



### AMREF INTERNATIONAL TRAINING CENTER

Qualification Code : 102106T4COH  
Qualification : Assistant community health officer Level 6  
Unit Code : HE/OS/CH/CC/01/6/A  
Unit of Competency : Monitoring and evaluation of community health programmes

### CANDIDATE WRITTEN ASSESSMENT

#### INSTRUCTIONS TO CANDIDATE

1. You have **THREE** hours to answer all the questions.
2. Marks for each question are indicated in the brackets.
3. The paper consists of **TWO** sections: A and B.
4. Do not write on the question paper.
5. A separate answer booklet will be provided.

*This paper consists of FIVE (5) printed pages*

*Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing*

**SECTION A: (40 MARKS)**

**ANSWER ALL QUESTIONS**

1. Define the following: (8 Marks)
  - a) Indicator
  - b) Evaluation
  - c) Baseline
  - d) Outputs
2. When monitoring programs, we aim to identify the short term, intermediate and long-term outcomes. Enumerate THREE changes that we look for in long term outcomes. (3 Marks)
3. Mrs.W is a monitoring and evaluation officer in Kwetu Non-Governmental organization. She has been given the role of developing a monitoring and evaluation plan. State TWO purposes of a monitoring and evaluation plan. (4 Marks)
4. You are conducting a baseline survey on the rate of HIV infections in your community. In this survey you are focusing on quantitative data. Identify TWO types of quantitative data (2 Marks)
5. Monitoring and evaluation can be done at different levels in a program in order to ensure that all aspects of program performance are monitored and evaluated. Highlight FOUR levels of monitoring and evaluation (4 Marks)
6. You have been tasked with developing objectives for a community health program in your organization. Outline FIVE characteristics of an objective (5 Marks)
7. Collating means to assemble something in a logical sequence. Record FOUR procedures for collating collated information (4 Marks)
8. Monitoring and evaluation uses tools for data collection. Enumerate THREE aspects that you need to consider when developing quantitative monitoring and evaluation tool (2 Marks)
9. Principles of monitoring and evaluation guide effective monitoring and evaluation activities. Outline FOUR principles of monitoring and evaluation (4 Marks)
10. Developing a goal for a program can be challenging at times. Highlight FOUR questions that guide in development of a goal (4 Marks)

**SECTION B: 60MARKS**

**ANSWER THREE QUESTIONS (QUESTION 11 IS COMPULSORY)**

11. You are a Monitoring and Evaluation Officer at an organization in Kenya who has partnered with the Ministry of Health to conduct a campaign to reduce anemia among secondary school girls by increasing iron-folic acid (IFA) supplementation. You are responsible for conducting ongoing monitoring and evaluation for this program.

A baseline evaluation was conducted and included a questionnaire that was administered to all 600 girls across the 5 target secondary schools. The evaluation found that only 12% of the girls had any knowledge about anemia and the importance of IFA supplementation, and only 3% took IFA supplements. Review the statements in the text bank below and place them in the appropriate location of the M&E plan attached. ( 20 Marks)

**AMNU**

<ol style="list-style-type: none"> <li>1. # students who purchase IFA supplements each month, by school</li> <li>2. # students who attend each meeting, by school</li> <li>3. # of secondary school students (per school) who complete training to be IFA supplementation peer educators</li> <li>4. # teachers selected, per school</li> <li>5. # teachers who attend each meeting, by school</li> <li>6. # teachers at each school who attend peer educator training</li> <li>7. # of meetings held each month, by school</li> <li>8. # of peer education trainings conducted for secondary school students on IFA supplementation</li> <li>9. # of assemblies held (per school) where dignitaries give promotional speeches</li> <li>10. # IFA supplement packs provided to each school, each month</li> <li>11. Average % increase from pre to post knowledge test scores of secondary school girls</li> <li>12. % of secondary school girls who achieve 85% or above on IFA supplementation knowledge post-tests</li> <li>13. Overall % increase in students</li> </ol>	<ol style="list-style-type: none"> <li>1. Once, at each meeting</li> <li>2. Once, per school (per assembly)</li> <li>3. Once per training</li> <li>4. Monthly, by school</li> <li>5. Twice per school (once at baseline; once at end line)</li> <li>6. Twice, at baseline and end line 1/school (5 total)</li> <li>7. 2 teachers per school (10 total)</li> <li>8. 2 teachers per school (10 total)</li> <li>9. 4 meetings each month / school</li> <li>10. 5 trainings (1/school)</li> <li>11. 8 peer educators trained per school (40 total)</li> <li>12. 8 students per school (40 total)</li> <li>13. 10 banners per school (50 total)</li> <li>14. 120 IFA supplement packs / school (600 total)</li> </ol>	<ol style="list-style-type: none"> <li>1. At least 75% of students who purchased IFA supplements take them as directed (1x/week)</li> <li>2. At least 90% (108/120 students) attend each school assembly</li> <li>3. 100% (50/50 banners)</li> <li>4. Baseline/end line evaluations (student questionnaires)</li> <li>5. Baseline and final evaluation reports; pre/post knowledge assessment tests</li> <li>6. IFA distribution registers; supply and receipt documents</li> <li>7. IFA tracking log, by school</li> <li>8. Meeting minutes</li> <li>9. Student assembly attendance logs</li> <li>10. Training reports; participant lists</li> </ol>
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<p>who report that they take IFA supplements between baseline and end line evaluations</p> <p>14. % of student body in attendance at each assembly, per school</p> <p>15. Of all students who purchased IFA supplements between baseline and end line evaluations, % who reported taking them as directed (1x/week</p>		
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12. As the program officer of organization W, you are planning to conduct monitoring and evaluation survey of a program you have been implementing.

- a) Discuss FIVE data collection tools you can use for this exercise ( 10 Marks)
- b) Explain FIVE importance of monitoring and evaluation ( 10 Marks)

13. You have been selected to give a lecture on the project life cycle to students in university X.

- a) Describe the 5 phases of the project cycle ( 10 Marks)
- b) Discuss FIVE challenges that you could face in the implementation of the project (10 Marks)

14. During monitoring and evaluation of a project, the final stage is writing a report that can be submitted to the project stakeholders.

- a) Identify FOUR program stakeholders. (4 Marks)
- b) Explain EIGHT components a monitoring and evaluation report (16 Marks)