



### AMREF INTERNATIONAL TRAINING CENTER

Qualification Code : 102106T4COH  
Qualification : Assistant community health officer Level 6  
Unit Code : HE/OS/CH/CR/07/6/A  
Unit of Competency : Coordinate community health strategy

### CANDIDATE WRITTEN ASSESSMENT

#### INSTRUCTIONS TO CANDIDATE

1. You have **THREE** hours to answer all the questions.
2. Marks for each question are indicated in the brackets.
3. The paper consists of **TWO** sections: A and B.
4. Do not write on the question paper.
5. A separate answer booklet will be provided.

*This paper consists of THREE (3) printed pages*

*Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing*

**SECTION A: ANSWER ALL QUESTIONS (40MARKS)**

1. Community Health Unit (CHU) is the lowest level of health service delivery in Kenya. State FOUR aspects that determine the functionality of a CHU (4 Marks)
2. Training of Community Health Promoters (CHPs) is very essential to ensure that they are able to perform their duties effectively and efficiently. Outline FOUR key guidelines to observe when training CHPs (4Marks)
3. Community health needs assessment is a crucial activity when planning for community health interventions. Identify FOUR health needs that could be present in any community (4Marks)
4. As the community health assistant in your local community, you are putting in place methods to facilitate your CHPs to ensure that they are motivated to perform their daily responsibilities. List FOUR ways of facilitating CHPs (4 Marks)
5. Mrs. is conducting performance evaluation for her CHPs. Highlight the qualities she should look for to identify high performance CHPs (4Marks)
6. You are planning a health campaign on diabetes. State FOUR procedures you will observe in order to have a successful health campaign strategy (4Marks)
7. CHPs are tasked with the responsibility of ensuring that within the communities they work in the community members are able to access health care services close to them. Mention FOUR challenges that CHPs are likely to face in their work (4 Marks)
8. CHUs are usually governed by a number of individuals to support them in the various areas of work. Identify FOUR teams that govern CHUs. (4 Marks)
9. The Kenya Essential Packages for Health (KEPH) introduced 6 life cohorts and 6 levels of health service delivery in 2006. Outline FOUR lifecycle cohorts in the KEPH (4 Marks)
10. Action plans is one of the documents that is used for performance evaluation of CHPs. State FOUR components of an action plan ( 4 Marks)

**SECTION B: 60MARKS**

**Answer three questions**

11. You have been requested by a fellow community health assistant to support them in training CHPs in her community on the services offered in the Community Health Units (CHUs). Explain TEN services offered in the CHU (20 Marks)

14. You are preparing to train your CHPs after 6 months of working.

- a) Explain the SEVEN steps of training needs assessment ( 14 Marks)
- b) Describe THREE reasons for training CHPs (6 Marks)

15. A Work plan is an outline of a given set of goals and processes by which a team/a person can use in order to accomplish those goals.

- a) Explain SIX importance of a workplan (12 Marks)
- b) Discuss the FOUR components of a workplan (8 Marks)

16. You are planning to establish a community health unit in a new community that you have been appointed to work as a community health assistant.

- a) Describe the THREE phases of community entry process ( 6 Marks)
- b) Explain SEVEN importance of community entry (14 Marks)

