



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING AND MIDWIFERY SCIENCES
BACHELOR OF SCIENCE IN NURSING
END OF SEMESTER EXAMINATIONS

COURSE CODE AND TITLE: BSN 111: FUNDAMENTALS OF NURSING

TIME: 2 Hours

Start: 0900 HOURS

Finish: 1100 HOURS

INSTRUCTIONS

1. This exam will be marked **out of 70 Marks**
2. ALL Questions are compulsory.
3. The Examination has Three Sections: Section I- Multiple Choice Questions, Section II: Short Answer Questions, Section III: Long Essay Questions
4. Answer all Questions in the ANSWER BOOKLET provided
5. Do Not write anything on the question paper -use the back of your booklet for rough work if need be.

SECTION I: MULTIPLE CHOICE QUESTIONS (20 MARKS)

1. “Nursing is the act of utilizing the patient’s environment to assist him in his recovery” This definition of nursing was proposed by:-
 - A. The International Council of nurses
 - B. The Nursing Council of Kenya
 - C. Florence Nightingale
 - D. Virginia Henderson

2. The definition of nursing that states that Nursing is the diagnosis and treatment of human responses to actual or potential problems is attributed to:-
 - A. The American Nurses Association
 - B. The national Nurses Association of Kenya
 - C. The Nursing Council of Kenya
 - D. The International Council of Nurses

3. The advocacy role of the nurse constitutes :-
 - A. Articulating the client’s wishes and needs to other members of the health care team
 - B. Defending the clients legal position in any arising legal suits arising in the course of care
 - C. Utilizing cutting edge evidence in providing nursing care
 - D. Ensuring one has a valid license to practice nursing

4. The caregiving role of the nurse predominantly constitutes:-
 - A. Provision of direct nursing interventions to clients
 - B. Management of clinical resources to ensure efficient nursing care
 - C. Seeking and utilizing best evidence in all aspects of nursing
 - D. Counselling clients

5. In Kenya , The Nursing Council of Kenya is mandated to regulate nursing in all is aspects by:-
 - A. The Constitution
 - B. Cap 257 of the Laws of Kenya
 - C. Cap 244 of the Laws of Kenya
 - D. Cap 254 of the Laws of Kenya

6. A recipient of nursing care, described as someone suffering and relying wholly on the healthcare provider for their health related needs is known as:-
 - A. The Patient
 - B. The client
 - C. The sufferer
 - D. The health care consumer

7. A recipient of nursing care, who engages the services of a qualified professional, is a collaborator in the care and is also responsible for their own health is known as:-
- The patient
 - The client
 - The Health care consumer
 - The Collaborator
8. In the scope of nursing practice, activities aimed at assisting clients recover from illnesses constitute:
- Health promotion
 - Disease prevention
 - Health Restoration
 - Care of the dying
9. Activities in nursing practice that constitute health promotion include:
- Encouraging optimal sleep, exercise and nutritional choices in clients
 - Advising health care providers to ensure they get Hepatitis B vaccination prior to clinical placements
 - Providing anti-malarial pre-treatment for people visiting malaria endemic zones
 - Providing prescribed injections for ill patient in the unit
10. The Nursing process:-
- Is used only when caring for individual clients
 - Evaluation is the first step
 - Facilitates systematic problem solving in all aspects of nursing
 - Is adopted for use in Kenya only
11. The systematic problem-solving approach used in nursing is known as :-
- Nursing Evidence
 - Nursing process
 - Nursing theory
 - Critical Thinking
12. The step the nursing process, characterized by prioritization of care ,setting goals and outcomes and selecting appropriate interventions is :-
- Assessment
 - Evaluation
 - Planning
 - Nursing Diagnosis
13. The four major concepts of person, environment, health and nursing ; frequently interrelated and fundamental to nursing theory are collectively referred to as:-
- Paradigm
 - Conceptual model
 - Grand theories
 - Metaparadigm

14. The nursing theory that defines nursing as the science and practice that expands adaptive abilities and enhances person and environment transformation is the:-
- A. Theory of Goal attainment
 - B. The environmental theory
 - C. The core care and cure model
 - D. The Roy's adaptation model
15. The Theorist who defined nursing as a “Therapeutic interpersonal process” is:- was stated
- A. Hildegard Peplau
 - B. Jean watson
 - C. Faye Glen Abdelah
 - D. Martha Rogers
16. In the Lydia Hall Core Care and Cure model, the core is the :-
- A. Recipient of nursing care
 - B. Therapeutic medical Interventions
 - C. Therapeutic Nursing interventions
 - D. The client’s environment
17. Dorothea Orem’s Self care theory postulates that:-
- A. Self-care refers to performance of activities that initiate and maintain health.
 - B. Self-care activities consist of fourteen detailed components.
 - C. The agency of care must always be the self
 - D. Self-care requisites are the physiological human needs
18. The theory that emphasized in the transcultural competence of nurses was proposed by :
- A. Madeline Leininger
 - B. Florence nightingale
 - C. Callista Roy
 - D. Dorothea Orem
19. According to Jean Watson's Theory of human caring, curative factors include all the following, EXCEPT:
- A. Developing a helping- trusting, human caring relationship
 - B. Instilling faith and hope
 - C. Promotion and acceptance of expression of positive and negative feelings
 - D. Ensuring the fourteen human needs are met
20. The first step in utilizing evidence based in practice in nursing care is :-
- A. Ask the question
 - B. Appraise the evidence
 - C. Apply the evidence
 - D. Evaluate the whole process

SECTION II: SHORT ANSWER QUESTIONS (30 MARKS)

21. Outline five (5) current trends and issues influencing the practice of nursing today (5 Marks)
22. Describe how any three (3) historical influences have shaped the profession of nursing today(6 Marks)
23. Outline six (6) roles of the Nursing Council of Kenya (6 Marks)
24. State any Five (5) characteristics of Nursing as a profession (5 Marks)
25. Describe with the use of examples, any Four (4) Intentional Torts in Nursing Practice (8 Marks)

SECTION III: LONG ANSWER QUESTIONS (20 MARKS)

26 Professional Ethics and Nursing Values are critical in nursing practice.

- a. List any Four (4) Values esteemed in Nursing Practice (2 Marks)
- b. With the use of examples, describe six (6) ethical principles that guide the practice of nursing (18 Marks)