



AMREF INTERNATIONAL TRAINING CENTRE

Qualification Code : 031305T4PSY
Course title : Counselling Psychology Level 6
Unit Code : HE/CU/DPSY/BC/01/6/A
Unit of Competency : Provide Marriage and Family Counselling

PRACTICAL ASSESSMENT

INSTRUCTIONS TO THE PERSONS ACTING AS THE CLIENT

1. Rehearse the following excerpt which captures the content of what you will present to the counselor in a simulated situation where you act as a client.
2. You have 10 MINUTES to rehearse.

EXCERPT

Tammy is 38 years 38-year-old lady who works as a biology teacher in a local high school. She is the firstborn in a family of four. She lives at home with her mother and father. Her younger siblings have graduated from college and have moved out of home. She has been having a hard time with her mother; they always fight about her marital status and moving out. Her mother keeps reminding her that by the time she was her age, she had already had two children. Her father is always silent when the word war begins between Tammy and her mother; he seems to zone out. Tammy feels entitled to stay in her father's house until she's married. Tammy's mother has since developed high blood pressure, and this is because she feels she has failed as a mother and the constant arguments with her daughter. Tammy and her mother have been referred for counselling.