



AMREF INTERNATIONAL TRAINING CENTRE

Qualification Code : 031305T4
Qualification : Counselling Psychology Level 6
Unit Code : PSY/OS/CO/CR/08/6/A
Unit of Competency : Provide Addiction Counselling

PRACTICAL ASSESSMENT.

INSTRUCTIONS TO THE PERSONS ACTING AS THE CLIENT

1. Rehearse the following excerpt which captures the content of what you will present to the counselor in a simulated situation where you act as a client.
2. You have **15 MINUTES** to rehearse

EXCERPT

Uzuri is a 35 years old man married with one daughter, who has been so successful in his teaching career. According to the client, teaching was his best thing ever since it was his passion and it gave him fulfillment of his desires. Unfortunately, his career didn't last long because he was accused of helping students cheat in the national exams and this led to his firing. After being fired in the year 2018, he started taking, marijuana, which provided him with more relief, as he reported. He took marijuana for 2 years and then shifted to chemical addiction in 2020, during which he injected antianxiety and antihistamine medications into his body, worsening his condition. This has significantly affected his family financially, emotionally and psychologically. Uzuri decides to seek psychological help.