



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING & MIDWIFERY SCIENCES
END OF SEMESTER AUGUST 2024 EXAMINATIONS**

COURSE CODE AND TITLE: BSN 311- GENDER, SEXUAL AND REPRODUCTIVE HEALTH

DATE: Tuesday 13th August 2024

Duration: 2 HOURS

Start: 9:00 AM

Finish: 11:00 AM

INSTRUCTIONS

1. This exam is out of 70 marks
2. This Examination comprises THREE Sections. Section I: Multiple Choice Questions (20 marks) Section II: Short Answer Questions (30 marks) and Section III: Long Answer Questions (20 marks)
3. Answer ALL Questions.
4. Do Not write anything on the question paper -use the back of your booklet for rough work if need be.

1. Negative health behaviours that can be exhibited by a client who survives gender based violence include:
 - A. Phobia, eating and panic disorders
 - B. Drug abuse, smoking and prostitution
 - C. Anxiety, depression and low self esteem
 - D. Infertility, chronic pain and genital injuries
2. Partial or total removal of clitoris and labia minora with or without removal of labia majora is referred to as;
 - A. Clitoridectomy
 - B. Infibulation
 - C. Excision
 - D. Cauterisation
3. Fairness and justice in the distribution of benefits and responsibilities between men and women are referred to as;
 - A. Gender equality
 - B. Gender analysis
 - C. Gender mainstreaming
 - D. Gender equity
4. A statement which correctly describes gender is:
 - A. It is a classification
 - B. It varies within and between cultures
 - C. It is static and does not vary
 - D. It is innate
5. One of the following statements correctly describes gender disparities:
 - A. Systematic differences in outcome that men and women achieve in an individual or particular sector
 - B. Rigid constructs that promote the belief that differences are biological rather than social.
 - C. Unequal or unfair treatment of men and women based solely on their sex rather than on their individual skills, talents and capability.
 - D. Equal treatment of women and men, girls and boys so that they can enjoy the benefits of development

6. The statement that best describes gender stereotypes is:
 - A. Systematic differences in outcome that men and women achieve in an individual or particular sector
 - B. They believe that gender roles are based on biological differences rather than on socially constructed expectations
 - C. It is imbalances/differences that arise due to socially assigned gender roles/issues
 - D. A policy that favors marginalized/ disadvantaged groups in society, such as women
7. Following sexual assault, a survivor is advised to do one of the following:
 - A. Brush hair
 - B. Shower, bathe or clean up
 - C. Change clothing
 - D. Wrap the clothes in a newspaper or brown paper bag
8. The main purpose of conducting forensic examination is to;
 - A. Identify sexual transmitted infections
 - B. Assess HIV infection risk
 - C. Identify the offender
 - D. Rule out pregnancy
9. The HIV post-exposure prophylaxis regimen following a sexual assault ordeal should be given for:
 - A. 7 days
 - B. 14 days
 - C. 21 days
 - D. 28 days
10. The elements of comprehensive obstetric care include;
 - A. Surgery and blood transfusion
 - B. Assisted delivery and anaesthesia
 - C. Parenteral antibiotics and manual removal of placenta
 - D. Blood transfusion and manual removal of placenta
11. Vulvovaginal pruritus is caused by;
 - A. Neisseria gonorrhoea and Trichomona vaginalis
 - B. Chlamydia trachomatis and Neisseria gonorrhoea
 - C. Haemophilus ducreyi and Chlamydia trachomatis
 - D. Trichomona vaginalis and Candida albicans
12. Cervicitis is caused by;
 - A. Neisseria gonorrhoea and Trichomona vaginalis
 - B. Chlamydia trachomatis and Neisseria gonorrhoea
 - C. Haemophilus ducreyi and Chlamydia trachomatis
 - D. Trichomona vaginalis and Candida albicans

13. Known HIV exposed infants should be commenced on HIV prophylaxis. Which drugs should be given to infants and for how long ?
 - A. 4 weeks of AZT + NVP and thereafter NVP should be continued until 4 weeks after complete cessation of breastfeeding
 - B. 8 weeks of AZT + NVP and thereafter NVP should be continued until 8 weeks after complete cessation of breastfeeding
 - C. 6 weeks of AZT + NVP and thereafter NVP should be continued until 6 weeks after complete cessation of breastfeeding
 - D. 6 weeks of AZT + NVP and thereafter NVP should be continued until 2 weeks after complete cessation of breastfeeding
14. Many people suffer silently the issues of gender based violence. Which of the following are forms of psychological violence
 - A. Verbal abuse and wife battering
 - B. Denying one chance to go to work and Rumour mongering
 - C. Constant humiliation and verbal abuse
 - D. Rumour mongering and tracking patterns phone
15. A long-term physical effect that can occur in a girl/woman who has undergone female genital cutting is:
 - A. Severe pain and neurogenic shock
 - B. Fatal Haemorrhage and haemorrhagic shock
 - C. Acute urine retention from fear of pain, tissue swelling or injury of the urethra
 - D. Cysts and abscesses on the vulva
16. In adolescent sexual reproductive health, Young people have specific services prescribed for them in the youth friendly centre. Young people refer to:
 - A. Any person between the age of 10 to 19 Years
 - B. Any person between the age of 10 to 24 years
 - C. Any person between the age of 15 to 24 years
 - D. Any person between the age of 12 to 24 years
17. The gender analysis framework that focuses on the roles of women vs. men, categorizing them as either productive, reproductive or community involvement is:
 - A. Moser Framework
 - B. Gender Analysis Matrix
 - C. Harvard Framework
 - D. Levy Framework
18. Appropriate first line treatment that the nurse would offer to a male adult presenting with urethral discharge is:
 - A. Cefixime 1gm Stat and Azithromycin 1g Stat
 - B. Ceftriaxone 2g Stat and Azithromycin 1.5 g Stat
 - C. Gentamycin 240 mg Stat and Azithromycin 1gm Stat
 - D. Cefixime 400 mg Stat and Azithromycin 1g Stat

19. The most appropriate treatment given to pregnant women presenting with vaginal discharge and pruritus is:
- A. Fluconazole 150 mg P.O Stat
 - B. Metronidazole 2gm P.O Stat
 - C. Clotrimazole pessaries 200 mg OD for 3 days
 - D. Norfloxacin 800 mg Stat
20. When providing reproductive health counselling to a client, the nurse applies one of the following to promote the process:
- A. Uses closed ended questions
 - B. Anticipates what the client will say next
 - C. Accepts the client's opinion as valid
 - D. Asks the client a question to change the subject

SECTION II- SHORT ANSWER QUESTIONS (SAQS) 30 MARKS

- 21 Differentiate gender and sex (6 marks)
- 22 Enumerate the eight (8) pillars of safe motherhood (4 marks)
- 23 State five (5) reasons given for practicing FGM (5 marks)
- 24 Outline 4 C'S of STI management
(4marks)
- 25 Outline six (6) adolescent and youth self-barriers to accessing health services (6marks)
- 26 Using GATHER approach, outline the essential steps of reproductive health counselling
(5 marks)

SECTION III:LONG ANWER QUESTIONS 20 MARKS

- 27 Miss K, a 21 year old college student, has been referred to your health care facility stating that she was raped during a party at her friend's house.
- a. Citing specific regimen, describe five (5) key pharmacologic interventions that will be offered to Miss K.
(10marks)
 - b. Describe nursing management that will be provided for Miss K during this review. (10 marks)