



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING AND MIDWIFERY SCIENCES
END OF SEMESTER EXAMINATIONS AUG 2024

COURSE CODE AND TITLE: BSN 415-HEALTH PROJECT MANAGEMENT

DATE: xxxxx

TIME: 2 Hours

Start: 2:00pm

Finish: 4:00pm

INSTRUCTIONS

1. This exam is out of 70 marks
2. This Examination comprises THREE Sections. Section I: Multiple Choice Questions (20 marks) Section II: Short Answer Questions (30 marks) and Section III: Long Answer Questions (20 marks)
3. Answer ALL Questions.
4. Do Not write anything on the question paper -use the back of your booklet for rough work if need be.

SECTION I: MULTIPLE CHOICE QUESTIONS -20 MARKS

1. Projects are :-
 - A. Temporary
 - B. Long lasting
 - C. Temporary and Long lasting
 - D. Groupings of programs
2. Project management helps to :-
 - A. Achieve project manager's objectives
 - B. Optimize use of donor resources to meet all community interests
 - C. Meet and satisfy the desires of local governments
 - D. Identify and manage risks likely to affect the project
3. A low burn rate refers in a project means:-
 - A. More activities have been carried out than expected
 - B. Less activities have been carried out than planned
 - C. Project funds have been spent in unintended activities
 - D. A project has fewer staff than planned for in the funded proposal
4. The following are components of a projects' results chain:-
 - A. Baseline survey, log frame, catalogue and frameworks
 - B. Project reports, vouchers, budgets and frameworks
 - C. Inputs, outputs, outcomes and impact
 - D. Donor reports, workplans, datasets and compendium
5. The indicators for monitoring projects should be:-
 - A. Given by donors
 - B. Realistic
 - C. Monetary
 - D. Flexible
6. A program involves :-
 - A. Grouping of related projects
 - B. A large-scale government funded initiative
 - C. Grouping of many activities in a project
 - D. Bringing together of several organizations to implement a project

7. When using the Fish-bone diagram to do a root cause analysis , the following should be examined,
 - A. People, Policies and environment
 - B. Processes, policies and Publicity
 - C. Procedures, policy landscape and micro-economics
 - D. Micro-economics, procedures and epigenetics

8. Root Cause Analysis (RCA) in project design, mainly helps to :-
 - A. Establish causal-effect relationship between the problem and its causes
 - B. Identify the primary stakeholders for the project
 - C. Estimate the cost of eliminating the cause of a health problem
 - D. Distinguish direct and indirect variables

9. Baseline assessments are mainly carried out to :-
 - A. Identify needs and potentials of a project
 - B. Estimate the total cost of a project
 - C. Identify the right stakeholders to jointly apply for a grant with
 - D. Convince the government to change due health policies

10. The following is a primary stakeholder in a project promoting increased utilization of ANC services:-
 - A. Pregnant women and male partners
 - B. Midwives and professional associations
 - C. Ministries of Health and regulatory bodies
 - D. Community Health Workers and county director of health

11. The following is an output indicator:-
 - A. Number of vehicles purchased for a project
 - B. Proportion of midwives trained on performing obstetric ultrasounds
 - C. Quality of maternal health care in a facility
 - D. Number of workshops held to train nurses on infection control

12. Problem tree analysis helps to:-
 - A. Design a project
 - B. Implement a project
 - C. Formulate advocacy strategy
 - D. Identify the right donors for a project

13. Project management activities includes,
 - A. Fundraising, results-based analysis
 - B. Baseline assessment, Quality management

- C. Fundraising, Human resource management
 - D. Problem solving, Time management
14. The following are members of a project implementation team:-
- A. Project officer, project manager and field officers
 - B. Project assistants, community elders and regulatory bodies
 - C. Ministry of Health, program manager and Chief of Party
 - D. Project officers, Ministers of Health and directors of health
15. In project design, a priority ranking matrix helps to:-
- A. Devine causal effects of a problem and associated factors
 - B. Define challenges a project is likely to face
 - C. Identify the feasible interventions to solve a community health problem
 - D. Identify the project staff who are due for promotion
16. Impact assessment for a project should be carried out:-
- A. At the beginning of the project
 - B. When the project has been 50% completed
 - C. Immediately the funding is over
 - D. At least 2 years after the project is closed
17. Efficiency in projects management measures:-
- A. Unit input versus unit output
 - B. Proportion of achieved indicators
 - C. The rate of spending funds in a project
 - D. Internal versus external staff support for a project
18. A No Cost Extension in project management is used to ,
- A. Seek approval to spend remaining funds at the end of the scheduled time
 - B. A narrative and financial report of a project
 - C. Barriers mitigation to extend a project beyond funding period
 - D. Remind the funder to remit outstanding funds
19. Change management in projects mostly targets
- A. The people side
 - B. Infrastructure

- C. External stakeholders
 - D. Interns and volunteers
20. Force Field Analysis (FFA) concept is used to
- A. Identify people resisting change in a project
 - B. Identify driving forces for change
 - C. Identify priority partners in a project
 - D. Assess sustainability of a project

SECTION II: SHORT ANSWER QUESTIONS 30 MARKS

- 1. State five (5) components of a project (5 Marks)
- 2. State five (5) tools used in project management (5 Marks)
- 3. Outline five (5) components of a fundraising proposal (5 Marks)
- 4. State five (5) reasons why projects are evaluated (5 marks)
- 5. Outline five (5) qualities of a well-managed project (5 marks)
- 6. State five (5) stakeholders required in a child feeding project (5 marks)

SECTION III: LONG ANSWER QUESTIONS 20 MARKS

- 1. It is brought to your attention as a county chief nurse that an ongoing donor funded project meant to train nurses on infection control has failed to meet its targets two years since inception.
 - a) Outline five (5) possible causes of the project's failure (5 marks)
 - b) Explain eight (8) measures you will undertake to restore functionality of the project (15 marks)