



AMREF INTERNATIONAL TRAINING CENTRE

Qualification Code : 031306T4PSY
Qualification : Counseling psychology Level 6
Unit Code : PSY/OS/CO/CR/01/6/A
Unit of Competency : ASSESS THE CLIENT

PRACTICAL ASSESSMENT

INSTRUCTIONS TO THE PERSON ACTING AS THE CLIENT

1. Rehearse the following excerpt which captures the content of what you will present to the counselor in a simulated situation where you act as a client.
2. You have 15 minutes to rehearse.

EXCERPT

Johannah, is a 23-year-old man, studying law at the University of Nairobi. In his first year, he experienced humiliation from friends who said he was so withdrawn, always spending time in his house even when they were required to complete some work in groups. In his second year, he began to experience irritability, extreme sadness, and lack of motivation in almost everything he enjoyed before. The lecturer noted that his absenteeism has increased recently, reached out, and after talking he realized that she was under deep stress. According to Johanna, the Law course is more distressing than he thought and wants to drop out. The lecturer referred Johanna to a counselor for assessment to determine how he can be supported.