



AMREF INTERNATIONAL TRAINING CENTRE

Qualification Code : 031306T4PSY
Qualification : Counseling psychology Level 6
Unit Code : PSY/OS/CO/CR/06/6/A
Unit of Competency : Medical Conditions Counseling

PRACTICAL ASSESSMENT

INSTRUCTIONS TO THE PERSON ACTING AS THE CLIENT

1. Rehearse the following excerpt which captures the content of what you will present to the counselor in a simulated situation where you act as a client.
2. You have 15 minutes to rehearse.

EXCERPT

Maria is a 57-year-old lady who recently retired as a Lawyer. She had had a healthy lifestyle during her many years as a mother of two boys and two girls. She was married to a high school teacher many years ago. Two months ago, Maria was diagnosed with stage two breast cancer. She did not believe when the doctor broke the news to her. She struggles with accepting her diagnosis and the impact it will have on her family and financial costs. The client expresses anxiety and fear about undergoing cancer treatment, especially surgery. Maria was referred to a counselor for counseling sessions when she could not take in the shocking news of the diagnosis.