



### AMREF INTERNATIONAL TRAINING CENTER

Qualification Code : 102105TA  
Qualification : Assistant Community Health Officer Level 5  
Unit Code : HE/OS/CH/CR/04/5/A  
Unit of Competency : Conduct community health linkages

### CANDIDATE WRITTEN ASSESSMENT

#### INSTRUCTIONS TO CANDIDATE

1. You have **THREE** hours to answer all the questions.
2. Marks for each question are indicated in the brackets.
3. The paper consists of **TWO** sections: A and B.
4. Do not write on the question paper.
5. A separate answer booklet will be provided.

*This paper consists of SIX (6) printed pages*

*Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing.*

**SECTION A: (20 Marks)**

*In this section, each correct answer is 1 mark*

1. From the choices given below, identify a benefit of the Universal Health Coverage program.
  - A. It guarantees equal access to health services for all citizens
  - B. It provides the only platform for health care financing
  - C. It is a source of revenue to the government
  - D. It is a source of healthcare system supplies and commodities
  
2. Identify from the following, a reason for treatment defaulting amongst patients in Kenya
  - A. Accessibility of health services
  - B. Stigma
  - C. Peer pressure
  - D. Adequate health information
  
3. You have been invited to carry out health training in a given community. Identify from the following, a reason that would guide your selection of training objectives
  - A. The health needs of the target community
  - B. Location of the community
  - C. Qualifications of the community members
  - D. Tribal affiliation of the community
  
4. The goal of referral is to improve and streamline communication among health providers involved in patient care. Which among the following tools is a community referral tool?
  - A. MOH 514
  - B. MOH 515
  - C. MOH 100
  - D. MOH 516
  
5. Which of the following factors hinders the sustainability of universal health care coverage in Kenya
  - A. Shortage of government budgetary resources
  - B. Political goodwill and stability
  - C. Apt infrastructure
  - D. Enough health care provider

6. The term that describes a state where the health care is geographically within reach of the entire community is known as
    - A. Availability
    - B. Accessibility
    - C. Acceptability
    - D. Affordability
  7. Community health unit is in which tier of the health care system ?
    - A. Tier 2
    - B. Tier 1
    - C. Tiers 3
    - D. Tier 6
  8. Partnership is an association between two or more parties. Which one among the following is characteristic of an effective partnership?
    - A. Equal responsibilities
    - B. Responsibilities with family members
    - C. Responsibilities with authority
    - D. Division amongst shareholder
  9. Which of the following methods can a community health assistant use to obtain secondary data during community health needs assessment
    - A. Focus Group Discussion
    - B. Health journals
    - C. Interviews
    - D. Observation checklists
- Population is the term typically used to refer to the number of people in a given area. Which among the following describes a target population?
- A. Group of people with blood relationship.
  - B. Group of people with same geographical area.
  - C. Group of people with desirable characteristics.
  - D. Group of people with who have the same chief.
10. Choose from the following, a venereal disease
    - A. Malaria
    - B. Tuberculosis
    - C. Syphilis
    - D. Hypertension

11. Primary health care enables health systems to support a person's health needs. Select from the following, an element of primary health care.
- A. Maternal child health and family planning
  - B. Rehabilitation
  - C. Tertiary prevention of diseases
  - D. Surgery
12. The step by step implementation in which an intervention is introduced first to a smaller group instead of the entire population is referred to as :
- A. Scoping
  - B. Phasing
  - C. Screening
  - D. Monitoring
13. Which one among the following is a role of a community health worker
- A. They help in linking the community to a health facility
  - B. They help in voter registration
  - C. They act as social protection officer
  - D. They provide admission of the terminally ill
14. In the referral tool there are details required for efficient management of the client. Which one is not found in the referral tool.
- A. Presenting complains
  - B. The referring community health assistant
  - C. County of referred patient
  - D. The contact and name of the caregiver of the patient
15. Community mobilizer liaises with community members and stakeholders to ensure actions are adequately coordinated. Who among the following people can influence community mobilization?
- A. Children
  - B. Religious leaders.
  - C. Policemen
  - D. Bankers.

16. Choose from the following, a challenge that you might experience when conducting defaulter tracing.
- A. Non-adherence to medication
  - B. Wrong documentation
  - C. Poor health-seeking behaviors
  - D. Large volumes of patient data
17. Identify from the following an aspect that is not covered by health insurance Policies in Kenya.
- A. Hospital bed
  - B. Congenital defects
  - C. Nursing care
  - D. Laboratory services
18. What does the acronym HIA stand for?
- A. Health Information Analysis
  - B. Health Impact Assessment
  - C. Health Impact Analysis
  - D. Health Information Assessment
19. Which of the following is a barrier to access of quality health care services in Kenya?
- A. Health care services
  - B. Limited man power
  - C. Referral system
  - D. Communication channel
20. What is the goal of primary health care?
- A. Addresses community health concerns and develop new service options.
  - B. Manage many healthcare needs while coordinating and improving access to services.
  - C. Help individuals who cannot afford routine health care services and specialty care.
  - D. Take care of all health needs from birth to death.

**SECTION B.**

**TOTAL MARKS AVAILABLE: 40Marks**

21. Define the following: (4 Marks)
- a) Community Health
  - b) Health Insurance Scheme
22. Highlight THREE measures that the government can put in place to improve access to health services in Kenya (3 Marks)
23. Health outreaches serve the purpose of taking services closer to the community. Identify THREE legal requirements when conducting community health outreaches (3 Marks)

24. State FIVE things to consider when determining priority problems during community diagnosis (5 Marks)
25. You are planning to partner with a local Non-Governmental Organization in your community health programs. List FIVE strategies and practices that are common in partnerships (5 Marks)
26. State the THREE pillars of Universal Health Care (3 Marks)
27. Name THREE health indicators that can be used in community diagnosis (3 Marks)
28. Highlight FIVE approaches of social mobilization (5 Marks)
29. Defaulting is one of the challenges many health programs face. List FIVE reasons for defaulting (5 Marks)
30. Youths are one of the populations you can target when developing health programs. Highlight FOUR health programs you can develop for the youth (4 Marks)

**SECTION B (40 MARKS)**

**This section contains THREE questions answer any TWO questions.**

**Each question will be awarded marks as indicated at the end of each question.**

31. A Community Health Information System is a system that generates health related information through sources at the community level.
- a) Explain FIVE tools that are used in the Community Health Information System (10 Marks)
- b) Describe FIVE challenges facing Community Health Information System in Kenya (10 Marks)
32. In an effort to achieve Universal Health Care, many countries provide free health care to those on low incomes by pooling funds so that the cost of health care is shared more equally across society.
- a) Explain THREE types of Health insurance schemes (6 Marks)
- b) Describe FIVE key types of insurance policies (10 Marks)
33. Kiambu is one of the healthiest counties in Kenya. However, some residents are healthier and have more opportunities to lead a healthy life . Discuss TEN determinants of health (20 Marks)