



**Qualification Code** : **031306T4PSY**  
**Qualification** : **Counseling psychology Level 6**  
**Unit Code** : **PSY/OS/CO/CR/06/6/A**  
**Unit of Competency** : **Medical Conditions Counseling**

### **EXCERPT**

#### **INSTRUCTIONS TO THE PERSON ACTING AS THE CLIENT**

1. Rehearse the following excerpt which captures the content of what you will present to the counsellor in a simulated situation where you act as a client.
2. You have 15 minutes to rehearse.

Jane is a 55 years old lady who recently retired as a high school teacher. She had had a healthy lifestyle during her many years as a mother of two boys and one girl. She was married to a high school teacher many years ago. Two months ago, Jane was diagnosed with stage two breast cancer. She did not believe when the doctor broke the news to her. She struggles with accepting her diagnosis and the impact it will have on her family and financial costs. The client expresses anxiety and fear about undergoing cancer treatment, especially surgery. She was referred to you for counselling sessions when she could not take in the shocking news of the diagnosis.