALTH**  
**BACHELOR OF SCIENCE IN COMMUNITY HEALTH**  
**SPECIAL/SUPPLEMENTARY EXAM, MARCH 11<sup>TH</sup>-15<sup>TH</sup> MARCH 2024**

**CHP AIU 114: INTRODUCTION TO SOCIAL PSYCHOLOGY**

**Date:** 13<sup>th</sup> March 2024

**Time:** 2 hours

**Start:** 4.30

**Stop:** 6.30 am

**INSTRUCTIONS**

1. This exam is marked out of 70 marks
2. This Examination comprises TWO Sections  
**Section A:** Compulsory Question (30 Marks)  
**Section B:** Long Answer Questions (40 Marks)
3. All questions in Section A are compulsory and Answer any TWO questions in Section B
4. This online exam shall take 2 Hours
5. Late submission of the answers will not be accepted
6. Ensure your web-camera is on at all times during the examination period
7. No movement is allowed during the examination
8. Idling of your machine for 5 min or more will lead to lock out from the exam
9. The Learning Management System (LMS) has inbuilt integrity checks to detect cheating
10. Any aspect of cheating detected during and or after the exam administration will lead to nullification of your exam
11. In case you have any questions call the invigilator on Head of Department on Tel +254720573449 or Ag Head of Department +254723742370
12. For adverse incidences please write an email to: [amiu.examinations@amref.ac.ke](mailto:amiu.examinations@amref.ac.ke)

**SECTION A: THIS SECTION IS COMPULSORY (30 MARKS)**

1. Citing examples, highlight four factors that affect human behavior. (4 marks)
2. Enumerate three characteristics of social psychology. (3 marks)
3. Outline five key elements that must be present for classical conditioning to take place. (5 marks)
4. Outline four symptoms of anxiety disorders. (4 marks)
5. Highlight how two components of personality structure according to Sigmund Freud affect human behavior. (4 marks)
6. Identify four ways in which psychological disorders can impact health systems management. (4 marks)
7. State three symptoms of schizophrenia. (3 marks)
8. Identify three multi factorial factors contributing to personality disorders. (3marks)

**SECTION B: ANSWER TWO QUESTIONS FROM THIS SECTION**

9. a) Salimah is a 32-year-old woman who recently experienced a significant loss in her life when her long-term romantic relationship ended abruptly. Since then, Salimah has been struggling to cope with overwhelming feelings of sadness, anger, and confusion. Despite her efforts to move on, she finds herself constantly thinking on what went wrong and feeling paralyzed by fear of the future. Using Freud's theory of ego-defense mechanisms, discuss five coping mechanisms she can employ to deal with her predicament. (10 marks)
- b). Tom is a college student who is struggling to stay motivated and focused on his studies. Despite his initial enthusiasm for his courses, he finds himself increasingly disengaged and procrastinating on assignments. Tom's grades have started to decline, and he is worried about his academic performance. Discuss five factors that can influence Tom's behaviour and academic outcomes. (10 marks)
10. a) Alex, a 21-year-old individual, has recently been reflecting on his life experiences and struggles with defining his identity. He finds himself pondering

his career choices, relationships, and sense of purpose. Additionally, Alex is questioning the societal expectations placed upon him regarding gender roles and expressions. Discuss Erik Erikson's stages of personality development, focusing on Alex's current stage of psychosocial development. (10 marks)

b) David, a 22-year-old Kenyan college student, recently came out as gay to friends and family. Explain the challenges David is likely to face in college as he explores his identity within a diverse social context. (10 Marks)

11. Zuwena, a 14-year-old, was sitting in a science class watching a film. All of a sudden, she started feeling really strange. Her ears seemed to be stuffed with cotton and her vision was very dim. She was cold, had broken out in a sweat, and felt extremely afraid for no good reason. Her heart was racing and she immediately became convinced that she was dying. A friend sitting behind her saw how pale she had become and tried to ask her what was wrong, but Zuwena couldn't speak. She was in a state of panic and couldn't move. The friend got the teacher's attention, who motioned Zuwena to come over to him. Although she would have sworn she couldn't move, she stood up to go to him and immediately everything returned to normal.

a). Reflecting on the above case study, identify what disorder Zuwena could be suffering from. (2 marks).

b) Justify the answer above (a) using three relevant examples. (3 marks)

c). Discuss five intervention measures you can employ in managing the disorder. (15 marks)