



Qualification Code : 102105T4COH
Qualification : Community Health Level 5
Unit Code : HE/OS/CH/CR/05/5/A
Unit of Competency : Conduct Community Health Service Strategies

WRITTEN ASSESSMENT

Time: 3 Hours

INSTRUCTION TO CANDIDATE

1. This paper has three sections A, B and C
2. You are provided with a separate answer booklet
3. Marks for each question are as indicated
4. Do not write on the question paper

SECTION A: (20 MARKS)

Answer all the questions in this section

1. Which of the following is an element of community health services strategy?
 - A. Awareness creation
 - B. Community Health Unit
 - C. Partnership
 - D. Community Forums
2. Identify from the following, an indicator from the household register.
 - A. Functional household latrine
 - B. Knowledge of pneumonia status in the household
 - C. Known acute illness in the household
 - D. Access to health facilities by the household members
3. From the statements below, identify a characteristic of a functional partnership
 - A. Partnership encourages use of appropriate technology
 - B. Partnership enables co-ordination of various sectors
 - C. Partnership seek to recognize, affirm and build on strengths of each other
 - D. Partnership entails use of legal framework
4. Which of the following is a step of conducting a community health needs assessment?
 - A. Identifying and securing resources
 - B. Develop comprehensive stakeholder
 - C. Mobilizer groups
 - D. Dissemination of data
5. Which one of the following is a service delivered at Level 1 as per the Kenya Essential Package of Health (KEPH)?
 - A. Referred services
 - B. Behaviour-change communication
 - C. Community dialogue
 - D. Community action

6. Choose from the following, a method that a community health worker can use to identify community health unit boundaries.

- A. A region that has approximately 1000 households
- B. A region that has been demarcated by the Ministry of Lands with 1000 households.
- C. A region that has a private dispensary serving all the 1000 households.
- D. A region that uses rivers and mountains as boundaries with 1000 households

7. _____ is an aim of advocacy towards the implementation of community health strategy programs.

- A. Developing relevant cost-effective behaviour change messages.
- B. Enhancing community capacity to maintain household behaviour change
- C. Promoting an inter-sectorial disciplinary approach to implementation
- D. Mobilizing resources for development of a supportive system.

8. Identify from the following, an aim of social mobilization as a precursor of conducting community health service strategy activities.

- A. Helping the community to develop simple format for collecting, keeping, processing and disseminating the information.
- B. Identifying roles, responsibilities for various partners in the implementation of services delivered at the household level.
- C. Working with the communities to determine key information to collect.
- D. Promoting self-directed problem identification

9. Which of the following requirements will a community health assistant consider when recruiting a community health promoter?

- A. Should be forty years and above
- B. Must have a university certification
- C. Should be having a Kenyan passport
- D. Should be willing to serve the community without charging.

10. Choose from the following a reason for visiting gate keepers of the community before initiating a new programme.

- A. They identify the current and previous health trends within the community
- B. They formulate the goals and objectives of each focal person
- C. They act as entry points into the community
- D. They protect community norms

11. Which of the following ways can a community health assistant use to motivate community health volunteers?

- A. Reporting to the focal person on the activities they have been involved in
- B. Motivating members of the community to adopt health promoting practices
- C. Giving them priority when there are paid jobs for health campaigns and mass treatments.
- D. Organizing, mobilizing and leading village health activities

12. Community entry refers to the _____

- A. Process of visiting gate keepers to enhance service delivery and the package of care and support
- B. Process of initiating, nurturing and sustaining a desirable relationship while securing community interest
- C. Process of collecting health data in the community on health indicators
- D. Process of disseminating analyzed information for dialogue, advocacy and social mobilization to enhance the implementation of community programmes

13. Which of the following health management committees of the governance structure is responsible for level two and three of the service system?

- A. Health sector coordinating committee
- B. Joint inter-agency coordinating committee
- C. Sub-county health Stakeholder forum
- D. Health facility committee

14. Which one of the following is a step in initiating a partnership strategy?

- A. Awareness raising and formation of structures
- B. Establishing linkage between the system and the community
- C. Liaising with the CHCs in convening community health days for joint health actions
- D. Strengthening community involvement in decision making

15. Identify from the following a type of partnership.

- A. Positive partnership
- B. Absolute partnership
- C. Paradigm interdependence partnership
- D. Synergistic partnership

16. Which of the following principles guides the implementation community health services strategy?

- A. Information dissemination strategy
- B. Community Centered Approach
- C. Inter-institutional collaboration
- D. Efficiency and self-reliance

17. Choose from the following what to use as a guideline for conducting community dialogue days.

- A. Develop a community dialogue day program
- B. Establish a community linkage structure
- C. View the records of the local administration
- D. Conduct regular meetings with community health volunteers

18. Which of the following is a reason for community health assistants to carry out regular support supervision?

- A. To monitor the development of community health promoters
- B. To guide community health promoters in giving vaccines
- C. To ensure compliance of community members to health seeking behaviours
- D. To coach community health promoters to comply with standards

19. Who among the following is an actor at Level One of health service provision as per The Kenya Essential Package for Health.

- A. Authorities including government agencies
- B. Religious leaders
- C. Community own resource person
- D. Core beneficiaries

20. _____ is a service offered at Level 6 of health service delivery system in Kenya.

- A. Screening for early detection of health problems
- B. Support for behaviour formation
- C. Family planning
- D. Specialized services

SECTION B: (40 MARKS)

Answer ALL the questions in this section

21. Define the following terms as used in community health strategy services (4 Marks)

- a) Community health unit
- b) Community dialogue
- c) Community action day
- d) Appraisal

22. Many programs have developed training materials and curricula to ensure Community Health Volunteers (CHVs) learn the skills necessary to serve the targeted population. Identify **FOUR** training materials you will gather in preparation for training (CHVs). (4 Marks)

23. Training involves an expert working with learners to transfer to them knowledge, attitude and skills. Highlight **FOUR** reasons for training community health volunteers. (4 Marks)

24. Community health annual work plan is established as per standard community health requirements. State **THREE** importance of developing a Community health annual work plan by Community Health Committees (CHC). (3 Marks)

25. Community Health Volunteers should be accepted by the whole community as they are the link-pin between the household system and the health system. Enumerate **FOUR** criteria used in selection of community health volunteers. (4 Marks)

26. The Kenyan Healthcare system is arranged in various tiers. Identify **SIX** levels of service delivery in health care. (3 Marks)

27. Essential packages for health was developed by the ministry of health with an objective of improving health status of Kenyan communities. Outline **THREE** key components of Kenya Essential Package for Health (KEPH). (3 Marks)

28. Community Health Units' boundaries are determined based on target population. Illustrate the **FOUR** Community Health Unit (CHU) structure according to Community Health Strategy. (4 Marks)

29. The goal of reducing health inequities can only be achieved through effective community participation in decision-making, resource mobilization and allocation. Outline **FOUR** key actors of community health strategy at level 1. (4 Marks)

30. Effective communication requires a message, the sender of the message, the receiver of the message, and feedback from the receiver to the sender. Highlight **THREE** characteristics of effective messages. (3 Marks)

31. Community entry refers to the process of initiating, nurturing, and sustaining a desirable relationship with the purpose of securing and sustaining a community's interest in all aspects of a program. Identify **FOUR** steps you will use when conducting community entry process. (4 Marks)

SECTION C: (40 MARKS)

Attempt any TWO questions in this section

32. Community Health Volunteers are important personnel in the implementation of community health strategy.

a) Explain **FIVE** roles of a Community health volunteer. (10 Marks)

b) Explain **FIVE** functions of the Community Health Committee. (10 Marks)

33. The Kenya Essential Package for Health (KEPH) is designed as an integrated collection of cost-effective interventions that address key issues within the community, focusing on effective communication aimed at behaviour change.

a) State the first **FOUR** levels of service delivery in the health care system. (8 Marks)

b) Discuss **FOUR** key issues stipulated in the Kenya Essential Package for Health (KEPH) (12 marks)

34. Conducting community health promoters performance evaluation is important for effective delivery of community health services.

a) Explain the term performance evaluation. (2 Marks)

b) Explain **FOUR** goals of employee performance evaluation. (8 Marks)

c) Describe **FIVE** steps followed in creating an effective evaluation system. (10 Marks)