



## AMREF INTERNATIONAL TRAINING CENTRE

<b>Qualification Code</b>	:	031306T4 PSY
<b>Qualification</b>	:	Counselling psychology level 6
<b>Unit Code</b>	:	PSY/OS/CO/CR//07/06
<b>Unit of Competency</b>	:	Provide guidance and counseling in learning institutions

### PRACTICAL ASSESSMENT

#### Instruction to the person acting as the client

1. Rehearse the following excerpt which captures the content of what you will present to the counselor in a simulated situation where you act as a client.
2. You have 15 minutes to rehearse

#### EXCERPT

*Rubby, a standard 8 girl has lately developed a problem with her studies. Her academic performance has been declining. As a result, she has developed a fear of exams. Any time there is an exam she feels disturbed and uncomfortable. This forces her to find an excuse to be absent from school. This has generally affected her relationship with other girls. Rubby has been referred to a counsellor by her class teacher.*