



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
MASTERS IN SEXUAL & REPRODUCTIVE HEALTH RIGHTS & POLICY
END OF MAY-AUGUST 2024 SEMESTER EXAMINATIONS**

UNIT CODE: HSR 705

UNIT NAME: SEXUALITY EDUCATION & ADOLESCENT SEXUAL & REPRODUCTIVE
HEALTH & RIGHTS

DATE: WEDNESDAY 14TH AUGUST 2024

TIME: THREE HOURS

START: 5.00 PM **STOP:** 8.00PM

INSTRUCTIONS

1. This exam is marked out of 60 marks
2. This Examination comprises TWO Sections
Section A: Compulsory 15 Marks
Section B: Answer THREE questions 45 Marks
3. This online exam shall take THREE Hours
4. Late submission of the answers will not be accepted
5. Ensure your web-camera is on at all times during the examination period
6. No movement is allowed during the examination
7. Idling of your machine for 5 min or more will lead to lock out from the exam
8. The Virtual Assessment System (VAS) has inbuilt integrity checks to detect cheating
9. Any aspect of cheating detected during and or after the exam administration will lead to nullification of your exam
10. In case you have any questions call the invigilator for this exam on Tel. ----- and or the Head of Department on Tel 0723742370
11. For adverse incidences please write an email to: amiu.examinations@amref.ac.ke

SECTION A: COMPULSORY QUESTION (15 MARKS).

1. John is a 20-year-old first year student at a local university and a devoted Christian who has a girlfriend in a middle level college in town. Over the last three months, the girlfriend has been cohabiting with him and recently told him that she has missed her menses. She feels nauseated and frequently vomits every morning. John's sister suspects that the girlfriend could be pregnant and they need to act fast or else the girl may emotionally destroy herself given that her father is a pastor of the biggest Seventh Day Adventist (SDA) church in a rural town in their home county. As an expert and educator in Comprehensive Sexuality Education, what advice would you give John and his girlfriend and why?

(15 marks).

SECTION B: ANSWER ANY THREE QUESTIONS (45 MARKS)

2. Medina is a 16-year-old girl from the Munyoyaya community in Tana River County in the Coastal region of Kenya. Culturally, the community believes in female circumcision and they practice type III cut known as infibulation as a form of a rite of passage to adulthood. The practice involves the removal of the clitoris, the labia minora as well as the labia majora and then stitching the vaginal orifice leaving only a small opening for the urine to pass. Medina has been living with her family in Nairobi and recently, the parents asked her to go visit her aunt in the village. She suspects that the reason for the visit is to get her circumcised in preparation for her marriage. Having gone through Life Skills Education in school, she understands the dangers of this practice and knows very well that she will suffer ill health. She also knows that if she does not undergo the practice, her marriage prospects are dimmed and she will be considered a cultural rebel. She may even be ex-communicated from the family by her parents. Medina comes to you as a member of a non-governmental organization dealing with the reproductive health and rights of adolescent girls for advice given her predicament. How would you go about the process of reconciling the girl with her family at the same time ensuring that her sexual and reproductive health and rights is protected?

(15 marks).

3. In a recent public inquiry into the health and rights abuses in an African country, it was discovered that many adolescent girls living with disabilities were sterilized without their consent. On deeper inquiry, three of the doctors involved in this heinous practice confessed that they did so as part of protecting the girls from the burden of motherhood given the severity of their physical disabilities. They believed that their actions deserved accolades rather than condemnation. Given your knowledge of the rights of the special populations in sexual and reproductive health, what advice would you give to the victims and what actions would you recommend against the doctors and why? (15 marks).
4. “I am 15 years old and pregnant and will terminate the pregnancy irrespective of what the law says and against the teachings of my faith since the body is mine and I have rights over it. After all, none of the law enforcers and or the clergy will help me bring up the child. Actually, they will laugh at me, judge me and even curse me for having sinned and engaged in sex before the age of consent” declares Mary. This statement exposes the contradictions inherent in legal and policy issues in SRHR as well as the religious positioning vis a vis the rights and lived experiences of adolescent girls. From the perspectives of informed position, how would such contradictions be bridged for the good of the many adolescent girls who find themselves in such predicaments? (15 marks).
5. James Muringaniza is a Zimbabwean national who is 68 years old and looks back with nostalgia on how they were ‘rightfully’ socialized by their grandfathers as boys on matters sexuality and how the grandmothers socialized the girls teaching them how to handle men and how to be good wives in future. He observes that the grandparents’ institution is no longer operational and the adolescents no longer respect the views of their parents or elders in matters sexuality. He observes that the media particularly social media and the unknowledgeable peers have taken over as agents of sexual socialization a responsibility he considers misleading and a time bomb waiting to explode. He opines that the new trend compromises the future of the family institution in Africa. Discuss the implications of this recent development and the impact of these generational changes in views (15 marks).

6. “As a clergyman and a Catholic father, I will not allow the pollution of the young minds in this church in the name of comprehensive sexuality education. The Holy Scripture is very clear on circumstances under which anyone should be exposed to sex. This ‘nonsense’ called sexuality education and rights are misdirected and only meant to destroy the temple of the Holy Spirit,” Declares the head of Catholic church in one of the African countries. Account for such attitudes and show how best to approach the nexus between religion and SRHR in the African context (15 marks).

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