



**AMREF INTERNATIONAL UNIVERSITY**  
**SCHOOL OF MEDICAL SCIENCES**  
**DEPARTMENT OF NURSING AND MIDWIFERY SCIENCES**  
**KENYA REGISTERED COMMUNITY HEALTH NURSING**  
**END OF MAY -AUGUST 2024 SEMESTER EXAMINATIONS**

**COURSE CODE AND TITLE: DCHN: 221 - SPECIALIZED AREAS IN NURSING**

**DATE: THURSDAY 15<sup>TH</sup> AUGUST 2024**

**TIME: 2 HOURS**

**Start: 0900 HOURS**

**Finish: 1100 HOURS**

**INSTRUCTIONS**

- 1. This exam will be marked out of 70 Marks**
- 2. ALL Questions are compulsory.**
- 3. The Examination has Three Sections: Section I- Multiple Choice Questions, Section II: Short Answer Questions, Section III: Long Essay Questions**
- 4. Answer all Questions in the ANSWER BOOKLET provided**
- 5. Do not write anything on the question paper**
- 6. Use the back of your booklet for rough work if need be.**

**SECTION I: MULTIPLE CHOICE QUESTIONS**

**(20 MARKS)**

1. The most appropriate nursing diagnosis for a female client with a scratched wrist due suicide attempt and medical diagnosis of borderline personality disorder would be;
  - A. Ineffective individual coping related to feelings of guilt
  - B. Situational low self-esteem related to the feeling of loss of control.
  - C. Risk for violence: Self-directed related to impulsive mutilating acts.
  - D. Risk for violence: Directed toward others related to verbal threats
2. Dorothea Dix's contribution to the history of psychiatry includes;
  - A. Theorizing that physiological abnormalities may be the root cause of mental disorders.
  - B. Calling for treatments to be utilized on rich and poor mental patients alike in asylums.
  - C. Ordering chains removed from mental patients.
  - D. Influencing the formation of the loyal commission to inquire into the conditions of Asylums in Scotland.
3. The personality disorders where individuals are characteristically sensitive and suspicious include;
  - A. Histrionic, Borderline and Narcissistic personality disorders
  - B. Paranoid, Schizoid and Schizotypal personality disorders
  - C. Paranoid, avoidant and dependent personality disorders
  - D. Antisocial, Schizoid and affective personality disorders.
4. A voyeur may get sexual gratification by;
  - A. Using peep-holes to watch others while having sex without their knowledge.
  - B. Inflicting pain on or seeing animals in pain.
  - C. Wearing clothes associated with the opposite sex.
  - D. Touching an unsuspecting, non-consenting person with the hand.
5. Social stratification is;
  - A. Moving up and down the social strata.
  - B. Ranking of members of a society
  - C. Power structure in a society
  - D. One's position in the society

6. The following social institution transmits the following ideas, folkways, mores, customs, beliefs and values?
  - A. Family
  - B. Political
  - C. Education institution
  - D. Economic
7. Gradual social change that occurs with very little or no human effort is referred to as;
  - A. Revolution
  - B. Reform
  - C. Diffusion
  - D. Evolution
8. Achieved status is:
  - A. Accomplished
  - B. Family dependent
  - C. Class defined
  - D. Assumed at birth
9. The primary focus of a manager in a knowledge work environment would be:
  - A. Developing the most effective teams.
  - B. Taking risks.
  - C. Routine work.
  - D. Understanding the history of the organization
10. The type of conflict management technique is described as cooperating?
  - A. Avoiding.
  - B. Accommodating.
  - C. Compromising.
  - D. Competing.

12. The following is a joint trait of a leader which is defined as his/her ability to possess, responsibility and maturity in the working area.
- A. Integrity.
  - B. Personality.
  - C. Intelligence.
  - D. Flexibility.
13. The following description is correct about downward communication:
- A. The communication is between two supervisors.
  - B. The flow of communication is from the head Nurse to the supervisor
  - C. The communication is from the chief nurse to the head nurse
  - D. Communication is from the staff nurse to the chief nurse.
14. The process of determining the professional roles and functions in curriculum development is referred to as: -
- A. Situational analysis
  - B. Job specification
  - C. Needs assessment
  - D. Job description
15. The correct order in using teaching aids is: -
- A. Selecting, Previewing, planning, presenting
  - B. Previewing, Selecting, planning, presenting
  - C. Planning, Selecting, previewing, presenting
  - D. Selecting, planning, previewing, presenting
16. A student will demonstrate achievement of a psychomotor learning objective by: -
- A. Recalling information presented earlier
  - B. Accepting the patient as an individual
  - C. Performing wound dressing procedure
  - D. Restating information acquired earlier

17. A lesson plan is best defined as: -
- A. A written description of teaching and learning in a course
  - B. A written description of all activities that happen in a teaching learning situation
  - C. A written description of all subjects and learning experiences in a course
  - D. A written description of all teaching activities performed by a teacher in a classroom
18. The following is a significant barrier to entry for new health startups: -
- A. Low consumer demand
  - B. Regulatory requirements
  - C. Excessive funding opportunities
  - D. High employee turnover
19. In health entrepreneurship a pivot refers to: -
- A. A strategic change in direction or approach
  - B. A decrease in marketing efforts
  - C. An increase in product pricing
  - D. A shift in company ownership
20. The following is an example of a disruptive innovation in healthcare;-
- A. Incremental improvements in medication packaging
  - B. The introduction of telemedicine services
  - C. Increasing hospital fees
  - D. Maintaining the status quo in healthcare delivery

**SECTION II: SHORT ANSWER QUESTIONS**

**(30 MARKS)**

21. Outline four (4) phases of alcoholism. (4 marks)
22. Briefly explain six (6) effects of culture on health. (6 marks)
23. State four (4) time wasters at the work place. (4 marks)
24. State four (4) advantages of planning for teaching. (4 marks)
25. Explain six (6) principles of learning. (6 marks)
26. Outline six (6) importance of healthcare advocacy. (6 marks)

**SECTION III: LONG ANSWER QUESTION**

**(20 MARKS)**

27. Using Fish bone as a tool for Root cause Analysis, discuss how you would conduct a root cause analysis for an incident in your unit. (20 marks)