



### AMREF INTERNATIONAL TRAINING CENTER

Qualification Code : 102106T4COH  
Qualification : Assistant community health officer Level 6  
Unit Code : HE/OS/CH/CR/01/6/A  
Unit of Competency : Manage community health care

### CANDIDATE WRITTEN ASSESSMENT

#### INSTRUCTIONS TO CANDIDATE

1. You have **THREE** hours to answer all the questions.
2. Marks for each question are indicated in the brackets.
3. The paper consists of **TWO** sections: A and B.
4. Do not write on the question paper.
5. A separate answer booklet will be provided.

*This paper consists of **THREE (3)** printed pages  
Candidates should check the question paper to ascertain that all the pages are printed as  
indicated and that no questions are missing.*

#### SECTION A: (40MARKS)

**Answer all questions in this section**

1. Define the following: (4 Marks)
  - a.) Information
  - b.) Advocacy
2. Community entry is a crucial part of needs assessment. State THREE important activities to conduct before community entry (3Marks)
3. Name THREE principles of Primary Health Care (3 marks)
4. As a community health worker, you have been requested to conduct a community health education session on malnutrition. Identify THREE aims of health education (3Marks)
5. Injury is a damage to the body caused by external forces. List TWO causes of injuries (2Marks)
6. As the community health worker in your local facility, you have been tasked with developing a disease surveillance system. Outline FOUR uses of disease surveillance (4Marks)
7. The essential drugs are those that satisfy the health care needs of the majority of the population. Identify FIVE criteria used by Community Health Volunteers to identify essential drugs(5 Marks)
8. Individual Birth Plans are plans that help a pregnant woman prepare a birth plan, that is, what to do when the time comes. Name THREE things they enable a pregnant woman to achieve (3 Marks)
9. State FOUR steps of disease surveillance process (4 Marks)
10. Referrals are one of the responsibilities of community health workers. Identify TWO reasons for referrals (2 Marks)
11. Differentiate between the persuasion and the informed decision-making approaches of health education (4 Marks)
12. Miss. Y is a community health worker and she has been invited to the Maternal Child Health Clinic to educate the mothers on exclusive breast feeding. State THREE benefits of breast feeding to the mother (3 Marks)

**SECTION B: 60 MARKS**

**Answer only THREE questions**

13. Behavior is an action that has a specific frequency, duration and purpose whether conscious or unconscious. People stay healthy or become ill, often as a result of their own action or behavior.
  - a) Explain FIVE categories of behavior that influence the promotion of health and prevention of illnesses (10 Marks)
  - b) Describe FIVE predisposing factors affecting human behavior (10 Marks)
14. A home visit is one of the essential parts of the community health services because most of the people are found in a home. Home visit fulfils the needs of individual, family and community in general for nursing service and health counselling.
  - a) Describe FOUR types of home visits (8 Marks)
  - b) Describe SIX principles of conducting home visits (12 Marks)

15. Immunization is a key method of preventing disease in children. In Kenya, the Ministry of Health has put in place a schedule for the immunization of children. Describe this schedule including the age of immunization, specific vaccines given and the diseases they prevent (20 Marks)
16. Disease surveillance is the ongoing, systematic collection, analysis, and interpretation of health-related data essential to planning, implementation, and evaluation of public health practice, closely integrated with the timely dissemination of these data to those responsible for prevention and control.
- a) Explain FOUR types of disease surveillance (8 Marks)
  - b) Describe SIX attributes of surveillance (12 Marks)

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